

Please take care when using all herbs etc - especially pregnant women, as some herbs such as pennyroyal can be harmful to them.

If in doubt seek advice from a herbalist

### Avocado

Desire, beauty in self + surrounds

### Alder

Firm foundations and power over externals

Called tree of fire.

Four winds, Pisces

### Aloe

Beauty, protection, success, peace.

Aloe has always been known for its healing qualities. For treating wounds and maintaining healthy skin. It may be applied right from the plant or in gel form for burns, sunburns, and can relieve poison ivy rash and helps to combat a variety of bacteria that commonly cause infections in skin wounds. It is also an excellent additive for soaps and creams as a conditioner. After using gel from a leaf the opened leaf will seal itself so you can store it in a sealed plastic bag in the refrigerator for future Uses.

Feminine, Moon, Water.

### Amaranth (cockscorn)

repair a broken heart

### Anemone

Honesty, health, healing protection

### Angelica

Prosperity, abundance, money

Protection, Exorcism.

Carry the root with you as an amulet.

Masculine, Venus, Fire.

Burn the dried leaves in exorcism rituals

### Anise

Protection, purification, awareness, joy.

A pillow of anise keeps away nightmares.

For treating coughs, bronchitis and a stuffy nose, it loosens bronchial congestion, making it easier to cough it up and expel it. A good breath freshener in the morning, and if kept by the bed it will prevent bad dreams. Also a digestive aid and can relieve an upset stomach and flatulence when taken as a tea, and a treatment for colic. Also suggested that anise may be beneficial to women because certain chemicals in the plant are chemical cousins to the female hormone estrogen. Though it is mild, anise may help to relieve the discomfort of menopause. Also a good sedative. In traditional folk medicine it has been used to promote milk production in nursing mothers. It's recommended dosage would be 1 teaspoonful of seeds for every cup of boiling water, steep 10-20 minutes and strain, drink 3 cups a day for maximum effect. A good general cleansing bath is made with a handful of anise seeds and a few bay leaves.

Aquarius Masculine, Jupiter or Moon, Air.

### Apple

Fertility, health and long life Love spells, good luck

Feminine, Venus, Water

### Ash

Expand horizons, travel, health, strength and prosperity. A tree with protective qualities, it is used to make brooms for purification and wands for

The leaves bring luck and good fortune when carried in a pocket of bag worn around the neck healing. The leaves placed beneath a pillow induce psychic dreams.

.Masculine, Sun, Water. Taurus

Aspen

Communication, eloquence, anti-theft

Aster

Love, inner worth

Azalea

Caution, harmony, vulnerability

Balm of Gilead

Love amulet, manifestations, protection, healing. The buds are carried to ease a broken heart and can be added to love and protection charms and spells.

Feminine, Saturn.

Balm, Lemon

Love, success, healing

Cancer

Bamboo

Protection of household boundaries and against negative thoughts from others

Banana

Fertility, male potency, prosperity

Basil

Love, exorcism, wealth, conquer fear of flying, Protection, love, wealth (if carried in your wallet), healing relationships, ensuring faithfulness in a mate, courage, fertility, exorcism.

It is good as a tea for calming the nerves, settling the stomach, and easing cramps and good for the bladder. In tincture form, also makes a good hair rinse for brunettes. An ingredient of the Purification bath sachet. Add to love sachets and incenses

Candlemas herb

Scorpio Masculine, Mars, Fire

Bay Laurel

Preservation of family, home, pleasant dreams. Wisdom, protection, psychic powers, banishes negative energy.

DO NOT TAKE INTERNALLY-use as a poultice on chest for bronchitis and chest colds.

Herb of Candelmas and winter solstice, Yule. Masculine, Sun, Fire

Bay

Protection, psychic powers, healing, Psychic visions and dreams, purification, strength and endurance. repels negativity and evil

Masculine, Sun, Fire.

Beech

Knowledge, formal learning

Benzoin

Purification, prosperity

Used widely in purification incenses..

Tincture of benzoin preserves oils and preparations

Masculine, Sun, Air.

Bergamot (orange)  
Money, prosperity

Betony wood  
Protection, purification, love Add to incenses of protection and purification.  
Sleep on a pillow stuffed with betony to prevent nightmares.  
Masculine, Jupiter, Fire

Birch  
Cleansing, health, wisdom, new beginnings, protection of young  
lunar workings  
Sagittarius

Blackthorn  
Scorpio

Bladderwrack  
Protection against accidents or illness- esp. at sea, action money, psychic powers  
Sea rituals, wind rituals  
Pisces

Bluebell  
Faithfulness, luck, modesty, truth

Bodhi  
Courage, psychic awareness

Boxwood  
Hidden treasure, buried talent, the unexpected

Bracken/broom  
Healing, divination esp runes, prophetic dreams, fertility, rainmaking

