

spillyjane knits



Heather's Mittens

By SpillyJane

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The Mittens:

Please Note: Instructions are provided for making both regular and fingerless mittens. Please take care to follow the directions for the type of mitten that you are making. Also note that the yarn requirements remain the same for the fingerless mittens – one ball each of Knit Picks Palette, in the given colours or the colours of your choice.



Size: Women's Medium (or any hand that is 8" in circumference.)

Gauge: 10 stitches = 1 inch (2.5 cm) in Stockinette st.

Yarn: One ball of Knit Picks' Palette (231yd / 50g) in each of the following colours: Bark (Main Colour -- MC,) and Clover(Contrast Colour – CC.) Alternately, any other fingering yarn in these colours or colours of your choice may be used. A 15" piece of waste yarn of the same weight in a contrasting colour to hold the thumb stitches is also required.

Needles: One set of five (5) double pointed needles in US 0 (2 mm) or size necessary to obtain gauge.

Notions: A stitch marker to mark beginning of round (optional,) and a sewing needle to weave in ends.



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The Pattern:

Cuff: Using the Contrast Colour (CC), cast on 72 stitches using the Long Tail Cast On, or any other stretchy cast on. Distribute stitches evenly across four (4) needles – 18 stitches on each. The needles will now be known as **Needles 1, 2, 3** and **4** respectively.

Being careful not to twist the stitches, join in the round by moving the first stitch cast on on **Needle 1** to **Needle 4**. Pass the last stitch cast on **Needle 4** over this stitch and onto **Needle 1**. Thus the first and the last stitches have switched places. Prepare to begin to work in the round working from **Chart A**:

Chart A – cuff:

	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
							M							M							9
8	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	
	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	7
6	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	
	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	5
4	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	
	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	3
2	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	
	●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘		●	⌘	●	⌘	●	⌘	1

Chart symbols:

- knit
- purl
- ⌘ knit tbl
- M make 1
- no stitch

Knit **Chart A** in its entirety (9 rounds,) repeating each row of the chart across each individual needle for a total of four (4) repeats per round. When **Round 9** of **Chart A** has been worked across **Needle 4** the cuff is complete and there should be 20 stitches on each Needle. Prepare to begin to work mitten body, following **Chart B**.

Mitten Body:

Work from **Chart B**, following from right to left. Please note that the chart shows every stitch in every Round. Continue working from **Chart B** until **Round 36** where there is a mark denoting thumb placement. Prepare to set aside stitches for the thumb.

Thumb Placement:

For Left hand mitten: Knit across **Needles 1 and Needle 2 and Needle 3**. Knit the first two (2) stitches on **Needle 4**. Using the 15" piece of waste yarn knit the next 15 stitches on **Needle 4**. Slip these stitches back onto the left hand needle and continue to knit in pattern. Knit the last three (3) remaining stitches on **Needle 4** (20 stitches on **Needle 4**).

For Right hand mitten: Knit across **Needles 1 and Needle 2**. Knit the first three (3) stitches on **Needle 3**. Using the 15" piece of waste yarn knit the next 15 stitches on **Needle 3**. Slip these stitches back onto the left hand needle and continue to knit in pattern. Knit the last two (2) stitches on **Needle 3** (20 stitches on **Needle 3**). Knit across all stitches on **Needle 4**.

NOTE: If making **Fingerless Mittens** please work from the following directions. If making regular mittens please skip the following directions and proceed to the **Regular Mittens** section.



Fingerless Mittens:

Knit to the end of **Round 53**, or until mitten reaches just below the recipient's knuckles (or desired length.) Stop working from **Chart B**. Prepare to begin to complete mitten body as follows:

Round 1: K all sts in MC.

Rounds 2 – 6: Using CC only, k1 tbl, p1 across all sts.

Bind off all stitches loosely. The fingerless mitten body is complete. Proceed to work the fingerless mitten thumb.

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Fingerless Mitten Thumb: Pick up 15 stitches both above and below the stitches held on the waste yarn for a total of 30 stitches, discarding the waste yarn when finished. Divide the stitches evenly across four needles – eight (8) stitches on **Needle 1**, seven (7) stitches on **Needle 2**, eight (8) stitches on **Needle 3** and seven (7) stitches on **Needle 4**, for a total of 30 stitches. Be sure to also pick up two (2) stitches at either side of the thumbhole -- one each at the end of **Needles 2** and **4** (32 stitches total – 8 stitches on each needle.)

