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## White Feather speaks about 'Troubled Minds'

**White Feather is often asked questions relating to suicide and those who encounter difficulties and suffering both upon the earth and in the next world. Here he offers hope and comfort to some of those whose lives have been touched by the pain of troubled minds.**

**Questioner:** What happens to the Spirit of those who have committed suicide?

**White Feather:** "It depends upon the level of their awareness and understanding. There is no judgement from those in my world or by the Great Spirit. The individual judges themselves, but you have to realise that there are different reasons, different motives which have to be taken into consideration when discussing suicide. There are those who take their physical body, who destroy their physical body because their mind is in turmoil and because their thought processes are not rational. There is an imbalance there. There are others who have taken their own lives because they wish to hurt others, those who destroy themselves by violent means because they wish to harm others....and their motive is different. So the motive is what counts and the greater the knowledge, the greater the responsibility, and there is a price to be paid for every act that is undertaken. Where there is greater knowledge the price to be paid is far greater than where there is ignorance. You have personal experience of this?"

**Questioner:** "Yes I do."

**Amanda (Chair):** "As a follow on to that question, there is a written question from a member of the audience: "What happens when we first go over to the other side and is it true that when that happens there are always loved ones there to help us?"

**White Feather:** "You are never in a situation, when you pass into my world, when the physical body drops away, when the silver cord severs at the moment of death....you are never in a position where you are alone. You are always met by someone. Very often it is through a link of love that you are greeted and always there are loving hands to help you make the transition from the lower to the higher. No one is ever discarded or overlooked, or neglected or forgotten. As to what awaits you, this is dependent upon you as an individual. Upon how you have lived your life. Upon the Karma that you have created. Upon that which you have sown. The law always works with a mathematical precision, remember that. And you will find

*yourself in normal circumstances, gravitating to the plane which best befits your soul and the progress, or lack of it, that has been made.”*

**Questioner:** *“Are suicides welcomed in your world?”*

**White Feather:** *“Absolutely, we do not judge individuals like you do. We do not judge in the same way. Always you know, where there is a suicide, there is a reason for it. Sometimes the individual takes their own life because their mind has been touched and because they are in a state of confusion and so they take their own life. But we do not judge them as you do.*

*Often they are met by loved ones, they are met by love and are surrounded by love and they are welcomed into my world and helped to realise what they have done. Very often their actions are undertaken when their mind is disturbed and there is ignorance and confusion. We do not judge, we accept them for what they are, we point out to them why they have done what they have done and we try to help them. Do you understand that?”*

**Questioner:** *“Yes, but what about those who, because of their actions go to a lower level in your world? Are they also helped?”*

**White Feather:** *“Absolutely. Sometimes you know, those who take their own life go onto a lower level in my world, but they do not remain there. They place themselves there because that is their state of mind when they commit the act, but ultimately they come out of that darkness and they return to the light because that is where they are meant to be. And where there is love there is no separation.”*

**A question arose concerning those souls who ‘do not make a smooth transition’ to the next life. The concern was that they might in some way be ‘lost’ or ‘in limbo’. Whilst reiterating that sometimes there can be a temporary difficulty due to the state of their mind at passing, White Feather was particularly careful to emphasise that the soul of the individual is not harmed by this transitional phase of its passing.**

**White Feather:** *“The reason that some individuals, upon making the transition from your world into the world of spirit, become ‘lost’, to use your terminology, although no one is truly lost...is because of their state of mind. And very often, where there is a sudden passing, perhaps a violent one or one caused by what you would refer to as an accident, or perhaps there has been a lot of suffering of the physical body through a lengthy illness, then this has had a temporary effect upon the thought processes and upon the mind. Then it can be that upon the point of death the individual concerned is in a place that is not truly befitting the place that they should be at. Equally you can find that someone has a particular belief system, perhaps a strong religious belief, or even a belief that the spirit world is non-existent, an atheistic belief, and this also will affect to a degree what happens and what occurs when death takes place.*

*But I must stress, that the soul itself is not harmed or touched by this. It is only a question of the personality and the strong thought and emotional element that is present at the moment of death. Do you think that anyone in my world is left in limbo or somehow gravitates to the lower planes or is lost in some way, because that does not occur.*

*There can be, as I have said a temporary delay because of the nature of the thought process but always there is someone there to help and to guide and I know of no-one who has been ‘lost’, whatever that may mean. Ultimately we all find our way through natural law to the place*

*where we are meant to be. We gravitate to that particular plane. I don't know if that helps you at all?"*

*Questioner: Thank you.*