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| Adventures In Lifelong Learning est. 1993 | <i>MARY WASHINGTON</i> <i>ELDERSTUDY</i> |
| | Affiliated with UMW and the Elderhostel Institute Network |

August 2011

MESSAGE FROM THE PRESIDENT

As we begin another year of ElderStudy, our twentieth, I want to thank all who have served on the Board and Committees and continue to serve. To my colleagues who supported my Presidency for the past two years, THANK YOU.

As an outreach program of the University of Mary Washington, ElderStudy is an all-volunteer, independent, community-based organization of retirement-age people over fifty-five designed to provide low-cost educational opportunities for those who want to continue learning. Other than our *Memorandum of Understanding* with the University, the University does not have any direct involvement in the activities of ElderStudy or our programs.

Remember that active participation by the membership is the cornerstone for a successful Learning In Retirement program here at the University of Mary Washington. Membership is more than attending classes. Included with your membership is a responsibility to contribute. Active participation means attending classes, serving on committees and coordinating class sessions. Being an involved ElderStudy member is important to assure a wide variety of interesting classes and to achieve a smooth functioning organization. By serving on the various committees you can help develop the curriculum, contribute to the newsletter, deal with financial matters, help maintain membership records, and process registration applications and plan social events, while at the same time contribute to the overall mission of supporting the University of Mary Washington and the local community. If I can paraphrase President Kennedy –

Ask not what ElderStudy can do for you, but what can you do for ElderStudy!

As you can see, the enclosed fall schedule is full of interesting learning experiences. The Curriculum Committee provides a great variety of classes and is always searching for new ideas. Make a personal commitment to get involved!

Enclosed is the ONLY renewal form you will receive. Make note of the deadline to take advantage of the reduced fee for 2011-2012.

Our winter social will be December 1st at Lake of the Woods. Put the date on your calendar and join your colleagues for an afternoon of socializing and relaxation.

Carole Hanus

ADMINISTRATION COMMITTEE

In reviewing the finances of the organization, the Committee works to ensure that the three Committees (Administration, Curriculum and Membership) have the necessary funds to achieve their objectives as discussed in the *Bylaws* while at the same time insuring that ElderStudy remains financially sound. This also requires that the organization's policies and procedures are current. The *Procedures Manual* provides members with a comprehensive source for information. You can find it on our website or a copy is located next to our bulletin board in Chandler 102.

With the economy as it is, our goal for the 2011-2012 budget was to continue to keep the cost for returning members at a minimum, to provide an incentive for members to rejoin while maintaining a balanced program, to thank the various UMW departments that have supported us this past year, and to continue to place emphasis on the most important aspect of the entire organization – our curriculum. The budget proposed to the Board of Directors achieved those objectives. For your information, the ElderStudy 2011-2012 budget, as approved by the Board of Directors, is enclosed with this newsletter. This budget is the same as the budget previously approved for 2010-2011.

Our Certificate of Deposit that comes due on October 27th, previously designated as “Operational Funds”, will be returned to the checking account.

During the ElderStudy 2010–2011 academic year, University of Mary Washington faculty supported us by providing 24 programs. The committee reviewed our financial situation and determined that we could provide some of our excess funds to those Departments that supported our program. The Committee's recommendation to the Board of Directors was that \$100 be distributed for each program resulting in \$2,400 being distributed to 11 academic Departments. The Board of Directors concurred.

The Committee's annual review of the *Procedures Manual* has been completed and proposed changes forwarded to the Board of Directors for approval. The Board voted to table the proposed changes to the *Procedures Manual* until its September meeting.

Based on two e-mails received, the Committee reviewed our understanding of the term “Governing Documents”. The “Governing Documents” are the *Memorandum Of Understanding* with the University and the *Constitution/Bylaws* and what is stated/required in those documents governs the organization. The *Procedures Manual* is specifically mentioned as a Committee requirement in the Bylaws. Therefore, the definition for “Governing Documents” includes all documents that describe the purpose, function and intent of the organization as well as documents that describe how the organization conducts its business. Collectively, these are the documents that were

submitted to the Internal Revenue Service when ElderStudy applied for and received our 501(c)(3) tax-exempt status.

ElderStudy is exempt from federal income tax under section 501(a) of the Internal Revenue Code as an organization described in section 501(c)(3). A copy of the Internal Revenue Service exemption letter is contained in the *Procedures Manual*. Copies of the ElderStudy exemption application and supporting documents, and our exemption letter are available upon request.