Briony  
Image magic, visualisation, money, protection

Buchu  
Psychic powers, prophetic dreams

Buckthorn  
Healing, exorcism, wishes, legal matters

Burdock  
Protect against negatives, healing, love and sex magic, magical cure for coughs

Buttercup  
Riches, self-esteem

Cactus  
Protection, purity, Endurance

Camphor  
Purity, fidelity, health, divination

### Camomile

Good as a meditation incense, for centering, peace, sprinkle in your home for protection, healing, money. Plant camomile in your garden to be the guardian of the land, and you will have certain success

Is an excellent herb both internally and externally for calming. Great for digestion, fevers, burns, anti-inflammatory for wounds, and sedative for nervous disorders. And relieves stomach aches and diarrhoea in infants and small children (always using in diluted form). In tea form, made of 2 teaspoons of the herb steeped for 5 minutes in a cup of boiling water is a gentle sleep inducer. Chamomile also makes an excellent insect repellent, simply splash some tea on face arms and feet. It is also a good hair rinse for blondes

Masculine, Sun or Venus, Water

### Caraway

Protection, passion, health, anti-theft, mental power.

Add to love sachets and charms to attract a lover in the more physical aspect.

Also a mild stimulant for digestion

Masculine, Mercury, Air

### Carnation

Worn by witches for protection during the "Burning Times", adds energy and power when used during a ritual as an incense. Strength, healing, family devotion

Aries Masculine, Sun, Fire.

### Carob

Protection, health

### Cascara sagrada

Legal matters, money, protection

### Catnip

Cat magic, familiars, joy, friendship, love.

As an incense it may be used to consecrate magical tools

Its flowers and leaves have often been used to treat colds and insomnia. It lowers fevers, dries up post nasal drip, gets rid of bad headaches and relieves sore aching bones due to colds and flus, when taken in tea form, 2-3 times daily..

Pisces: Feminine, Venus, Water.

Cat magic, love, beauty, happiness in home, fertility charm

### Cedar

Good fortune, faithful lovers

### Cedarwood

Healing, purification, money, protection

### Celandine

Protection, escape from sorrow and worry, happiness, justice and legal matters

Helps the wearer escape unfair imprisonment and entrapment, cures depression.

Masculine, Sun, Fire.

### Chamomile

Money, quiet sleep, affection and family

### Cherry

New love, divinatory abilities

Aquarius

Chestnut  
Abundance

Chestnut – horse  
Money, healing

Chicory  
Removing obstacles, invisibility in hostile situations, receiving favours, melts frigidity in physical and mental plains

Cinnamon  
Spirituality, success, healing, psychic, money, love and passion  
Spiritual quests, augmenting power, love, success, psychic work, healing, cleansing. Used in incenses for healing, clairvoyance, high spiritual vibrations. Reputed to be a male aphrodisiac. Use in prosperity charms. It is an excellent aromatic and makes a good anointing oil for any magical working.  
It is recommended as a skin astringent and digestive aid in tea form. Ground, or taken with milk, good balance after a heavy meal or dessert. Also used for diarrhoea, dysentery or general indigestion  
Leo Masculine, Sun, Fire.

Cinquefoil  
Prophetic dreams – esp love, peaceful sleep, good health. Hang around the doors and windows for protection from evil. Use in spells and charms for prosperity, purification and protection  
Masculine, Jupiter, Earth

Cloth of gold  
Telepathy with animals

Clove  
Wear in an amulet or charm to dispel negativity and bind those who speak ill of you. Cloves strung on a red thread can be worn as a protective charm. Money matters, visions, cleansing and purification.  
It has a mild antiseptic quality for toothaches (chew), or in tea form it is an expectorant for colds, also good for nausea or vomiting. It is an antibacterial, antiseptic, and analgesic, which means it helps prevent disease and infection.  
Masculine, Sun, Fire.

Clover  
Use in rituals for beauty, youth, healing injuries, curing madness. A Four-leaved clover enables one to see fairies, and as a general good-luck charm.  
Masculine, Mercury, Air. Associated with the Triple Goddess

Coltsfoot  
Love, visions, peace and tranquillity, protects horses

Columbine  
Courage, love, the lion's herb, retrieves lost love

Comfrey  
Safe travel spells, money, healing,  
Has been known to slow bleeding, aid colds, ease burns. As a poultice or a tea, comfrey may be applied to bites, sores, rashes, broken bones, and cuts. Also a good ingredient for lotions to soothe sunburn  
Capricorn Feminine, Saturn, Water  
Honours the Crone aspect of the Goddess.

### Coriander

Protection of home and serenity, peace , good in ritual drinks, incenses for longevity and love spells. Also used in love sachets and charms.

If added to wine, it makes a good love potion for 2 consenting parties. To use in this fashion, grind 7 grains of coriander and mix into a wine and drink.

Masculine, Mars, Fire.

### Cotton

Luck, rain making luck in fishing

### Cowslip

Luck in love, a woman who washes her face with milk infused with cowslip will draw her beloved closer to her. Induces contact with departed loved ones during dreams, healing, youthfulness, finding treasure or lost objects, protect home from intruders

Fairy cup. Feminine, Venus, Water.

