



spillyjane knits



Pittsworth

By SpillyJane

<http://spillyjane.blogspot.com>



The Socks:

Size: Women's Medium (or any foot/leg that is 8" in circumference.)

Gauge: 8 stitches = 1 inch (2.5 cm) in Stockinette st.

Yarn: 1 skeins of Misti International Hand Paint Sock Yarn (437 y / 100 g) in Vegan or the equivalent amount of any other comparable fingering weight yarn.

Needles: One set of five (5) double pointed needles in US 2 (2.75 mm) or size necessary to obtain gauge.

Notions: A stitch marker to mark beginning of round (optional,) and a sewing needle to weave in ends.



Stitch Guide:

1/1 LpC: Slip 1 stitch to cable needle, hold in front, purl 1 from left needle, knit 1 tbl from cable needle. 1/1 Ltp completed.

1/1 RpC: Slip 1 stitch to cable needle, hold in back, knit 1 tbl from left needle, purl 1 from cable needle. 1/1 Rtp completed.

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1/2 LC: Slip 1 stitch to cable needle, hold in front, knit 2 tbl from left needle, knit 1 from cable needle. 1/2 LC completed.

1/2 RC: Slip 2 stitches to cable needle, hold in back, k1 stitch from left needle, knit 2 tbl from cable needle. 1/2 RC completed.

2/2 LCTw: Slip 2 stitches to cable needle, hold in front, knit 2 tbl from left needle, knit 2 tbl from cable needle. 2/2 LCTw completed.

2/2 LpC: Slip 2 stitches to cable needle, hold in front, purl 1 and then k1 tbl from left needle, knit 2 tbl from cable needle. 2/2 LpC completed.

2/2 RpC: Slip 2 stitches to cable needle, hold in back, knit 2 stitches tbl from left needle, k1 tbl and then purl 1 from cable needle. 2/2 RpC completed.



The Pattern:

Cuff: Cast on 60 stitches using the Long Tail Cast On, or any other stretchy cast on. Distribute stitches evenly across four (4) needles – 15 stitches on each. The needles will now be known as **Needles 1, 2, 3** and **4** respectively. Being careful not to twist the stitches, join in the round by moving the first stitch cast on on **Needle 1** to **Needle 4**. Pass the last stitch cast on **Needle 4** over this stitch and onto **Needle 1**. Thus the first and the last stitches have switched places. Prepare to begin to work in the round, working the cuff as follows:

Round 1: K3 tbl, p2. Repeat across all sts for the entire round.

Repeat **Round 1** for the next eleven (11) rounds, for a total of twelve (12) rounds of ribbing. Prepare to work leg, working from **Chart A**.

Knit **Chart A** in its entirety (49 rounds,) **once**. Each row of **Chart A** will be worked twice per round. When **Round 49** of **Chart A** is being worked across **Needle 4**, work until there is one (1) stitch left unknit on **Needle 4**. The leg is complete. Prepare to set up to begin working the heel flap.

Heel Flap: The heel flap is worked in Stockinette stitch over 30 stitches. Begin by slipping the last unknit stitch on **Needle 4** to the beginning of **Needle 1**. There are currently 16 stitches on **Needle 1** and 14 stitches on **Needle 4**. Now, slip the last stitch on **Needle 2** to the beginning of **Needle 3**. There are now 14 stitches on **Needle 2** and 16 stitches on **Needle 3**. Knit across all 16 stitches on **Needle 1** as well as all 14 stitches on **Needle 2** onto **Needle 1** (30 stitches total on what is now known as **Needle 1**.) Set the remaining 30 instep stitches (on what are now known as **Needle 2** and **Needle 3**, respectively,) aside for the time being. Turn work, slip the first stitch on **Needle 1** purlwise, and **purl** across all sts. Turn work and proceed as follows:

Row 1: Slip first stitch purlwise, knit all sts.

Row 2: Slip first stitch purlwise, purl all sts.

Repeat Rows 1 and 2 until the heel flap is 2" square (or desired length -- higher insteps will require a longer heel flap, and lower insteps a shorter one.) When the heel flap is complete, finish at the end of **Row 2**, preparing to knit across the right side of the heel flap. There should still be 30 sts on Needle 1. Prepare to turn the heel.

Turn Heel:

Proceed as follows, turning work after each completed row:

Row 1: Slip first stitch purlwise, k16, ssk, k1. Turn work.

Row 2: Slip first stitch purlwise, p5, p2tog, p1. Turn work.

Row 3: Slip first stitch purlwise, k6, ssk across gap, k1. Turn work.

