

Seeking to Establish and Share Knowledge and Understanding Incorporating Mediums & Spirit Guides

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## Suffering and Innocence

Whilst suffering of all kinds may be difficult for us to understand and to deal with, it is perhaps the suffering of young children that affects many of us so deeply. When that suffering is perpetrated deliberately it becomes increasingly hard for us to rationalise how and why people are so cruel and what response we should undertake. The following question came from a lady directly involved with the prison parole services, whose dilemma became quite apparent when she asked the guide what actions society should take:

**Q:** "My question is about the innocence of children. In one of your books you speak about the innocence of children and what we can learn from them. So many people grieve for children who perpetrate acts of evil. Those boys who killed the young boy .... do we keep them locked away from the rest of us or do we allow them back into society?"

**WF:** That is quite an in-depth question. In actual fact, what I was referring to a general scenario of the innocence of children. Of course there are exceptions to every rule, there are bad apples in every bunch and of course there are those who perpetrate acts against their fellow man of which age is no barrier. What you have to recognise is, that there are some souls who reincarnate into matter, into a young body, but they are actually an old soul and they bring that badness with them. They can perpetrate acts in a different form because that is what they have brought with them from a different life.

Again, there are exceptions to the rule, but as to the two individuals in question, again you have to have this balance in your world. Do you shut them away and protect the rest of society or do you educate them and let them free because they are so young? All these things you must weigh up and consider. All that I would say is that those who make the decisions do not always do so from the viewpoint of the higher self. They do it from the lower self. They do it to gain popularity, to gain votes or they do it for other purposes.

In an ideal society children in general, not just those who are locked away, would be taught spiritual values from a very early age. They would be taught in your schools not just about history, but about true spiritual realities and learning to be kind to life, to others. Leaning to serve, learning to love, to have compassion, to have tolerance, to have understanding. You live in a society that is 'the society of want', the society of the self that demands for itself and wants instant results. This will be the downfall of humanity. So you see it is a very deep question and one which can be opened up into a whole raft of other issues which can be

considered. Always I come back to the simple teachings of spiritual truth; that if you give unto others, if you do unto others that which you would have done unto you, then you will not go far wrong. That is a simple rule of thumb, but unfortunately that knowledge has all but been eradicated from your society. That is at the roots of where it is wrong. That is where the foundations upon which all else is built are crumbling. That is what has to be addressed.

**Q:** "Why is that some people go through more pain and hurt than others?"

**WF:** Because, through the laws of cause and effect, and Karma....which is a very just law I might say...you create, you sow, you reap. You are where you are today because of what you were yesterday, because of what you thought and did and said. You motives. You will be where you are tomorrow or in a thousand years because of what you are today. So it is all a question of receiving that which, in reality that which you have created yourselves.

You know, there are those who argue against reincarnation, I always say this to them; why is that in some lives upon your earth there is so much pain and suffering whilst others seem to sail through and untouched and seem to have everything at their fingertips, where life is a bed of roses. Where is the justice in that if it were not for the fact that there is balance in life and one has to return time and time again in order to experience all that is. You cannot do it all in one lifetime. You have to know darkness to know light, you have to have been male to know female, female to know male. You have to have been ignorant to know truth. You have to experience this vast panorama of life with all its joys and sorrows, all its captivity and freedom, in order to come to a central place of balance.

Remember this when you are at your lowest ebb; that it is always darkest before the dawn and if the pendulum has swung one way now it will surely swing back the other very soon."

**Q:** "In this world there are so many emotions....pain, greed, envy...what emotions are felt in your world?"

*WF:*"Any emotions that are felt in your world can also be felt in my world. We are not devoid of emotions. We are not emotionless robots and we are not perfect. There are many in your world that have great emotions in a positive or negative way and just because they are removed from the body of matter at death and continue in my world, it does not mean that they are necessarily divorced of these emotional states, particularly where they are very strong. So anything that is felt in your world can also be experienced in an emotional way in my world because you still have an emotional body. All I will say to you is that there is an opportunity in my world to overcome those emotional states. To learn perhaps, in a different way than you could while encased in a body of matter. To understand the effects that they have upon the mind and upon the spirit, and through progress, through moving into the higher realms of my world one gains mastery over one's emotions and one gains mastery over oneself. That is a great thing. It is perhaps the greatest thing of all – to know oneself and to have control over oneself."