



# The Voice Box

Seeking to Establish and Share Knowledge and Understanding  
Incorporating Mediums & Spirit Guides

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## White Feather Answers Questions About Spirit Guides and Development

As it is so often the case White Feather begins answering questions put to him by a large gathering, his frequently detailed replies bring about a broadening of the subject under discussion and leads to many individuals being prompted to ask questions which they might otherwise not have considered. This is perhaps the real beauty of philosophical debate and the guide has himself commented on numerous occasions just how much he enjoys the stimulus of discussing the innumerable topics which are raised by those of an inquiring mind. Here, while still on the subject of spirit guides, a gentleman enquires about the nature of time and how it affects those in the spirit world, particularly when called upon to link up with our world:

**Question:** *time is very important and we are governed by this. Do you in the spirit world have the same difficulties and is there a feeling that in some way you too are governed by it? Is there, in fact any passage of time in the spirit world?*

**White Feather:** *“ Well have to say to you that there is, even myself I listen with some incredulity sometimes to those in your world who think they know so much about my world, who says that there is a no time in the spirit world. How often have you heard that?! There is no time in the spirit world? There **IS** time, but there is a different perception of it. If we were not - at the level at which I am now - if we were not, then we would have no sense of past and no awareness of future. So we are aware of the passage of time. I know without doubt that a certain amount of time has elapsed tonight and I sense that from the level at which I am (the spirit world) even though I am working closely with your level (the earth plane). So we are aware of the passage of time, but it is different, I have to say, that in your world, and the higher one, the spirit world, the way time is perceived also changes.*

*We are able to see, for example, a little further ahead in time from a great vantage point in the higher realms of spirit then you can down here in the valley of the material world. Time is different. Time is also different in your world, did you know that? How often have you been standing, waiting for something? Perhaps in a queue, and a few moments seems like an hour, or many hours? And then, you can be enjoying something, some past time or hobby and time seems to flight by. So*

*what is time? It is a perception. Even though there is a movement, there is a flow, it is the way that you perceive it that is perhaps of the greatest importance.”*

**Question:** *you have answered my next question in some way, but is there anything else you would like to say to someone wanting to know how spirit people actually progress? Do they move to a higher plane in the spirit world? Do they move from one place, do they go over to another? Could you explain more about that?*

**It appeared, by the nature of the question that the gentleman was inquiring whether or not spirit guides’, and indeed those entire resident in the spirit world, remained in one place or evolved to other levels. This is what the spirit sage had to say about spiritual progression:**

**White Feather:** *“All of life is a progression. It is a progress from the lower to higher, from darkness to light, from ignorance to enlightenment, from captivity to freedom. And that begins from the moment you came into being, whenever that was, as an individualised spirit soul, and it continues through the various planes of my world. Always there is this desire to progress. There is this desire to move into a refined state of thought and of being. Even those in the lower realms of my world who are trapped there temporarily by their own thoughts, their own superstitions and ignorance, even in them the divine spark is not extinguished and even though they are not aware of it there is still the same desire to progress and to learn and to unfold. And I say to you this; that perfection is never reached, even though it is the heart’s desire, it is never reached. If it were, then life would become a monotony. It would be boredom. You would allow no more, you would not move. You would find that life would become stagnant and stale. There has to be this constant striving and that this is as it should be because that is the very essence of life itself. Ultimately it will become the greatest expression of the great spirit that you can be.”*

**Question:** *Can spirits come back from the higher planes?*

**White feather:** *Only two a point. If you were able to be elevated to the top of the tallest mountain in your world and then asked to communicate to someone in the valley, in the deepest valley, you could not do it because there would be much a vast gulf, distance between you. So you would either have to come down the mountain or the recipient would have to climb up from the valley and somewhere in between the two extremes you would perhaps meet. But in my world there are those who have reached a certain level of spiritual evolution. They cannot return to that point because it is impossible for them to do so. So they have to come back through an intermediate state- they have to come through the medium.*

*There are mediums in my world as there are in your world and sometimes what you hear when it is of the highest teaching, was not merely from the communicator who works with the medium but from a higher source. It is like a waterfall. It is a reciprocal effect. As I speak to you I am also linking with higher minds in my world and if there is a question which I cannot answer, then it comes to me from those that no more than I do and this is as it should be, so always try to understand that there is this link and where you reach a certain point, you cannot return to the lower because the lesser cannot be contained in the greater.*

*Let me say one more thing to you, which you might find it interesting; I operate through the body of a Redman. Where I to move beyond your earth plane, beyond that the astral, if I were able to grow spiritually and return to the highest level that I could achieve and decided not to link ever again with this medium or this earth plane of yours: that astral body through which I come would disintegrate because there would be no further purpose for it. The fact that I have chosen to return enables me to keep here that astral body in a expressed light so that I can use it when I draw close to your earth. Do you understand that? And it is usual for me to work through that body because I know it. It was a body that I once had in its physical equivalent upon the earth, so I know it, and I have been able to keep it for this purpose. This may sound very deep to you when perhaps it is very new and you cannot fully understand it, but this is why we have to link through the astral body when we link with a medium upon the earth plane.*

*Where there is a the length of time that has elapsed in the progression that has taken place, the gulf between the higher and the lower is so vast that it cannot be bridged - there is no point of contact. Perhaps if I can put it a more crude way; if I said to you "can you speak to the frog that sits in the pond at the bottom of the garden and tell him the laws of physics" you could not. You could have a good go, but I doubt if he would understand you. But if you were able to communicate through another frog, by similar message, then perhaps you would have a chance. So you'll understand the difficulties we have here. We have to employ your language. We have to deal with your prejudice, with your fears, with your superstitions. We have to surmount so many barriers and obstacles in order to convert a small essence of this totality of the truth.*

