



The Voice Box

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White Feather Teachings Reincarnation

White Feather and the controversial topic of reincarnation never seem to be far apart. Indeed, the guide has commented on more than one occasion that he enjoys speaking on the subject even though in some spiritualist circles it seems to be taboo. Here are a selection of questions put to the guide beginning with one from a concerned gentleman who was of the opinion that any return to the earth was a retrograde step.

Questioner: *“Reincarnation, is it a step backward ? We come to this earth to learn and experience. When we move to the higher world we progress, it seems to me, that when we reincarnate, we take a step back !*

White Feather: “You know, when you have a plant, a flower or a bush growing in your garden, do you ever prune it back in order that it may grow to something greater than it is?

Because that in a sense is what reincarnation often entails. Let me say that there is in my view, no going back. All progress is in an upward trend from the lower to the higher, from captivity to freedom. The reason that you are often reintroduced into the body of matter through what is termed reincarnation is not a backward step but to actually propel you forward and give you a greater impetus because you come into form, you come into a body, the male and the female, because you are imperfect, as are we all. We make mistakes, we stumble, we fall, we err at that which has been created, that which has often created suffering either to itself or to others creates a pattern which has to outwork itself. So you have to come back, to be reintroduced into the body of matter to put right that which was wrong. To cancel out the debt and so advance your spiritual growth.

So it is not a backward step in actual fact, it is an opportunity to redress the balance, to restore harmony, to continue your progress in an upward vein in my world. Do you understand that? Do you agree with it?

Questioner: *“Yes.”*

White Feather: “I hope that helps you. Good.”

Question: *“When we look around we hear so much about reincarnation, are there any other worlds or do we have to return to this world? Do we have a choice of whether or not to reincarnate?”*

White Feather: “In a simple one word answer, yes. Let me say that language is very important and you do not HAVE to return in the sense that you are compelled to or are instructed to by someone or by God. It is a matter of your own conscience, for your own soul, but it comes about when there is a realization that you can no longer progress in my world without perhaps learning lessons in the physical plane of life and putting right that which you have done wrong, creating an imbalance in the past and now going back to create a balance. And so you choose, and it is a self choice, to return again to this play in order to redress the balance and to then continue to progress upward.

You do not have to come back always over a period to the same planet. There are other worlds that you can experience upon, but the point that you have to remember is that if you created an imbalance in this place, then what better place to return to correct it? And when that has been accomplished then you can move onto other experiences and other worlds. Life is endless. You think of time and you think perhaps of three dimensions, but your life upon the earth is but a speck. It is but the blink of an eye compared to eternity and you come time and time again through different forms to different worlds if it is appropriate that you should do so in order to further your spiritual education. Let me just say in conclusion to this that there will be a time when you no longer return to the physical universe because there is no purpose served by your lessons, so to speak, and you can continue your progress and learning in the spiritual realms of which there are innumerable levels.”

Question: *“If we all reincarnate, who is it that mediums are speaking to? If my father who was not very nice speaks through a medium what happens then?”*

White Feather: “Who is that mediums are speaking to? Do you mean the guide or the instrument who speaks through the medium?”

Questioner: *“If my father has reincarnated upon the earth, how can I speak to him? What if he comes back before I die? How will I ever recognize him? A medium once gave me a message that he had reincarnated, how can this be true?”*

White Feather: “It doesn’t quite work like that! There are laws that operate, devised by mind that is greater than you or I. And let me say that once a cycle has been embarked upon, it has to outwork itself before another one begins. If I can open this up to you in the broadest sense. Where you have an instance of a father or mother, a brother or sister, or a child that is in my world now, you will find that they will not reincarnate until you have served your time upon the earth and passed into my world. It would be a great shock to the soul, it would be a great shock to you if upon passing into my world you found that your beloved was not there waiting for you, that they had gone again into another form. That is not the way of the Great Spirit. Only when the harvest is gathered in, when the laws and the cycles have

outworked themselves can any individual have earned the right to reincarnate upon your world. Does that help you?

So if you have a communication from your father and it is a genuine one, then you can rest assured that he is still in my world !”

Whenever reincarnation is discussed there are always questions regarding ‘past lives’ and whether or not we can access these either through becoming aware of them as we progress or through hypnotic regression:

Question: “Regarding reincarnation, if you believe that you have been reincarnated and have memories of such, is it true representation of a past life?”

White Feather: “There is a chance, I wouldn’t like to put a percentage on it because everyone is different and some have greater insight and perception into past lives. Whilst others have a vivid imagination! There are reasons why you are not always able to gain access to past lives. It is a protective mechanism for one thing and I have to be careful here because the one through whom I speak (Robert) and the one with whom he links (Amanda) are often asked to regress individuals through the use of hypnosis, and I have to say that it is something with which I do not always agree.

There are however, times when individuals do gain access to their past and when you have earned the right to know then it is indeed possible that you have awareness of past lives, that you have glimpses of the past, and it is up to you as to whether you pursue that to any great level. But I must warn you that sometimes you know, it is not wise to know all that you have been in the past because you are not spiritually ready or strong enough to have that knowledge. There are even those in my world... you know, when you pass into my world at death you are not always, indeed seldom aware of past lives. It is only when you have grown spiritually and have the strength that you become aware of the other facets of the diamond, of that which you are and that which you have been.

On another trance evening the guide was again asked about the use of hypnosis to uncover past lives and went into greater detail of why he believed that although it could be effective, it should only be used sparingly.

White Feather: “...I am not greatly in favour of the use of hypnosis for regression although even I must concede that at times it has been used to release a blockage that has been causing a disturbance in this life and that perhaps had a cause, as is very often the case, in a past life. The danger or the difficulty as I perceive it is that it not always wise to look back, as it were, in to a past existence unless one is ready to do so, because one can find that one is greatly shocked by what is unfolded. To use your language, it is like ‘opening a can of worms’. One has to be very careful.

Hypnosis used in the right hands by a skilled person who has in my view the right spiritual knowledge and wisdom, allied to the technical ability, can be a helpful thing. But so often, as is the trend today that out of mere curiosity individuals seek to uncover their past lives, to know who they were and what they did....and very often

this can lead to further difficulties and traumas. So one has to exercise caution in my view. Does that help?"

Questioner: *"Yes to a point...but are you saying that reincarnation is true, because there are some guides who dispute this?"*

White Feather: "Absolutely, Absolutely. Those of you who are familiar with the philosophy which I seek to bring will know that I have never wavered from the fact that reincarnation is a fact and that you indeed...or a facet of you comes here through a physical form many, many times in order to gain experience and unfold the divinity within it. It cannot be accomplished in one lifetime."