On a personal note, this will be my last Committee report. Personal events of the past several months have led me to the conclusion that “it’s time”.

The next meeting of the Administration Committee is scheduled for Wednesday, September 7th. Interested members are welcome to attend all meetings.

Questions: Bob Hanus, Chairperson

MEMBERSHIP COMMITTEE

For those members and guests attending, the End of Year Potluck was a relaxing and enjoyable end to nine months of classes. Judy Larrabee provided the entertainment as well as an opportunity to learn about and listen to the dulcimer. A big **THANK YOU** to all who worked to set up, brought good food, and helped clean up.

For new members downloading the application form from our website, we have included a new member “Opportunity/Comment Form” which asks for their individual preferences and provides a listing of areas where they can become “involved” in the program.

For returning members and to reduce reproduction/ mailing expenses, Opportunity / Comment Forms are available in the document holder next to our bulletin board in Chandler 102. Your “Opportunity / Comment Form” is important because the program would not exist without ideas and volunteers. Remember, ElderStudy is a program designed by and run by the members. Your contribution is important and needed.

Mark your calendar: The winter social has been scheduled for December 1st at the Lake of the Woods clubhouse.

A special thanks to Sherill Bartholomew who has volunteered to take on the responsibility of welcoming new members with a personalized letter and providing them with a welcome packet of general information which includes, information on membership and benefits, a contact list, a map of the campus, parking information as well as a temporary nametag. We always want new members to feel welcome.

After serving on the committee for 15 years, I have decided, “it’s time to retire.” This will be my last Committee report.

The next meeting of the Membership Committee is scheduled for Wednesday, September 7th. Interested members are welcome to attend all meetings.

Questions: Carole Hanus, Chairperson

PLEASE TURN OFF YOUR CELL PHONE DURING CLASS

BOARD OF DIRECTORS

Term: September 1, 2009 – August 31, 2012

Bob Hanus
John Thompson
Margareta Williamson

Term: September 1, 2010 – August 31, 2013

Eugenia Jones
Margaret Rose
Dennis Van Derlaske

Term: September 1, 2011 – August 31, 2014

Dottie Bourdon
Mary Ann Stana
Bill Toomey

OFFICERS FOR 2011 – 2012

The Board of Directors, at its June meeting, elected the following members to serve as officers for 2011-2012.

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|----------------|---------------------------------------|
| President | Phil Hall (<i>non Board member</i>) |
| Vice President | Margaretta Williamson |
| Secretary | Margaret Rose |

IT PAYS TO REJOIN - REDUCED MEMBERSHIP FEES FOR 2011-2012

Each year the Administration Committee reviews the financial balance to determine the amount of excess funding, if any, which will be available at the end of the current ElderStudy organizational year.

This review is based on a minimum Certificate of Deposit financial reserve of \$15,000 to ensure solvency and to provide a financial buffer for approximately one year's operating expenses. In addition, a smaller reserve is retained in the checking account to cover any unexpected shortfalls in the budget during the next organizational year. Based on this years review and the recommended budget, the Administration Committee recommended and the Board of Directors has approved a distribution of excess funds in the form of reduced membership fees for rejoining members.

Questions: Bob Hanus

REJOIN ELDERSTUDY NOW FOR THE 2011-2012 ACADEMIC YEAR

Enclosed with this newsletter is your registration form for the 2011-2012 Academic Year. **This will be the only copy of the registration form that you will receive and it is not available on our website. Please take time to rejoin ElderStudy now!**

The ElderStudy Academic Year/Fiscal Year is September 1st through August 31st. If you are going to continue with the ElderStudy program, please rejoin now. **If you do not rejoin by mid September, this will be your last mailing.**

Rejoin - Be part of Our 20th Year of Lifelong Learning

As noted on your membership application form, each member's personal information including phone numbers and e-mail addresses will be included on the Membership Committee maintained roster that is available on request to members only, and will be used by ElderStudy for important announcements, program cancellations / changes, etc. Contact Chuck Johnson by calling 654-1769 (select Option 1) and leave a message or go to the website (www.ElderStudy.com) and select "Contact Us" to leave a message.

Questions: Carole Hanus

REACHING CLASSROOM CAPACITY

All classes are open to members who may attend as many or as few classes as they choose, depending on available space. To ensure our continued use of classroom space on campus we must follow the University's safety guidelines. Our primary classroom on campus is Chandler 102, which has a capacity for 50 persons, including speakers. Seating is first come, first served. Seats cannot be saved. When capacity is reached, the program sponsor is responsible for posting a "**Class is Full**" sign on the outside of the entrance door and closing the door. Please respect this requirement.

