



# U3A LOWER NORTH

*Sharing Skills and Experience with Friends*

**DECEMBER 2015 🍷 TERM ONE 2016**

**University of the Third Age Lower North Incorporated**

🍷 Post Office Box 480, Clare, South Australia, 5453 🍷

Phone 0447 601 142, Email [u3alownorth@gmail.com](mailto:u3alownorth@gmail.com)

Secretary: Beth Smith 8842 2506, [bethsmith43@outlook.com](mailto:bethsmith43@outlook.com)

Course Co-ordinator: Quentin Fleming 0447 601 142, [asku3a@gmail.com](mailto:asku3a@gmail.com)

Chair, newsletter & website: Claire Eglinton, 8842 3939, [eclair5453@gmail.com](mailto:eclair5453@gmail.com)

Publicity Officer: Justin Brady 8843 9212, [elizabethbrady3@bigpond.com](mailto:elizabethbrady3@bigpond.com)

U3A Lower North website: [www.u3alownorth.webs.com](http://www.u3alownorth.webs.com)

## *Dear Members,*

Greetings from a hollow in the Clare Valley which the neighbour's sheep are doing their best to mow.

This issue is being rushed to you so you can book for our end of year lunch and film. See details opposite.

There are also two important coming events around 27/28 November so check those out too.

Those of you who attended the AGM will know we now have our first Life Member and two new faces on the committee.

It is not often we have the luxury of choice requiring an election but this year we had 3 nominations for the two committee person positions. Welcome to Anne Smith (who is also our Meditation tutor) and Pauline Reid. Pauline comes to us from the Pt Phillip U3A in Victoria so will be able to teach us a thing or two.

Our thanks go to our two departing committee members, Val Tilbrook and Jan Slann.

All other committee members were returned to office with Justin Brady picking up the title of assistant secretary which is only justice as he has been performing minute secretary duties for some years.

The newly-installed ceiling-mounted data projector made screening this year's photography contest entries easier. The winner, announced by judge Ian Trengove, was Margarete Bisazza (French).

Dave Prior was an amusing guest speaker and after a surprise presentation there was nothing to hold us back from a great afternoon tea. Thanks to all who help make our AGMs fun rather than glum.

## **End of Year Lunch & Film**

**Feasting then Robert De Niro for afters. Yum. What more could one want?**

Friday 4 December will be our final day for the U3A year with lunch, 12 for 12.30, at the Blyth Hall supper room. Please bring a plate of finger food suitable for sharing. Soft drinks provided.

After lunch and a chat (remember name tags), it's on to the air-conditioned cinema for *The Intern*.

*The Intern* is a recent release American comedy starring Robert De Niro and Anne Hathaway.

Lots in this film to appeal to us. At one level it is about finding fulfilment in retirement and generational change, particularly in the workplace.

Its subtitle is 'experience never gets old' which could be a slogan for U3A. Older people have a power of wisdom and experience ready to be tapped and they are also capable of meeting new challenges like social media . . . *if* they want to.

We are looking forward to seeing you there, so **please get your bookings to Quentin or Beth as soon as possible** and mention if you need a lift. (Just attending the lunch or the movie is an option.)

Do take this opportunity to catch up and thank group leaders before we all go off in different directions for the festive season. Are you going away? I think I'll just hibernate until next term starts.

Please make any payments before 12.15. Peter will accept 2016 subscriptions.

## AUBURN U3A CLASSES

Cherie Harvey has invited us to trial some groups in Auburn and offered us a venue in the old Courthouse. That is an offer too generous to refuse so everyone from the southern end of the valley please tell your friends and make this venture work.

Of course we already have Gerald Moore's **Art** group in Auburn but there is no reason why it couldn't be a secondary hub for U3A Lower North.

**Mahjong** was Cherie's first request and Sue Beaton has agreed to be group leader for mah-jong on Tuesday afternoons. **Petanque** wasn't attracting enough players in Clare so Malcolm Weddle is happy to transfer to Auburn. I believe there is a proper rink at Mt Horrocks Wines which will be a real change after the grass of Catford Gardens.

Mary Clark, whose **Knitting and Crochet** group has been a great success, is willing to duplicate it in Auburn. There is something very therapeutic about sitting around socialising while achieving satisfaction from finally completing a craft project.

We may look at starting up an **Exercise** group at Auburn next year which will rely on videos made by U3A NSW. These were created by a former South Australian and many U3As who lack suitable leaders have found them very useful.

## FIRST LIFE MEMBER ANNOUNCED

We tried to keep it a surprise so thank you to those who took my vague advice to attend and applaud Val's contribution. Behind Val's back we had been secretly plotting and, just before the end of the meeting, it was my privilege to present Val Tilbrook with Life Membership "for outstanding service".

Val was a foundation member of the committee as vice president then took on the job of course coordinator in 2005 until the present. For all that time she has been group leader for Australian History, later adding Film, and Coffee and Chat to her portfolio. It will be a long time before anyone matches that record.