*It is very difficult. It is at times frustrating. But always it is rewarding. Because if we can help but one of you then we have achieved a great goal.*

**Question:** *"I have been told that we all have spirit guide such as yourself who come to people like me. But tell me, if people are grumpy and bad tempered and if as you say 'like attracts like', then does it mean that you will not get a guide that is calming and even tempered?"*

**White Feather:** *"It is not quite as simple as that! I can't quite paint the same black and white picture that you do, or that has been painted for you. You all have those who stand*

*bye your side. You do not all have spirit guides' as such because what I consider to be a guide is one who seeks to operate through Mediumship to bring teachings and messages, help and healing and guidance to humanity. But you all have helpers. None of you are ever alone. You have those who are drawn to you out of an affinity of mind and spirit, so they have the same character, they are in essence as you. Nevertheless, they are drawn to you because they have a greater understanding also. If they do not have that understanding, if they are not equipped to work with you in that way because they have not learned the lessons, then they are not ready. They are not permitted to become a helper, or as you call them, a guide.*

*So you must remember that those who do work with you are of a deeper understanding. They have a little more knowledge and understanding and spiritual unfoldment than you do. That is why they work with you and I always try to give you the benefit of that benevolence and that wisdom, that understanding, and impinge*

*upon your mind and upon your spirit whenever they can to help you, guide you and uplift you.*

*So, if you are grumpy, that is a matter for you. We cannot stop you being grumpy! What we can do is help you to try to uplift yourselves beyond the emotions to the higher energies of the spirit where you will embrace the greater truth and or a greater power than I can put into words.”*

**Question:** *“do you have a name and what do you see when you work through this medium?”*

**White Feather:** *“it depends upon which level I am operating. The name which I could give you if you wish is one of little consequence because it is the teachings which I impart, rather than the personality, which I seek to convey to you. The name you can refer to me is White Feather. I have nothing more to say about myself other than I have lived upon your world and manifested many times upon your world through different cultures and races.*

*As to what I see depends upon what level I am operating and which attributes of the instrument through whom I work, I choose to employ. If you are referring to what I can see at this moment; I cannot see your physical body. I can see aspects of your aesthetic bodies which appear to me as regions of light. If you are referring to what I see in my world; I see many things of great beauty through my eyes as you see through your eyes. I also see through my mind. As you do, because you interpret what you see within your mind.*

*In my world there are wondrous places, vast expanses of land, fields, oceans, mountain sides. We have great cities, we have places of worship, we have great libraries and Temples and the most wonderful architecture, the most beautiful scenery that is rich and verdant in its colour and even colours that do not express themselves upon your world. So it depends upon which level I operate and which level to which you refer, but I hope that has helped you in some way, thank you.”*

**Question:** *“Are spirits particulate over the quality of a person who works for them? Could someone who has been bad in life still become a medium?”*

**White Feather:** *“Are spirit particular over the quality? Well, let me say that we have to operate through a mind with whom we have an affinity, with whom we can work and operates through. If there is no point of contact then we cannot work through them, so we are not drawn to them. We are drawn to minds of a like nature, who are sensitive, who have a desire to serve as we do, to help humanity and to serve the Great Spirit. And where we find such instruments that we can be drawn to, and we ARE drawn to them naturally, through a natural process of attraction. And we can operate through them in accordance with our ability to develop their potential and bring the wondrous bounty of the spirit into manifestation upon your earth. Is that to what you are referring?”*

**Question:** *“Yes, but what about if a person wants to become a medium?”*

**White Feather:** *“Well, there are many aspects to be considered. Firstly, you cannot suddenly decide to become a medium. You are either mediumistic or you are not. You can attempt to develop those qualities that you may or may not have inherent within you and if you have them then they will develop when the time is right. But it is not a case of suddenly deciding to become a medium.*

*As to the manner in which you have lived your life, your being able to wipe the slate clean, neither is it a question of anyone standing in judgment over you, because we are all in perfect, myself included, and we have a great deal yet to learn and to unfold. But the very nature of the way that you live your life determines the sensitivity that is there or is not there. If you lived a life, shall we say of selfishness, where you thought only of yourself, where perhaps you have inflicted suffering or pain upon another, then you cannot suddenly expect to be able to blossom as a medium and draw those minds from my world who would operate through you because there would be no point of contact. If however, you have lived the life where you have tried your best to serve, where you have always tried to help others and you have the gift of Mediumship, then you will find that those mind in my world will be drawn to you. It is a simple question of who you truly are. And let me add this also; you know there are many in your world who are painted at being bad, whatever that means, because they do not fit a certain criteria, a certain way of thinking or acting and others say they are bad when in truth they are nothing of that kind. They are in fact good, but because they do not fit the status quo they are rejected out of hand. They are pushed aside, they are trampled upon, they are pushed down. But we see through that veil. We see through that mask. We see their real person. That is what matters to me. When I look at you I am not interested whether you are a man or a woman, whether you are a child, whether you are black or white, yellow or red. It does not bother me. What concerns me is what is in your heart, what is in your spirit and I seek to look within the person. Not at the mask but within the self. That is what matters.”*

**Question:** *“Can our helpers change as we develop spiritually?”*

**White Feather:** *“If it is appropriate yes, you will find that it is so. Because one mind, one individual can take you so far and no further. Then it is that another may be used to link with you out of the group, to take you a little step further. And perhaps another again may take you further still. In my personal experience I have linked with this instrument since before he chose to incarnate into this physical body and I will continue to work through him as long as I am able to under any circumstances.”*