### Crocus

New hope, vision

### Chrysanthemum

Protection, riches, truth, peace of mind

### Cumin

Protection, fidelity, exorcism

### Scorpio

#### Curry

Protection

### Cyclamen

Fertility, desire,

Partings

### Cypress

Long life, healing, comfort in sorrow The smoke of Cypress can be used to consecrate ritual objects

Virgo Masculine, Saturn, Earth. Connected to death in all of its aspects.

### Daffodil

Love, luck, fidelity, increase self esteem

### Daisy

Idealistic love, luck, devotion. Daisies are also worn at Midsummer for luck and blessings. In the old times, young maidens would weave and wear daisy chains in their hair to attract their beloved

Feminine, Venus, Water Decorate the house with daisies at Midsummer's Eve to bring happiness to the home and to obtain the blessings of faeries

### Dandelion

Divination, wishes, clairvoyance, welcoming, messages.

The ground root can act as a coffee substitute, and the flowers make a lovely wine. A superb cleansing tonic, and the milky juice is a diuretic, a tonic and a relief for common stomach problems. Use a handful of flower tops to 1 pint of boiling water, steep 10 minutes and strain. Drink this several times a day. Use the milky latex from the stem , rub on a wart several times daily and soon its gone. Also good for night blindness

Sagittarius Masculine, Jupiter, Air.

Deerstongue  
passion, psychic powers

Dill  
Money, passion, luck Useful in love charms. Protection - may also be hung in childrens rooms to protect them from evil spirits and protect against bad dreams. keeping home safe from those with envy in their hearts..  
A culinary herb.  
Virgo: Masculine, Mercury, Fire

Dock  
Healing, fertility, money

Dodder  
Love, divination, knot divination

Dogwood  
Wishes, protection  
Clear focus

Dragon's blood  
Love magic, protection, dispels negative, increase male potency Keep a piece under the bed to cure impotency.  
Carried for good luck. May be dissolved in the bath for strong purification  
Masculine, Mars, Fire

Dulse  
Passion, harmony, reconciliation

Echinacea  
Strengthening rituals, intuitive powers

Elecampagne  
Useful in raising spirits and to aid in meditation  
Masculine, Mercury, Earth.

Elder  
Ability to see other dimensions, increase clairvoyance, absorbs personal negativity  
Branches are widely used for wands. One must always be cautious to ask permission from the Elder Dryad before cutting or harvesting Elder limbs or leaves and berries to avoid very bad luck. It is also considered very bad luck to burn Elder wood. The leaves hung around the doors and windows will ward off evil  
Tree of the white moon – goddess tree, female household gods. The fairy tree Feminine, Venus, Air

Elm  
Love and giving  
Tree of sleep

Endive  
Passion, love

Eryngo  
Travelling luck and safety, peace, passion, love

Evening primrose  
Finding what is lost



### Eyebright

Improves mental powers, psychic awareness. Increased perception. Anoint eyelids with the infusion daily to induce clairvoyant visions and psychic dreams.

Masculine, Sun, Air

### Eucalyptus

Used in healing rituals, charms and amulets. Place the leaves around a blue candle and burn for healing energies. Green pods worn around the neck eases the discomfort of colds, sore throats and congestion.

Feminine, Moon, Air.

### Fennel

Protection, healing, money

Sometimes employed as an appetite suppressant and digestive aid. Used in tea form to expel mucus. Chew the seeds slowly for really bad breath, or use the fluid extract to rub on gums.

Virgo Masculine, Mercury, Fire

### Fern

Rainmaking, luck, riches, finding hidden treasure, youthfulness, good health

The Fern is an extremely powerful protective plant. Grow them in and around the house for protection from evil and negativity.

Feminine, Saturn, Earth

### Feverfew

Protection

Sagittarius

### Fig

Creativity, harmony and balance

Tree of wisdom,

### Fir

Yule tree, tree of birth, return of light and new beginnings, the life cycle

### Flax

Money, protection, beauty, psychic power, healing

### Fleabane

Banish negatives, purity, protection

### Forget-me-not

Memories, all matters in the past

### Foxglove

Protection,

Fairy magic

### Frankincense

A very powerful aid to meditation. Use to purify ritual spaces and invoke a spiritual frame of mind. Aquarius

Masculine, Sun, Fire.

### Freesia

trust

### Galangal

Protection, passion, health, money, psychic power dispelling hostility

### Gardenia

Used to attract true love. Peace, happiness

Cancer Feminine, Moon, Water.

### Garlic

Protection, healing, banishing negatives, passion, security from thieves, good weather, courage, exorcism

Lowers tension, ease colds, and improve circulation. Garlic vinegar can be used to disinfect wounds and soothe rheumatic pain and any common pain (made from one litre of vinegar and ten cloves of crushed garlic steeped for at least 10 days). Shrinks warts, relieves pain from teeth and earaches. Good for high and low blood pressure and removing parasites and infections. To ease the pain of aching joints, a toothache or an earache, place a crushed raw bulb of garlic on a piece of gauze and place over the area of pain. For joints, try using garlic paste. Masculine, Mars, Fire.