Thankfully new course coordinator Quentin Fleming was there as lifting the presentation arrangement of Australian native flowers required some muscle.

## GROUP LEADERS SAVE THE DATE

Group Leaders have a date to put in their 2016 diary. We will be having our annual catch-up between committee and group leaders early in the New Year and we have pencilled in Monday 29 February.

Despite not having outside funding we are going to persist with the Clare Hotel venue. We will probably

gather at the Domain, have a drink and nibbles while discussing group leader business. The main criticism of last year's event was that there was less chance to talk with long tables and everyone immediately grabbing a seat so we will try to do better this time.

## ART EXHIBITION OPENS SOON

You are all invited to the opening of the U3A Art Exhibition, 2 pm, **Friday 27 November**, Gally's Meeting House, Farrell Flat.

If you want to book for the afternoon tea which follows the speeches, please book with Val: 8842 2376 or 0448 183 748.

At last we have an Art Exhibition Coordinator. Pauline Reid is a member of Gerald's class as well as the committee so will be well placed to liaise between all interested parties. At the moment she is hard at work designing some flyers to advertise the event.

## ODDMENTS

Greta Handmer will be keeping up her leadership of **Cryptic Crosswords**, which meets in her home, but has handed over the **Book Group**, which meets at Clare Library, to Marianne Holliday.

**Walking Group** which also used to be run by Greta before moving into the care of Lorraine Thompson has moved on yet again to Margaret Daly.

**Exercise** class details are undecided. Chris Roberts has run these classes for about 30 years and only recently came under the umbrella of U3A. Now Chris is in negotiations with The Valleys to move under their umbrella. Will they still be U3A classes? What will they cost? Will they be at The Valleys or back at the Lutheran hall? I don't know so I can only suggest that you enrol and we will let you know when we do.

A photo of a group walking single file busily scanning the ground for rare species gained an honourable mention at the AGM. Margarete Bisazza's winning snap was taken at the lunch she hosts for fellow members of her French group to celebrate Bastille Day. Mortifyingly the photo was of yours truly horsing around with a stick-on moustache and beret.

Recent meetings showed public support for retaining the Domain so I am more confident of Council granting us tenure. U3As are cost-effective ways for local government to provide services to seniors.

Best wishes for the festive season and fill in those forms so we can continue working on a great 2016.

*See you at Blyth,  
Claire*

## READERS AND WRITERS

The Clare Readers & Writers Festival is in its third year. The Festival runs over the weekend **28-29 November** and will be held in the Clare Town Hall precinct. Keynote addresses, panel discussions, author talks and workshops make up the Saturday program. Saturday afternoon/evening there is a BBQ and writers market in Ennis Park. Everyone is invited and welcome to attend this event. If you're serious about writing, come and learn from the masters at the Sunday writers' masterclasses.

Organisers have another fabulous line up with crime writer Michael Robotham, winner of the 2015 Crime Writers' Association Gold Dagger Award for his novel *Life or Death*; Australian women's fiction author Rachel Johns; former Test cricketer Ashley Mallett, author of *The Diggers' Doctor*, his 32nd book; fantasy author, Jo Spurrer; local Clare author Meredith Appleyard with her best-selling debut novel, *The Country Practice*. Festival Patron, Fiona McIntosh will present the keynote address on the Saturday.

Please support this local event. Full program and registration details [www.thewriteweek.com](http://www.thewriteweek.com) or Miss Gracie Taylor's Preloved Books, Ness Street, Clare. For more information: Meredith 0438 422 190.

The U3A educational movement started in 1973 at Toulouse University in south-western France.

*Those who can make you believe absurdities can make you commit atrocities.*  
- Voltaire



## ANNUAL MEMBERSHIP FEE

Unchanged since 2004 and still a bargain at \$25, membership fees fall due in February. You won't need a reminder in the New Year if you enclose payment with your enrolment or end-of-year lunch booking.

Payments can be made:

- at the lunch before 12.15 (place exact money and completed booking slip inside an envelope); OR
- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; OR
- pay online. (U3A Lower North Inc., No. 39480340; BSB 105 030. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to [u3alownorth@gmail.com](mailto:u3alownorth@gmail.com)) OR
- treasurer Peter Wood will be in the Domain office on Friday 29 January 2015, from 10 am to 2 pm accepting payments in person.

## 2016 U3A CALENDAR

2016 has four 8-week terms divided by generous gaps because we know holiday time is a priority for many be it for travel or minding grandkids.

If meeting outside these dates please inform the committee for insurance reasons.

