

# Mediums and Spirit Guides

*Sharing Knowledge and Information*



Spirit Guide: Adoula

Medium: Alex Harris

Nationality: African

Nationality: Welsh

## Brief Description:

Adoula was one of Alex's Healing Guides. It was reported that when he joined Alex's healing circle, the healing energies where greatly improved.

## Other Guides to this Medium:

Chang; Ewonga; Jolkin; Toi Toi