



The Voice Box

*Seeking to Establish and Share Knowledge and Understanding
Incorporating Mediums and Spirit Guides*

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Knowledge, Sensitivity and Belief

As always White Feather is able to expand on the topics covered and touch upon sensitive but important issues that effect so many individuals. In this highly charged sitting the guide begins with a talk upon the subject of 'belief' before inviting questions of his guest.

White Feather: "May I greet you with the supreme love of the Great Spirit and welcome again this opportunity that has presented itself and that allows me to speak with you, who are seekers of answers. How often we have trod this path. How frequent have been our visits. How many times have we trodden in these footsteps, and yet we do not get weary. We are not tired and always we are refreshed by the scenery that we find and the people that we encounter, by the enquiring minds who so often ask questions that deserve answers. It is always a pleasure to speak with those who are prepared to listen because so often we find in your world that those who have listening ears and enquiring minds are at a premium. So often, we find individuals are engaged in trivial activities which do nothing to enhance the beauty and the richness of the spirit. But where we find those individuals or groups who are prepared to invest their time and their energy, to discipline their thinking, to reach out and touch the spirit, there we find the spirit power can enter into their awareness and reach deep into their consciousness and touch the heart of their being, to lift them, to inspire them, to guide them, to enrich them and as I've said so often, this work is immeasurable. By what yardstick do we measure spiritual progress? Upon what scales can it be balanced? What criteria can be used to calculate its effectiveness?"

What is ripe for one individual is not for another. For spiritual progress is measured not by earthly measurements, but by spiritual changes that take place within each and every soul in an individual way. Just as one cannot stand and view the hands of the clock, waiting for them to move, so one cannot always stand and witness the spiritual growth within and individual. Yet in both cases there is movement and growth is always from the lower to the higher. From the gross to the refined. From darkness to the light, from ignorance to truth, from captivity to freedom. This is a glorious thing because it means that everyone who is on this pathway is reaching forward, not only towards the Great Spirit but towards recognition of their own state

of being. To know themselves and become one with their individuality. And where one finds, residing at the heart of one's being, the very power that created the universe and all that resides within it, that is a glorious recognition. For then one truly becomes empowered. One recognizes that within the self, is the greatest power of all, the power to conquer all fear, all doubt, all ignorance, all superstition. This power, as wondrous as it is, encompasses the greatness of love, altruism, kindness, gentleness and light, for where there is truth, where there is understanding, there darkness resides no more.

You know, beliefs are very powerful things. Before I invite questions tonight I want to say just a few words concerning this aspect of man's thinking. Because you will find within so many individuals that there is a belief system to which they adhere. So often when one comes into a belief, it is the result of past experiences, actions and events that have shaped and moulded the way in which the mind thinks and behaves. And out of this series of experiences come behaviours and out of behaviours grow beliefs. Now there is nothing wrong with having a belief, indeed one has to believe in one thing or another because without beliefs one is like a ship without a rudder, drifting aimlessly upon the ocean. But the difficulty arises when the belief is so strong that it directs the vessel of the self into waters that are very confining and limiting, where the winds of spiritual truth can no longer dictate as they should, the journey of the soul.

You, know, it is one thing to believe, it is another to know. One can believe in something but it does not necessarily follow that it is correct, that is truth. But to know something, is quite different. For when you know, then to that knowledge you can add belief. It is better to have knowledge and fact and add belief and even faith unto it than to have belief and faith without knowledge. You can see the difference? So how do you know that which you believe is correct? I have said so often in the past that when one comes into an understanding it goes beyond belief, because one knows with every pore of one's being, with every cell, with every facet, with every fragment, that it is correct. Nothing can dissuade you otherwise. This is not arrogance. This is not placing oneself above others it is simply a recognition of that which is, because it lies within the heart of the being. For that is ultimately where truth resides. You may find it outside of the self but ultimately it forms a harmony with that which resides within. Where you have this harmonisation, where you have synchronicity, there it is that the recognition, the fact that what you are sensing, what you are thinking, what you are experiencing is truth and goes beyond words, beyond books, beyond dogma, creed, ceremony and ritual. Truth does not reside in any religion yet it may be found in one. Truth does not reside in any group or society or creed and yet it may be found there. Truth does not reside exclusively in any individual and yet it may be found there. Because truth is within.

What I am stating to you is not a paradox, it is a fact. But you have to come into recognition of it. Let me give you an example; have you ever in your lives uncounted something that you did not like? Let us say that as a child you did not like apples or pears, whilst others around you enjoyed the bounty of these fruits and then you reached a certain age and your tastes changed. Suddenly that which you found distasteful had a glorious sweetness to it and was in accordance with your palate. What a change opening up in your life. Because of this change you have come into harmony with something that you once found abhorrent and which you

disliked and it is the same rule with life and its experiences. There are things with which you do not concur because you do not understand them; they are foreign to you, because they are outside of your belief system. But when through experience you search more deeply, your vibrations change. Your perception alters and you come to an awareness of that which before, was denied to you. It was outside of that which you would have recognized. Now a wonderous vista has opened up to you and truth, like a great ocean pouring through a tiny crack in a wall opens it up and pours into the heart of your being and fills it with light. This is how when you go beyond belief into the realm of that which truly is, always has been and always will be, it comes about.

So be prepared in your lives to have beliefs, not beliefs that are set in stone, that are rigid, that are unbending, unswerving, but beliefs that can be tailored, which can be altered, which can be remodeled, remoulded, transformed. A mind which is rigid, which is hardened to life's experiences can often become bitter and set in its ways. Then the subtle energy of the spiritual truth that we speak of finds it difficult to find a lodgement. But where there is suppleness, where there is pliability, there you will find that truth can enter and bring with it all richness and bounty of the spirit.