

## CORE CONCEPT ONE

THE THING ITSELF  
The Universal



THE WAY IT WORKS  
The Human

There is One Cosmic Reality Principle and Presence in the Universe-God. All creation originates in this One Source. God is. God is all there is.

From this One Infinite Source flows the spiritual, mental, and physical Universe-all Life, all Love, all Law, all Energy, all Harmony, all Being, all physical form or effect, all Creation. All physical and spiritual Principles and Laws are contained within the One.

Many different terms are used in various cultures and theologies to express this concept of God. All have the same meaning, and all denote the Single Principle.

Terms frequently used in Science of Mind are: The Thing Itself, Spirit, Life, Love, First Cause, Love-Intelligence, the Absolute, Universal Mind, the Changeless, the Universe, Infinite Knowingness, the Supreme Being, the Divine Presence, and many more. Emerson calls it the Over-soul. Native Americans worship the Great Spirit. Lao Tzu calls It Tao. Traditional Christians say God. Einstein referred to his "unified field" theory .

Each human being is a creation of God, made of the God-substance, a unique, individualized Incarnation of Spirit. This incarnated Spirit is my Essence and the Essence of every human being.

This Essence is uniquely mine. It can never be lost, damaged, diminished, or destroyed throughout my eternal journey. Now and forever, I am an expression of God, right where I am. God in me, as me, is me.

Because each of us is an incarnation of the One Spirit, all life is inseparably One. There is a Divine Wholeness, a total interconnectedness at the Source. Despite my occasional feeling of separateness, this Oneness is irrevocable and eternal. It is WHO I AM. All humans are One with God, One with each other, and One with all Life, animate and inanimate.

REFERENCES: SOM pp. 63-80.  
LSOM pp. 1-14, 56-57.

*We believe in God, the Living Spirit Almighty; one, indestructible, absolute, and self-existent Cause. This One manifests itself in and through all creation, but is not absorbed by its creation... We believe in the incarnation of the Spirit in all, and that we are all incarnations of the one Spirit.*