Prepare to knit the first thumb round in pattern according to the chart, starting from the outer lower corner and working across the front of the thumb. This will be known as **Needle 1**. Knit across **Needle 2** continuing the palm pattern. It is not necessary to continue the palm pattern across **Needles 3** and **4**. Knit across these needles as follows:

Needles 3 and 4: K1 MC, k1 CC. Repeat across all stitches to the end of **Needle 4**.

Continue knitting **Needles 1** and **2** of the thumb in the palm pattern and **Needles 3** and **4** in the k1 MC, k1 CC “rib” until thumb reaches just below the recipient’s thumb joint(or desired length,) knitting to the end of **Needle 4**. Stop working from **Chart B**. Prepare to begin to complete thumb as follows:

Round 1: K all sts in MC.

Rounds 2 – 4: Using CC only, k1 tbl, p1 across all sts.

Bind off all stitches loosely. The fingerless mitten thumb is complete. Proceed to **Finishing** directions below.

Regular Mittens:

Continue knitting from **Chart B** until mitten reaches 1.25” less than the recipient’s finger tips (or desired length.) Prepare to begin finger decreases.

Finger Decreases: Decrease for the fingertips in the following manner:

Needle 1: Slip the first stitch, k1 in CC, pass slipped stitch over, k across all remaining stitches in pattern.

Needle 2: K across all stitches in pattern until two (2) stitches remain. K these two stitches together using CC.

Needle 3: Slip the first stitch, k1 in CC, pass slipped stitch over, k across all remaining stitches in pattern.

Needle 4: K across all stitches in pattern until two (2) stitches remain. K these two stitches together using CC.

Repeat this procedure until 44 stitches remain, working the final round to the end of **Needle 4**. There should now be eleven (11) stitches on each Needle (44 stitches total.) Slip all stitches from **Needle 2** onto **Needle 1**, and all stitches from **Needle 4** onto **Needle 3** (22 stitches on each Needle). Break MC yarn, leaving a long enough tail to be woven in. Break CC yarn, leaving a generous amount to graft remaining stitches. Using CC yarn, Kitchener stitch the top of the mitten closed. Prepare to knit thumb.

Thumb: Pick up 15 stitches both above and below the stitches held on the waste yarn for a total of 30 stitches, discarding the waste yarn when finished. Divide the stitches evenly across four needles – eight (8) stitches on **Needle 1**, seven (7) stitches on **Needle 2**, eight (8) stitches on **Needle 3** and seven (7) stitches on **Needle 4**, for a total of 30 stitches. Be sure to also pick up two (2) stitches at either side of the thumbhole -- one each at the end of **Needles 2** and **4** (32 stitches total – 8 stitches on each needle.)

Prepare to knit the first thumb round in pattern according to the chart, starting from the outer lower corner and working across the front of the thumb. This will be known as **Needle 1**. Knit across **Needle 2** continuing the palm pattern. It is not necessary to continue the palm pattern across **Needles 3** and **4**. Knit across these needles as follows:

Needles 3 and 4: K1 MC, k1 CC. Repeat across all stitches to the end of **Needle 4**.

Continue knitting **Needles 1** and **2** of the thumb in the palm pattern and **Needles 3** and **4** in the k1 MC, k1 CC “rib” until thumb reaches the tip of the recipient’s thumbnail (or desired length,) knitting to the end of **Needle 4**. Prepare to begin thumb decreases. Decrease for thumb as follows:

Needle 1: Slip the first stitch, k1 in CC, pass slipped stitch over, k across all remaining stitches in pattern.

Needle 2: K across all stitches in pattern until two (2) stitches remain. K these two stitches together using CC.

Needle 3: Slip the first stitch, k1 in CC, pass slipped stitch over, k across all remaining stitches in pattern.

Needle 4: K across all stitches in pattern until two (2) stitches remain. K these two stitches together using CC.

Repeat this until sixteen (16) stitches remain. There should now be four (4) stitches on each Needle (16 stitches total.) Slip all stitches from **Needle 2** onto **Needle 1**, and all stitches from **Needle 4** onto **Needle 3** (8 stitches on each Needle). Break MC yarn, leaving a long enough tail to be woven in. Break CC yarn, leaving a generous amount to graft remaining stitches. Using CC yarn, Kitchener stitch the top of the thumb closed.

