

BIKA : cruising in a nutshell



Can you still cross big oceans in a 26 foot sailboat? Without an engine, an autopilot, a fridge and a phone? Is the basic 70's approach to blue water cruising valid today? Norwegians Henrik Nor-Hansen and Nina Kristin Nilsen left Norway in 2005 aboard their 1976 sailboat BIKA. They sailed to Africa, across the Atlantic, to Colombia and Canada, before heading down the Mississippi river towards Mexico and the Pacific. Simple solutions mean less problems and repairs, more freedom and silence. The tiny boat has given them the lifestyle of their dreams; it's adventurous, alternative, affordable and green.



Nina Kristin Nilsen is an experienced speaker and offers talks about life aboard BIKA.

Are they coming your way? Are you, your club or your job interested? For more information, contact BIKA at sybika@hotmail.com. Read more at www.freewebs.com/sybika-eng.