### Gentian

Love, power

### Geranium

Fertility, health,

Scorpio

### Ginger

Love, passion, money, power, success

Acts as an aid to ingestion or colds (tea form). Also in tea form, good for cramps, to stimulate the digestive organs,

migraines and nausea, external stiffness. Can be added to the bath as a way to ease pain and increase circulation, but only use a few sprinkles, not too much, like cayenne, ginger quickly brings the blood to the surface of the skin. For pain you can also soak cloths in ginger tea and apply them directly to the painful areas. Add in cooking to detoxify meat, especially chicken. A good healing tea is made from a pinch of peppermint, a pinch of ginger and either a pinch of clove powder or 2 bruised cloves, add 1 cup of hot water and steep.

Masculine, Mars, Fire

### Ginseng

Love, wishes, beauty, protection, passion, increases male potency. Often used as less dangerous obtainable substitute for mandrake

Stimulant, tonic, and agent for prolonged life. Also a mild pain killer, and improves blood circulation. Reported to successfully treat asthma, bronchitis, cancer, flatulence, diabetes, weakness, fever, coughs and heartburn, and a mild stimulant. In tea form it helps to relieve stress and moderate heart disease.

Masculine, Sun, Fire

### Goldenrod

Monet, divination, finding buried treasure, charm against rheumatism

### Gotu kola

Meditation

### Grass (sweet)

Protection, wisdom, purification, psychic awareness

### Groundsel

Health, healing

### Gum Arabic

Purifies negativity and evil

### Hawthorn

Courage, marking boundaries, purification, male potency, cleansing and endurance

Used in protective sachets and amulets against evil influences. Promotes happiness in marriage or a relationship.

It is bad luck to cut down a hawthorn. Burn the berries as an incense when you need energy and change in life

A fairy tree.

Tree of coming summer Masculine, Mars, Fire.

### Hazel

Wisdom, fertility, knowledge and inspiration, justice, divination. Hazel wood is excellent for an all-purpose wand. Forked branches can be used for divining. Sprigs of Hazel can be carried for good luck, they are especially powerful if bound together by red and gold thread

Gemini Masculine, Sun, Air.

### Heather

Passion, loyalty, rainmaking, luck

### Heliotrope

Banish negatives, prophetic dreams, healing, wealth.

### Henbane

Carried to attract the love of a woman. Was once used as an ingredient in a Witches flying ointment. Henbane is extremely poisonous and the upper most caution is urged.

Feminine, Jupiter, Water.

### Hibiscus

Passion, love, divination

### High St John the Conquerer Root

Use this as an additive to candle anointing oils, and charms to increase their strength.

Masculine, Saturn, Earth.

### Holly

Protection, against negativity.

Money and material gain Planted around the home for protection against evil. The leaves and berries can be carried by a man to heighten his masculinity, virility and to attract a lover.

King of the waning year Masculine, Mars, Fire.

The Holy tree

a tree of wisdom and spirituality

Aries

### Honesty

Money, banishing dark fears

### Honeysuckle

Used widely in prosperity spells and love charms psychics, protection

Aries

Feminine, Jupiter, Earth.

Hops

Healing, sleep

Used in healing incenses and charms.

Hops placed in a pillow will help with sleep

A mild sedative..

Masculine, Mars, Water.

Horseradish

Purification, banish negatives

Horsetail

Fertility, repels spite, protects from snakes

Hyacinth

Happiness, reconciliation

Hydrangea

Repels negatives to source

Libra

Hyssop

Protection

Use in purification baths, protective and banishing spells. Hyssop was widely used during the Middle Ages for purification, cleansing and consecration rituals. If burnt as an incense or thrown into a fire is said one may draw upon magical dragon energy

Masculine, Jupiter, Fire

Iris

Courage, faith, optimism, harmony, intuitive wisdom

Irish moss

Money, luck, protection

Ivy

Fidelity, marriage, relationships, constancy Protects the home it grows around and over from evil and harm. In the old traditions, Ivy and Holly was given to newlyweds as good-luck charms

Masculine, Saturn, Water.

Ivy

Protection, healing

Jasmine

Used in love spells, charms and sachets. Women have used Jasmine from the earliest recorded history because of its seductive effects on men.

money, dreams

Moon magic

Cancer

Feminine, Jupiter, Earth.

Jonquil

Seek / increase friendship

### Juniper

Protects from thieves, banish negatives, health, protects from accidents, increase male potency The berries are used to attract lovers once dried and worn as a charm.

Masculine, Sun, Fire.

### Kava-kava

Psychic vision, protect, love, magical powers

### Knotweed

Binding lovers or friends, keeping promises

### Larch

Protection from thieves, optimism

### Larkspur

Health, protection, gifts

### Laurel

Protects from illness.