WHERE IS CLASS?

Most ElderStudy class sessions will continue to be held in Chandler 102. The Klein Theatre in duPont Hall is used for theatre programs, while Membership, Board, and Committee meetings are generally held in the Woodard Campus Center.

From time to time it is necessary to change the venue to a different location on campus. To assist you in locating other campus locations, your ElderStudy welcome packet included a campus map. A campus map is also posted on the ElderStudy bulletin board located in Chandler 102 and can be found on the ElderStudy website.

Questions: Bill Toomey

CLASS SCHEDULE CHANGES / CANCELLATIONS

Whether you have e-mail access or not, members can call to get schedule changes as updated by the Curriculum Committee by calling **654-1769 (select Option 2)**. Changes are also available on our website at **www.ElderStudy.com**. The goal is to update both sites within 24 hours of receiving new information. The schedule, with changes, is posted on our bulletin board in Chandler 102 and schedule announcements are also made at the start of each class session.

ON CAMPUS HANDICAPPED PARKING

Any state's department of motor vehicle - issued disabled permit (license plate or hangtag) authorizes the use of disabled parking at UMW.

All parking spaces reserved for the use of persons with disabilities are identified by above grade signs and markings painted on the ground within each space.

Disabled permits may only be used for and/or by the persons to whom they were issued. Disabled parking is NOT permitted where stopping, standing, or parking is prohibited to ALL vehicles, or which is reserved for specific types of vehicles. Neither does it apply where parking would clearly present a traffic or safety hazard.

Any individual with a state's department of motor vehicle-issued disabled permit (plate or hangtag) who elects to park on a UMW property in a regular parking space in lieu of a handicapped parking space, MUST DISPLAY a current valid UMW parking decal.

Questions: UMW Police Department

BOOK DISCUSSION GROUP (2011 – 2012)

The ElderStudy Book Discussion Group meets monthly, on the second Thursday, usually in a meeting room in Woodard, from 1300 to 1500. Participation is open to all ElderStudy members. Selections for the fall and spring semesters include -

September – **The Miracle of Language** by *Richard Lederer*.

Discussion Leader – Margaret Rose

October – **A Big Little Life: A Memoir of a Joyful Dog** by *Dean Koontz*.

Discussion Leader – Margareta Williamson

November – **Losing Mum and Pup** by *Christopher Buckley*.

Discussion Leader – Rose Reif

December – **American Creation: Triumph & Tragedies in the Founding of the Republic** by *Joseph Ellis*.

Discussion Leader – Chuck Morgan

January – **Nemesis** by *Phillip Roth*.

Discussion Leader – Phil Hall

February – **The River of Doubt** by *Candice Millard*.

Discussion Leader – Roger Bourdon
March – **The Immortal Life of Henrietta Lacks** by *Rebecca Skloott*.
Discussion Leader – Chuck Watkins
April – **Unbroken: a WWII Story of Survival, Resilience and Redemption** by
Laura Hillenbrand.
Discussion Leader – Peggy Verdine
May – **Pearl Buck in China** by *Hillary Sparling*.
Discussion Leader – Carrie Allahut

Questions: Roger Bourdon or Anne McGrath

COMING TO THE THEATRE

The Department of Theatre and Dance will offer two productions during the fall semester:

September 29th thru October 9th - **The Women of Lockerbie** by *Deborah Brevoort*.

In 1988, Pan Am Flight 103 exploded over Lockerbie, killing its 259 passengers and eleven people on the ground. Seven years later, Madeline and Bill Livingston travel to Scotland to recover the remains of their twenty year-old son where they encounter a group of women dedicated to washing the victims' clothes and returning them to the families. A poetic drama in which love and hope emanate from unspeakable horror, *The Women of Lockerbie* is a witness to the power of compassion.

Playwright Deborah Brevoort has a gift for high poetry and her descriptions of the day when death came raining down on Scotland are impressively moving. —
Time Out (London)

November 3rd thru 20th - **RENT** book, music, and lyrics by *Jonathan Larson*.

Christmas bells are ringing but all is not well for Mark, a troubled filmmaker, and his roommate, Roger, a struggling musician, in this groundbreaking musical reminiscent of Puccini's *La Bohème*. Mark, Roger, and company struggle to make ends meet, grapple with changing relationships, and celebrate the triumphs of life as the unremitting reach of AIDS casts its inescapable shadow on their lives. Winner of the Pulitzer Prize for Drama and the Tony Award, *Rent* brings New York's storied Lower East Side to mesmerizing life through its pulsating rock score that evokes the sorrow, exultation, and promise of *La Vie Bohème*.