Row 4: Slip first stitch purlwise, p7, p2tog across gap, p1. Turn work.

Row 5: Slip first stitch purlwise, k8, ssk across gap, k1. Turn work.

Row 6: Slip first stitch purlwise, p9, p2tog across gap, p1. Turn work.

Row 7: Slip first stitch purlwise, k10, ssk across gap, k1. Turn work.

Row 8: Slip first stitch purlwise, 11, p2tog across gap, p1. Turn work.

Row 9: Slip first stitch purlwise, k12, ssk across gap, k1. Turn work.

Row 10: Slip first stitch purlwise, p13, p2tog across gap, p1. Turn work.

Row 11: Slip first stitch purlwise, k14, ssk across gap, k1. Turn work.

Row 12: Slip first stitch purlwise, p15, p2tog across gap, p1. Turn work.

Work **Rows 1 - 12** until all heel stitches have been used up, stopping at the end of **Row 12** (18 sts remain).

Knit across all stitches and prepare to work gusset.



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Gusset: Using another needle, pick up one stitch in each of the slipped stitches along the side of the heel flap leading towards the instep stitches. The number of stitches that will be picked up will vary with the length of the heel flap. Knit these stitches through the back of the loop to tighten them.

Pick up 1 stitch between this needle (now known as **Needle 1**), and **Needle 2**. Work across instep stitches (**Needles 2 and 3**) working from **Chart B**, starting at the beginning of **Round 1**. These 30 instep stitches are divided across **Needles 2 and 3** with 15 stitches on each Needle.

Knit **Chart B** in its entirety (20 rounds,) **once**. **Please note** that each row of **Chart B** shows **each instep stitch** and should be worked **once** across all 30 stitches on **Needles 2 and 3**. When **Chart B** has been completed begin working from **Chart C** for the rest of the foot.

****Please note** that the four (4) rounds of **Chart C** will be worked as many times as necessary until the foot is the desired length. Continue working gusset.

Chart B – instep:

	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
20	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
19	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	19
18	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
17	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	17
16	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
15	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	15
14	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
13	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	13
12	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
11	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	11
10	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
9	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	9
8	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
7	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	7
6	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
5	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	5
4	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
3	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	3
2	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
1	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	1

Stitches used in this pattern:

- knit tbl
- pur1
- knit
- 1/2 LC
- 1/2 RC
- 1/1 LpC
- 1/1 RpC
- 2/2 Lctw
- 2/2 LpC
- 2/2 RpC

Chart C – instep (cont'd):

	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
4	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
3	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	3
2	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
1	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	1

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Pick up 1 stitch between **Needle 3** and what will be the picked-up stitches on **Needle 4**. Proceed to pick up these stitches, attempting to match the number of stitches that were picked up on the opposite side of the heel flap. Knit these stitches through the back of the loop to tighten them. Knit the first 9 stitches from **Needle 1** onto this same needle (**Needle 4**.) Prepare to begin the gusset decreases.

To decrease for the gusset proceed as follows:

Round 1: **Needle 1** – knit to the last 3 stitches, k2tog, k1.
Needle 2 – work across instep in established pattern.
Needle 3 – work across instep in established pattern.
Needle 4 – k1, ssk, knit all other stitches.

Round 2: **Needle 1** – knit all stitches.
Needle 2 – work across instep in established pattern.
Needle 3 – work across instep in established pattern.
Needle 4 – knit all stitches.

Repeat these two (2) Rounds as many times as necessary until the number of stitches is back down to 60 with 15 stitches on each Needle. Prepare to knit foot.

Foot: Continue working in established pattern until piece is approximately 2” less than the desired length of sock. Stop working the pattern across the instep at this point. The pattern can be stopped at any point, depending on length of foot. Knit to the end of **Needle 4**. Prepare to begin to set up for the toe decreases.

Toe: Ensure that there are 15 stitches distributed evenly across all 4 Needles. Proceed to the toe decreases.

Decrease for the toe in the following manner:

Round 1: **Needle 1** – knit all stitches to the last 3 stitches, k2tog, k1.
Needle 2 – k1, ssk, knit across all stitches.
Needle 3 – knit all stitches to the last 3 stitches, k2tog, k1.
Needle 4 – k1, ssk, knit across all stitches.

Round 2: **Needles 1-4** – knit across all stitches.

Repeat these two rounds until there are 4 stitches remaining on each needle (16 sts.) Knit across the stitches on **Needle 1** with **Needle 4** and slip the stitches from **Needle 3** to **Needle 2**. Graft stitches together using Kitchener stitch.

Finishing: Weave in ends. Block lightly if desired.



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