Success, ambition; winning through in spite of problems

Leo

### Lavender

Love, protects – esp children, quiet sleep, long life, purification, peace and happiness, peace, wishes, protection, visions, attracting men, clarity of thought

Has strong antiseptic qualities. Mild infusions (3 tablespoons to 6 cups of water) make a good sedative, headache treatment, and digestive aid. Used in oil or tincture form to heal cuts, burns or scalds, bites. This also acts as a tonic and may be used for colds, chills, and the flu. Lavender is an excellent aromatic, usually mixing well with other floral scents. An ingredient in the Purification bath sachet, also used in purification incenses.

Lavender is a frequent addition to healing sachets, especially bath mixtures, and is added to incenses to cause sleep. Lavender is a great antibiotic, antidepressant, sedative and detoxify. Stimulates the immune system.

Gemini Virgo masculine, Mercury, Air. Midsummer fires it is thrown onto the fires by some as a sacrifice to the ancient gods

### Lemon

Purification, love, blessings.

Sweetens breath. Antiseptic, antibacterial and hypertensive. For chills and sore throat, the juice of a lemon mixed in a glass of honey and warm water, taken 3 times daily should help. For nose bleeds, apply a small piece of cotton, soaked in lemon juice. In oil form it is used for treating warts, insect bites, tension headaches, eliminates cellulite, and is an anti-wrinkle tonic.. Stimulates the digestive system. Also makes a good skin cleanser, hair rinse for blondes, and cleaning agent for brass and silver

Pisces

Feminine, Moon or Neptune, Water.

### Lemon balm

Love potions, aphrodisiacs, fertility anti depressant.

Drink as an infusion to soothe emotional pains after a relationship ends.

Feminine, Moon or Neptune, Water

### Lemon verbena

Purification, love charms, youth, beauty and attractiveness to the opposite sex. Wear around your neck or place under a pillow to prevent dreams.

Feminine, Venus, Air

Lemongrass

Repels spite, protects from snakes, increases psychic awareness

Gemini

Lettuce

Purity, love, divination, sleep

Liquorice

Love, passion, fidelity

Lilac

Protection, warding off evil or banishing rituals, beauty, love, harmony and balance  
Cleansing negativity, domestic bliss, nostalgia

Taurus Feminine, Venus, Air

Lily

Purity, breaking negative forces

Virgo

Lily of valley

Increase mental ability, happiness, restore joy

Gemini

Lime-linden

Justice, cooperation, partnerships, officialdom Associated with conjugal love or attraction and longevity

Feminine, Jupiter, Water.

Liverwort

Protects

Lotus

Protection, reveals secrets

Lovage

Add the dried and powdered root to cleansing and purification baths to release negativity. Carry to attract love and the attention of the opposite sex.

Masculine, Sun, Water

Mace

Increase psychic awareness and mental powers

Magnolia

fidelity, idealism, strong principles

Capricorn

Mahogany (mountain)

Anti-lightening, anti-shock

Maidenhair fern

Beauty, love

Male fern

Luck. love

Mallow

Love, protection, exorcism

Mandrake

Money, fertility, health Add the dried and powdered root to cleansing and purification baths to release negativity. Carry to attract love and the attention of the opposite sex.

Masculine, Sun, Water

Mango

Health, permanence

Maple

Long life, health of children, money

Marigold

Protection, psychic powers, prophetic dreams, prophesy, legal matters, the psychic, seeing magical creatures, love, clairvoyance, dreams, business or legal affairs and renewing personal energy.

Place the flower beneath the head at night to induce clairvoyant dreams. Sometimes added to love sachets.

For internal use the flowers are prepared by infusion and recommended for the flu, fever, rheumatism, jaundice, and painful menstruation. Externally, buds are made into compresses for the treatment of burns. Marigold petal ointment can help chapped hands and varicose veins, also works wonders with eczema and inflammation. To ease inflammation, dip a compress into a strong marigold tea combined with an equal part of apple cider vinegar. Sprains can also be helped with marigold petals steeped in vinegar, or make a lotion with milk. Simmer 12 heads in 2 cups milk, steep, strain and apply. Also use as an antiseptic in first aid.

Leo Masculine, Sun, Fire. It should be gathered at noon.

Marjoram

health, money, healing. Add to all love charms, place a piece in rooms for protection. Give to a grieving person to bring them happiness

Libra Masculine, Mercury, Air

Masterwort

Strength, courage, protection

Meadowsweet

Divination, peace, happiness

Protection against evil influences, promotes love, balance and harmony. Place meadowsweet on the altar when making love charms and conducting love spells to increase their potency.

Gathered at midsummer - associated with summer solstice Feminine, Jupiter, Water. A sacred herb of the Druids.

Wear at Lammas to join with the Goddess.