What makes Rent so wonderful is . . . its extraordinary spirit of hopeful defiance and humanity. —The New York Times

Mark your calendar! ElderStudy classes are on Wednesday, September 28th and November 2nd. **Members may bring non-member guests to these sessions.**

Questions: Carole / Bob Hanus

PURPOSE OF THE PROCEDURES MANUAL

This *Procedures Manual*, which is required by our *Bylaws*, provides the basic guidance to assist individuals in positions of responsibility in Mary Washington ElderStudy in performing the tasks necessary to meet the needs of their areas of responsibility. This manual provides: (1) accountability and liability control for the University of Mary Washington and Mary Washington ElderStudy, (2) coordination of assignments and responsibilities as derived from the organizations *Constitution* and *Bylaws*, (3) guidance information to responsible individuals and the membership, and (4) is based on a Fiscal Year/Academic Year dating from September 1st thru August 31st.

Questions: Bob Hanus

Please

No food or drinks in the Classrooms!

ON CAMPUS LIBRARY ACCESS

ElderStudy members have access to both the Simpson Library and the Center for Professional Development Library facilities and services. Members needing library items may request them through the Central Rappahannock Regional Library system.

PUBLICATION OF THE NEWSLETTER

Mark your calendar! The Membership Committee publishes five newsletters per year to coincide with significant ElderStudy events and mailings. The dates for the newsletters are, October 1st, late December or NLT January 1st, February 1st, April 1st and August 1st. *If you don't receive your copy within 15 days, please let us know.*

The **October** issue provides a discussion of any specific issues or Board proposals for the General Membership Meeting, which is held on the second Friday in October and general program information. The **December** issue contains the spring schedule. The **February** issue contains election information, a discussion of any specific issues or Board proposals for the General Membership Meeting, which is held on the second Friday in March and general program information. The **April** issue contains general program information and information on the Annual "End of Academic Year" Potluck Luncheon. The **August** issue contains comprehensive program information, your renewal application, the Board approved budget for the coming year, and the fall schedule. This will be the only copy of the membership renewal application that you will receive. If you do not rejoin by mid September, the August newsletter will be your last mailing.

REMINDER

Our newsletter is generally available on our website earlier than you will receive it through the mail, in part, because of the delivery delays by the U.S. Postal Service that we have experienced to some Zip Codes. That said you might want to keep - *www.ElderStudy.com* - in mind.

Questions: Carole Hanus

TELEPHONE ANSWERING SERVICE

Current members or members of the local community who might have questions about the ElderStudy program at the University of Mary Washington or who would like additional information about the program can call the ElderStudy answering service at (540) 654-1769 (select Option 1) and leave a message. A member of the Membership Committee checks the service at least weekly and calls are returned or redirected to the appropriate ElderStudy Committee or Officer.

Questions: Dottie Bourdon

You are stuck with your debt if you can't budge it.

ON CAMPUS DINING

ElderStudy members may use the Seacobeck dining halls for full meal service and should display their ElderStudy nametag. Each person will pay the cashier a flat full price fee when entering the dining hall. Members may also eat in The Eagle's Nest, the student snack bar located in the Woodard Campus Center.

BULLETIN BOARD

ElderStudy maintains a bulletin board in Chandler 102 (our primary classroom) for the purpose of keeping the membership informed. Information, including the class schedule, is updated as required. Brochures, Opportunity/Comment Forms, and a copy of the *Procedures Manual* are also available.

MISSION STATEMENT

The objective of the Lifelong Learning Program at the University of Mary Washington (Mary Washington ElderStudy) is to design and execute an academic program to suit the interests of retirement-age people who share a love of learning and to be a positive influence in the University and community. Your input is always welcome!

Questions: Board of Directors

UNIVERSITY OF MARY WASHINGTON CALENDAR OF EVENTS

Events scheduled for the University of Mary Washington campus can be found online at www.umw.edu. The online calendar lists all concerts, lectures, theater and athletic events. Once at the website, select “Events” and that will take you to the University Public Events Calendar.