**TERM 1:** Friday 12 February to Monday 11 April  
Group Leaders Evening: \_\_\_\_\_ Monday 29 February

**TERM 2:** \_\_\_\_\_ Monday 9 May to Monday 4 July

**TERM 3:** Monday 1 August to Friday 23 September

**TERM 4:** \_\_\_\_\_ Monday 17 October to Fri. 9 December  
Annual General Meeting: \_\_\_\_\_ Friday 4 November

End-of-year lunch & movie: \_\_\_\_\_ Friday 9 December

# End-of-Year Break-up Lunch & Film

**Friday 4 December 2015**

**Blyth Supper Room & Blyth Cinema**

**Film: 'The Intern'**

Lunch 12 for 12.30 pm (Payments to be completed before 12.15)

**Please bring a generous plate of finger food to share**

\$12 a head, contact Quentin or Beth to book (mention if you need transport)

\$2 option for lunch only, or \$10 for movie only. Booking slip over page with enrolment

## 2016: FIRST TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Ancestry*	<i>Dianne Richardson</i>	By appointment	15/02/2016	49 Albert St
Art	<i>Gerald Moore</i>	Wed 9:30am - 1:30pm	17/02/2016	Auburn
Book Group	<i>Marianne Holliday</i>	Alt Thu 10:30am - 12noon	25/02/2016	Clare Library
Contract Bridge	<i>Eleanor Thomas</i>	Thu 3pm	18/02/2016	St Barnabas
Chess	<i>Ian Bails</i>	Tue 2:30 - 4:30pm	16/02/2016	Essington Mews
Chinese (Mandarin)	<i>Ron Bevan</i>	Mon 10am - 12noon	15/02/2016	Domain
Classical Music	<i>Moira Kleinig</i>	1st, 3rd, 5th Thu 2pm	18/02/2016	2/10 Harriet St
Coffee & Chat	<i>Val Tilbrook</i>	Wed 10:30am	17/02/2016	Clare Rise Bakery
Computing	<i>Quentin Fleming</i>	Tue 1 - 3pm	16/02/2016	Domain
Cryptic Crosswords	<i>Greta Handmer</i>	Alt Thu 10:30am - 12noon	18/02/2016	25 Edward St
Drumbeat	<i>John Monten</i>	Mon 10am - 12noon	15/02/2016	St Barnabas
Exercise I	<i>Chris Roberts</i>	Tue 9 - 10am	16/02/2016	Lutheran Hall
Exercise II	<i>Chris Roberts</i>	Tue 10 - 11am	16/02/2016	Lutheran Hall
Film Group	<i>Val Tilbrook</i>	2nd Tue 2pm	16/02/2016	Blyth Cinema
French: Back to Basics	<i>Claire Eglinton</i>	Thu noon - 1:15pm	18/02/2016	Domain
French	<i>Claire Eglinton</i>	Thu 1:30 - 3:30pm	18/02/2016	Domain
Furniture Restoration	<i>Barrie Smith</i>	Wed 10am - 12noon	17/02/2016	Blyth
History	<i>Val Tilbrook</i>	Fri 10am - 12noon	12/02/2016	St Barnabas
Irish Culture, Language	<i>Ian Bails</i>	Tue 9:30am - 12noon	16/02/2016	Essington Mews
Knitting	<i>Mary Clark</i>	Tue 2 - 4pm	16/02/2016	Domain
Knitting	<i>Mary Clark</i>	Wed tba	17/02/2016	Auburn
Mah-jong	<i>Pam Murray</i>	Wed 2 - 4pm	17/02/2016	St Barnabas
Mah-jong	<i>Sue Beaton</i>	Tue 2 - 4pm	16/02/2016	Auburn
Meditation for Wellbeing	<i>Anne Smith</i>	Tue 10 - 11:30am	16/02/2016	Domain
Meditation for Wellbeing	<i>Anne Smith</i>	Mon tba	15/02/2016	Auburn
Petanque	<i>Malcolm Weddle</i>	Mon 1:30pm	15/02/2016	Auburn
Quilting	<i>Lesley Bray</i>	Thu 10am - 1pm	18/02/2016	St Barnabas
Scrabble	<i>Carol Stewart</i>	Mon 1:15pm	15/02/2016	St Barnabas
Walking Group	<i>Margaret Daly</i>	Mon 8am	15/02/2016	Lennon St east



PLEASE RETURN lunch & film bookings to Course Co-ordinator, Quentin Fleming, by Monday 30 November at P.O. Box 480, Clare SA 5453, or phone 0447 601 142, or email asku3a@gmail.com

ENROLMENTS accepted until Monday 1 February 2016. **Annual subscription: \$25.**

\*Ancestry \$20 per term. Most groups pay a small contribution per session towards venue costs.

Please enrol me in: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ Year of birth: \_\_\_\_\_ Country of origin \_\_\_\_\_

Newsletters by post [ ] email [ ] Payment by cheque [ ] cash [ ] EFT [ ] Details overleaf

### 2015 END OF YEAR LUNCH & FILM \$12

I will be attending the U3A lunch (12 for 12.30) & film on Friday 4 December with \_\_\_\_\_ guests.

**If paying at event** (before 12.15 please), put this slip and exact money in envelope to speed processing.

All information kept in accordance with U3A Lower North Inc. privacy policy.