Mimosa

Protection, love, prophetic dreams Protection, love, dreams

Mint

Money, love, increased sexual desire, banish malevolence, protects travellers, healing, strength, augment power

Mint in tea form aids upset stomachs, flu, and can be used to ease hiccups. Inhalations of the leaves in boiling water is recommended for head colds and asthma. Mint tea used instead of aspirin is great for headaches, particularly pre menstrual headaches. Nervous headaches can be relieved if you lie in a dark room with fresh peppermint leaves on the forehead. Aids the respiratory and circulatory systems. An anti-inflammatory and an antiseptic. Ideal for treating indigestion, flatulence, varicose veins, headaches, migraines, skin irritations, rheumatism, toothache, and general fatigue.

Masculine, Mercury or Venus, Air.

### Mistletoe

Peace., purity, fertility and sexual potency, protection and good health Worn to attract love, or to help conceive.  
The all heal tree

### Moonwort

Money and love  
moon phases Cancer

### Mugwort

Strength, psychic dreams and powers. Clairvoyance, psychic dreams, astral projection, protection. Place in the shoes for protection and to prevent fatigue on long journeys.

Feminine, Venus, Air. The fresh leaves rubbed on a magic mirror or crystal ball will strengthen divinatory abilities. Mugwort is perhaps the most widely used Witches herb of all time

### Mulberry

Protection, strength

### Mullien

Courage, protection of animals and from evil spirits, health, love divination, banishes nightmares, and malevolence , cleansing of ritual and psychic places before and after working there.

Also used for cleansing and purifying ritual tools and altar

Masculine, Saturn, Fire.

### Mustard

Fertility, increase mental powers

### Myrrh

Banish negatives, spirituality: Purifying and protective incense for ritual areas

Excellent insect repellent and as a tincture it is good for bad breath and gum problems.

Feminine, Moon or Jupiter, Water.

### Myrtle

Preserves youth, fertility, peace, money. Marriage, fidelity. Grow indoors for good luck. Carry or wear Myrtle leaves to attract love, charms made of the wood have special magical properties. Wear fresh Myrtle leaves while making love charms, potions or during rituals for love.

Feminine, Venus, Water. Myrtle was sacred to the Greek Goddess Venus and has been used in love charms and spells throughout history

### Nasturtium

Success after struggles, triumph through effort

### Nettle

Banish negatives, healing, passion. To advert danger, protection, healing, courage, antidote for many poisons.

High in vitamin C and iron and when in tea form can ease asthma and increase your energy levels.

Masculine, Mars, Fire

### Nutmeg

Clairvoyance and psychic power of visions

Poisonous in quantity

Feminine, Jupiter, Air.



## Oak

It has always been considered unlucky to cut down an oak. After getting permission from the tree's Dryad, burn oak leaves for purification of ritual spaces. Oak is often used for all-purpose wands and they imbue great power. The acorns have been carried to increase fertility in women and to increase sexual appeal by men, preserve youth and to banish illness. Hang Oak over windows and doors to protect your house from evil spirits.

The Oak is a sacred tree in many cultures. A Witch will often seek out a grove of Oak to perform rites. King of the waxing year,

Druid sacred tree

Masculine, Sun, Fire. Sagittarius

## Oats

Money

## Oleandar

caution

## Olive

Peace, reconciliation, forgiveness, abundance, nourishment

Libra

## Onion

Protection and healing. Place cut onions in a sick persons room to absorb the illness. Leave them overnight and throw away in the morning.

Masculine, Mars, Fire.

## Orange

Love, abundance, luck, money The dried and powdered peel is added to love and fertility charms

Feminine, Jupiter, Water.

## Orchid

Spirituality, unique worth, grace, blessings

Aquarius

## Oregon grape

Money, prosperity

## Orris

Love, divination . sexual appeal. Use in charms, amulets, sachets, incenses and baths.

Feminine, Venus, Water

## Palm, date

Fertility, self-renewal, life-cycle

Leo

## Pansy

Affection, affection, divination

Rain magic

Capricorn

## Parsley

Love, protection, passion, purification

Fresh parsley leaves in tea form are a treatment for cramps, while dried root decoctions eases urinary infections and arthritis. Externally, crushed leaves relieve insect bites, and may be applied in poultice form to sprains.

Widely used as a culinary herb

Masculine, Mercury, Air. Gemini

Passion flower  
Sacrifice, peace, sleep, friendship

Patchouli  
Aphrodisiac and attractant of lovers for either sex  
Masculine, Sun, Earth.

Peach  
Marriage and birth, happiness, fertility, long life, wishes

Pear  
New life, health, women  
Aquarius

Pennyroyal  
Strength, protection, peace weariness  
deters insects. Avoid Pennyroyal while pregnant  
Feminine, Venus, Earth.

Pepper  
Protection. Banish malevolence, overcome inertia and gives focus, positive anger for change.  
Use in protective charms  
Masculine, Mars, Fire

Peppermint  
Purification, energy, love, healing, increase psychic power  
Aries

Periwinkle  
Protection against evil influences. Hang around doors and windows. Passion, increase mental power, money  
Feminine, Venus, Water.