PARKING FOR ELDERSTUDY PROGRAMS

On Tuesday, June 14th, the Fredericksburg City Council discussed a proposal made by Councilman Solley on our behalf that would have had the City Manager host a meeting of interested parties and discuss the ElderStudy parking request to try and arrive at a reasonable common sense solution. Our request was for a limited waiver for parking in the College Heights area for members that may find it difficult to walk greater distances yet do not qualify for handicapped parking. The position of the Board of the College Heights Civic Association was that they ***unanimously and emphatically opposed, by vote, the request and did not want to talk***. Led by Councilman Howe, “politics”, “misinformation” and “fear” were brought into play and the Council voted “NO” by a 5 to 2 vote. That said, our parking situation remains unchanged and parking is as follows.

Augustine Avenue is one block west of and runs parallel to College Avenue. On Augustine and on the streets running perpendicular between Augustine and Stafford Avenue is where many ElderStudy members park to attend ElderStudy programs at the University. (*Note: there is no parking on Augustine from Rowe to Rt 1.*)

Public parking is not permitted on streets perpendicular to College Avenue, which have “Resident Permit Parking Only” signs. The restriction applies only to the block closest to College Avenue. These streets are: Thornton, Seacobeck, Rowe, Parcell, Payne, and Brent. Other streets near the University have “No UMW Student Parking” signs. This applies to registered students at the University – not to ElderStudy members.

Public parking is allowed along College Avenue from William Street to Route 1, but is rarely available during times when ElderStudy programs are held.

Questions: Mayor Tomzak, City of Fredericksburg

The campus Parking Deck is also available for your use. The parking deck can be accessed by driving on College Avenue away from William Street and toward Route 1. Turn right onto Route 1 and then make the first right. The parking deck is straight ahead. When you enter the parking deck you will be on the top level that is reserved for visitors. You may enter Campus Walk from this level. (*FYI, walking from the parking deck to Chandler is approximately 50% farther than parking on Augustine Avenue.*)

Requests for parking passes for additional parking privileges must be made to the UMW Police Department. ElderStudy members may obtain a yearly parking “dash” pass for UMW parking lots from the University’s Police Department. A Temporary Parking

Permit Request Form must be filled out and submitted. These forms are available at their office. The parking pass displayed on the vehicle's dash board will allow members to park in any faculty/staff lot on the University of Mary Washington campuses when space is available.

Questions: Board of Directors

Please take time to rejoin ElderStudy now!

This newsletter is published by the Membership Committee (Carole Hanus – Chairperson) for the members of the University of Mary Washington Lifelong Learning Institute, Fredericksburg, Virginia. For additional information, visit our website at www.ElderStudy.com or contact our voice mail at (540) 654-1769.

**MARY WASHINGTON ELDERSTUDY
APPROVED BUDGET
FOR THE FISCAL YEAR ENDING AUGUST 31, 2012**

**From: 9-1-2011
To: 8-31-2012**

INCOME

| | |
|-------------------------------------|---------------|
| Previous Years Carry-Over Balance | TBD |
| Membership Fees | 12,150 |
| Interest on Checking | 0 |
| Interest on Certificates of Deposit | 200 |
| Miscellaneous | 0 |
| TOTAL INCOME | 12,350 |

EXPENSES

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|-----------------------|--------------|
| Board of Directors | |
| Awards | 0 |
| BLS Scholarship | 1,000 |
| Grants (Excess Funds) | TBD |
| Subtotal | 1,000 |

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| Curriculum Committee | |
| Speakers / Programs | 6,500 |
| Postage / Mailing / Copying | 125 |
| Off-Site Location | 0 |
| Gifts / Gratuities | 25 |
| Stationery / Supplies | 100 |
| Telephone Service | 150 |
| Special Activities (net) | 0 |
| Subtotal | 6,900 |

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| Administration Committee / Board of Directors | |
| General Operating Funds | 150 |
| Stationery / Supplies / Publications | 150 |
| Postage / Mailing / Copying | 50 |
| Subtotal | 350 |

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| Membership Committee | |
| Brochures | 150 |
| Stationery / Supplies | 100 |
| Gifts / Remembrances | 200 |
| Name Tags (net) | 200 |
| Newsletters (preparation/distribution) | 2,000 |
| Postage / Mailing / Copying | 200 |
| Website | 100 |
| Telephone Service | 150 |
| Membership Meetings | 1,000 |
| Subtotal | 4,100 |

TOTAL EXPENSES **12,350**

CAPITAL RESERVE

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|------------------------------|---------------|
| CD 1 | 5,000 |
| CD 2 | 5,000 |
| CD 3 | 10,000 |
| TOTAL CAPITAL RESERVE | 20,000 |