Finishing: Weave in ends. Place mitten beneath a damp tea towel and press with a hot iron to steam block.



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Chart B

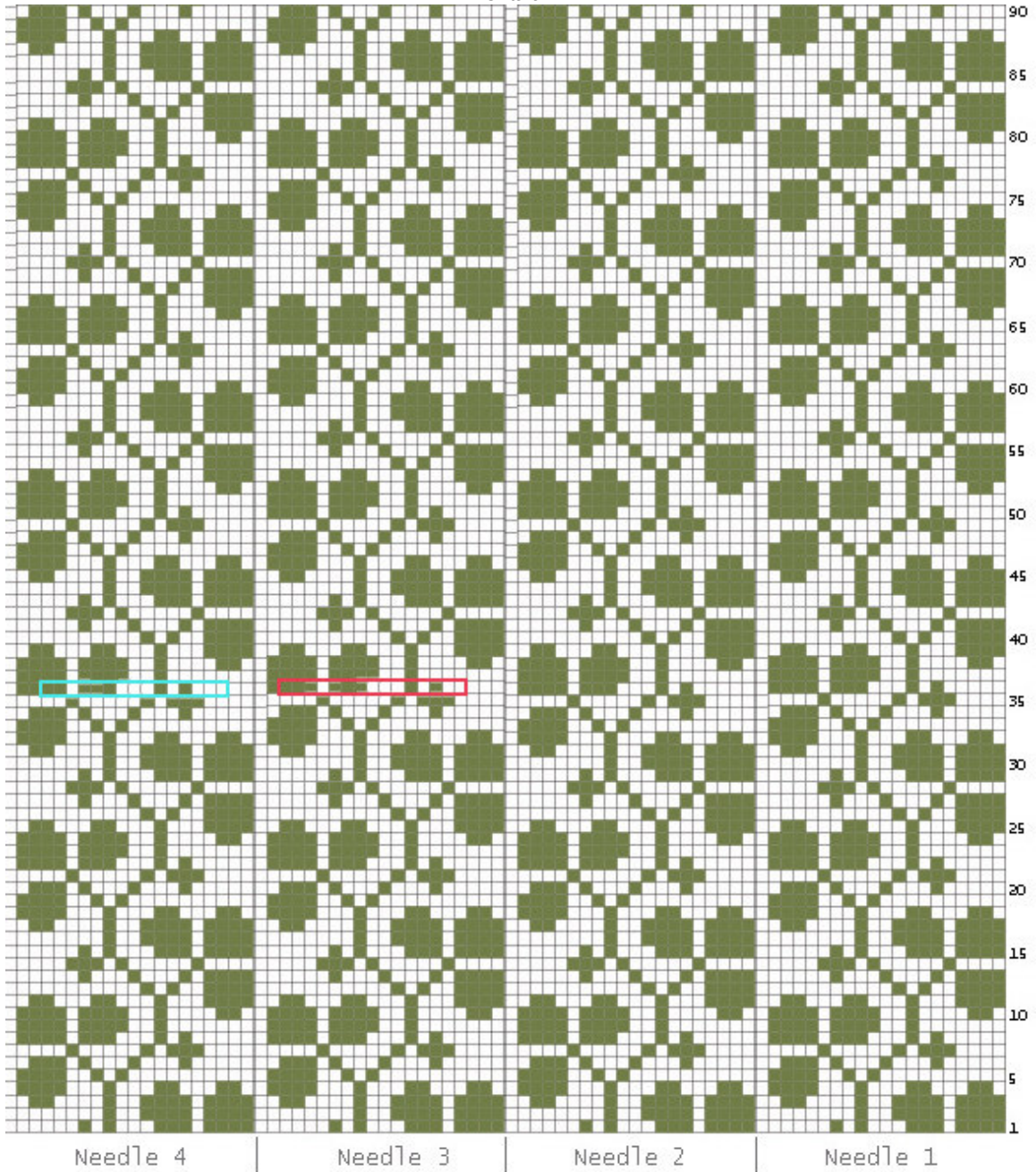




Chart Symbols:

- Main Colour (MC)
- Contrast Colour (CC)
-  Thumb placement - Left
-  Thumb Placement - Right

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