Pimpernel  
Protection, maintains good health. Wear to detect falsehood to prevent or know when others are lying to you.  
Masculine, Mercury, Air.

Pine  
Fire and illumination, cleansing, balance, healing, fertility, friendship in adversity, purification against illness, knowledge, protection, money, returns hostility to sender  
Pine buds prepared by decoction act as an expectorant and antiseptic. This same mixture can be used for inhalation for head colds, although it is easier to toss some needles in hot water. Green cones and needles can be added to bath water to ease muscle pains and swelling. For magic, pine is best suited. Winter solstice. Needles gathered at midsummer .  
Aries Masculine, Mars, Air  
Attunement to nature, centering  
A good winter incense,

Poplar, black  
Endings  
Capricorn  
Poplar, white  
Astral projection, money, hope, rebirth, divination  
Capricorn

### Poppy

Eat poppy seeds as a fertility charm, just don't take a urine test at work for a few days afterward. Carry the seeds or dried seed-pod as a prosperity charm  
Feminine, Moon, Water.

### Primrose

New beginnings, reconciliation  
Libra

### Purslane

Sleep, luck, love, protection, happiness

### Quince

Protection, love, happiness

### Ragweed

Courage

### Rose

Love, enchantment, increase psychic powers, healing, love divination  
Conserves of roses or rose petals in honey are often recommended for nausea and sore throats. Roses are high in vitamin C.  
Spring/summer equinoxes  
Taurus: Feminine, Venus, Water.

### Rosemary

Love, youth, passion, Improve memory mental & intellectual power, banish nightmares and depression, purification, preserve youthfulness. Add to all purification bath sachets, love incenses, and protection incenses. Make a simple of rosemary and use it to cleanse the hands before working magic, if you have no time for a regular ritual bath. Burn rosemary and juniper as a healing and recuperation incense  
Promotes healing of wounds, acts as an antiseptic, and can be a mild stimulant. Good in teas for treating flu, stress, and headaches or body aches. Mental and physical booster. Used for treating (oil form) muscular sprains, arthritis, rheumatism, depression, fatigue, memory loss, migraine headaches, coughs, flu and diabetes. Excellent remedy for acne or cellulite. When the leaves are soaked in wine for two weeks, small glasses may be taken as a digestive aid. Oil of rosemary is excellent in hair conditioners, and the flowers of this herb may be added to lotion recipes to improve the complexion.  
Masculine, Sun, Fire

### Rowan

Domestic protection, psychic power, healing metal dowsing, astral projection Protection, good luck, healing.  
White Goddess tree  
Scorpio: Masculine, Sun, Fire

### Rue

Protect against illnesses and speeds recovery from surgery or wounds, love enchantment, banishes regrets and redundant guilt or anger  
purification of ritual spaces and tools, clearing the mind of emotional clutter  
Leo Masculine, Sun, Fire.

### Rye

Love, fidelity

### Saffron

Love, healing, raising winds, passion, increase psychic powers and offers second sight: Prosperity, healing and sexual prowess in men

Masculine, Sun, Fire.

### Sage

Long life, grants wishes, protection, improves memory wisdom, protection, healing, health.

Can be used in an infusion to aid digestion, or as part of a honey wine to fight colds and fever. When applied in compresses it can ease many skin discomforts, including dandruff. If made into cream it is good for muscular pain, and if dried and smoked sometimes gives relief to asthma.

Samhain herb. Sagittarius Masculine, Jupiter or Venus, Air.

### Sandalwood.

Protection, healing, banish negatives, spirituality, contact with guardian angels

Feminine, Moon, Air

Herb for Lammas

### Savory

Increase mental power, passion

### Sesame

Money, passion

### Skullcap

Love and fidelity

### Slippery elm

Prevent malice and gossip

### Snakeroot

Luck, money

### Snapdragon

Kept secrets, finding what is lost

### Solomon's seal

Protection, banishes negatives and hostility

### Sorrel, wood

Healing, preserves health

### Spanish moss

Protection

### Spearmint

Healing, love, mental powers

### Spider wort

Love

St johns wort

Health, love, protection, power, love divination, happiness. Ward off fever and illness, a banishing or exorcism incense, the tea increases courage and will power.

Masculine, Sun, Fire

gathered on midsummer eve pass through the smoke of bonfires to purify, and hang in the house as protection and to prevent nightmares.

Star anise

Increases psychic awareness

Sunflower

Welcomes and invites the blessings of the Sun into the garden. The seeds are eaten by women to increase fertility

Develop potential self-esteem, confidence

Leo: Masculine, Sun, Fire.

Sweet pea

Friendship, purity, courage

Pisces

Sycamore

Protection, granting of wishes, increase of influences

Tamarind

New love, rebuilding of trust

Tansy

Health, long life, conception and pregnancy

Herb of spring equinox

Thistle

Strength, protects from thieves, and active hostility, speeds healing

Thyme

Sleep, psychic energy, courage, healing, purification incense, magical cleansing baths, a renewing of one's personal energy, warding off of negative energy. Improves memory, love divination.

Take a magical cleansing bath in the spring of thyme and marjoram (used in tea form or whole herbs). A pillow stuffed with it cures nightmares. Powerful antibacterial, antibiotic, and diuretic properties. It helps eliminate wastes from the body. It is used in treating whooping coughs, warts, rheumatism and acne. A strong antiseptic which when prepared by infusion is useful for poor digestion, exhaustion, colds, and infections, and with honey is an effective treatment for sore throats. Also used in tea form as a fever breaker, headache reducer and to be rid of intestinal worms, and can be used as a mouthwash. Also, a great insect repellent. Use both the leaves and flowers. This tea works best for headaches when taken cold. Aries Taurus Feminine, Venus, Water.

Toadflax

Banishes negatives and active hostility

Tulip

Desire for fame

Sagittarius

Turmeric

Purification

added to warm milk it regulates menstrual cycle.

### Valerian

Love divination, sleep, protect against hostility/despair

Purification or relaxing

Also acts as a good substitute for catnip. Use the fresh herb in spells of love, also to get fighting couples together. Used in the Purification bath baths.

Use the dried, powdered root. Promotes relaxation while counteracting the effects of insomnia, anxiety, nervousness, headaches, pre menstrual syndrome and menstrual cramping. For sleep, before bed take 1 teaspoon of herb to 1 pint of water and simmer. sachet

Feminine, Mercury or Venus, Water.

### Vanilla

The bean is used in a love charms, the oil is worn as an aphrodisiac, mental power

Libra Masculine, Jupiter, Fire

### Vervain

Transforms enemies into friends, prophecy, preserves youth, healing.

Ritual cleansing or sacred space, magical cleansing baths, purification incenses. Hang over the bed to prevent nightmares. Love and protection charms, Vervain is also an excellent for use in prosperity charms and spells as it brings good luck and inspiration.

Gather midsummer/when Sirius is ascendant

Taurus Feminine, Venus, Water.

### Vetivert

Breaks a run of bad luck, money, anti-theft, protect against negatives

Capricorn

### Vine

Rebirth and renewal, joy, ecstasy

Fairy magic

Libra

### Violet

Mix with lavender for a powerful love charm. The flowers are carried as a good-luck charm. Modesty, secrecy, uncovers hidden talents

A Violet and Lavender compress will aid in eliminating headaches. The scent will soothe, clear the mind and relax the wearer

Feminine, Venus, Water.

### Walnut

Health, mental power, granting wishes. Carry the nut as a charm to promote fertility and strengthen the heart

Tree of prophecy

trad; tree where witches meet

Virgo Masculine, Sun, Fire

### Water lily

Pisces

### Willow

Intuition, healing, making wishes come true, psychic energy, understanding emotions of others.

Willow wands can be used for healing. The Willow will bring the blessings of the Moon upon those who plant it or have it on their property. Willows can be used to bind together witch's brooms and a forked willow branch is widely used in water witching and dowsing.

The Moon tree, moon magic

Cancer Feminine, Moon, Water.

Winter's bark  
Success

Wintergreen  
Protection, healing, deflects hostility

Witch grass  
Happiness, passion, love, protects against negatives

Witch hazel  
Mends broken hearts and relationships, finds buried treasure and underground streams. protection  
In tincture form it is good as a mouth rinse and to ease hemorrhoids. As a compress, witch hazel can be applied to insect bites and other skin irritations.  
Masculine, Saturn or Sun, Fire.

Wolf's bane  
Protection, invisibility against hostility

Woodruff  
Victory, protection, money

Wormwood  
Wormwood is burned to gain protection from wandering spirits. Used in divinatory and clairvoyance incenses, initiation rites and tests of courage. Enables the dead to be released from this plane so they may find peace  
Masculine, Mars, Air

Yarrow  
Courage, love, marriage charms, psychic awareness, banish negatives. Divination  
In magic there is evidence that yarrow was often used as a component in incantations.. The tea drunk prior to divination will enhance one's powers of perception (a touch of peppermint brightens this brew up and always works better). .A powerful incense additive for divination and love spells  
A very potent healer, it intensifies the medicinal action of other herbs taken with it. Helps eliminate toxins (good for colds). Most useful in its abilities to staunch blood flow. In poultice form , it is useful against infections and swelling. Also drink the tea to stop arthritis symptoms such as swelling and inflammation associated with weather divination and generally end all aching, sore muscles, or stiff joints or back pain.  
Bring into house at midsummer -protects against illness/domestic strife  
Feminine, Venus, Water

Yew  
Permanence, aims that are slow to come to fruition but endure. Union between people after difficulty  
Tree of endings  
New coming from old.Capricorn

Yucca  
Transformation, change, protection, purification