

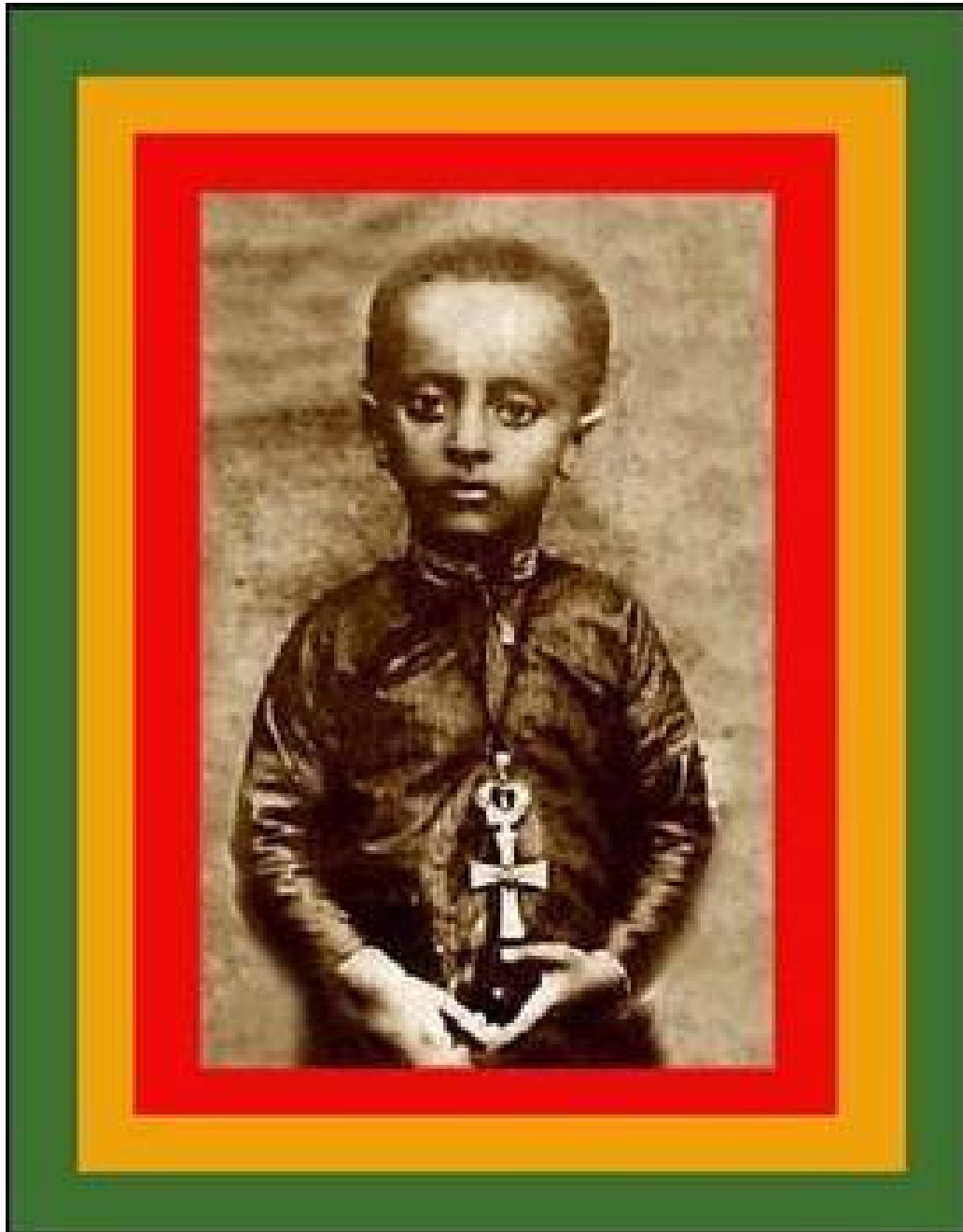


# THE VIZIONARY

NEWSLETTER

July 2006

Vol 2. #002



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Greetings and blessed love in the gracious name of His and Her Imperial Majesties Haile Selassie the first and Empress Menen of Ethiopia, worthy to be praised. I am pleased and honoured to know that the Vizionary has started once more. Praise be to Jah Ras Tafari. This month I celebrate the mystical and prestigious birth of H.I.M Haile Selassie the first, born Tafari Makonnen, for this is a royal and righteous day for all who are called by his wonderful name. His Majesty burst the prophecy of Isaiah, when he chanted that the people who were/are in darkness have seen the great light (Which is Haile Selassie I). This day in Ethiopia Zion, a child has been born. I would like to thank the Father for giving me a vibration and inspiration to do his will continually. Without HIM none of this would be possible. I would also like to thank all my faithful readers, Selassie 1<sup>st</sup> nation. Blessed, blessed love. Let us continue to lift up our hands and give praise to His Majesty for coming forward in the flesh to redeem Israel's lost children. I would also like to say a heartfelt thank you to all the Jah warriors and warriesses who continue to work hard in every way to make the Vizionary a reality every month. As always stay humble in meditation and know yourself. Selah

We have two new sections or additions to the newsletter called Inspirational Iditations and Striving to Live Upright. Give thanks to Empress Kishmet for letting us use her words. Also to Akoma for his poem, Jahsh for the Word Sound and Sis Irijah and Sis Jahmanna for the news update and letting us know what is going on.

The Vizionary has a Special Edition for HIM Earthday in the Volume 1 issues, which can be found at the following link:

<http://www.freewebs.com/rootsdawtas/julissue.pdf>



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# HIM SPEAKS

## *New Way of Life*



November 2, 1966

What we seek is a new and a different way of life. We search for a way of life in which all men will be treated as responsible human beings, able to participate fully in the political affairs of their government; a way of life in which ignorance and poverty, if not abolished, are at least the exception and are actively combated; a way of life in which the blessings and benefits of the modern world can be enjoyed by all without the total sacrifice of all that was good and beneficial in the old Ethiopia. We are from and of the people, and our desires derive from and are theirs.

Can this be achieved from one dusk to the next dawn, by the waving of a magic wand, by slogans or by Imperial declaration? Can this be imposed on our people, or be achieved solely by legislation? We believe not. All that we can do is provide a means

for the development of procedures which, if all goes well, will enable an increasing measure and degree of what we seek for our nation to be accomplished. Those who will honestly and objectively view the past history of this nation cannot but be impressed by what has already been realized during their lifetime, as well as be awed by the magnitude of the problems which still remain. Annually, on this day, we renew our vow to labour, without thought of self, for so long as Almighty God shall spare us, in the service of our people and our nation, in seeking the solutions to these problems. We call upon each of you and upon each Ethiopian to do likewise.

Above all, Ethiopia is dedicated to the principle of the equality of all men, irrespective of differences of race, colour or creed.

As we do not practice or permit discrimination within our nation, so we oppose it wherever it is found.

As we guarantee to each the right to worship as he chooses, so we denounce the policy, which sets man against man on issues of religion.

As we extend the hand of universal brotherhood to all, without regard to race or colour, so we condemn any social or political order, which distinguishes among God's children on this most specious of grounds.

# Word Sound Power

## *Rasta IdentiFakeation*

*By: JAHsh*

Greetings to one and all. After witnessing certain things lately, I wanted to bring forth a reasoning on the matter of Rasta identification.

If ones claim say they are a Rastafarian, or a Christian, or a Muslim... they had better be serious, because it is a dangerous thing to mix vanity with livity or devotion. Outward appearances and symbols are always noticed first by people, but these looks can be extremely deceiving. As the Scriptures say, "render your hearts and not your garments." Plenty of people are not Rasta but imposter, or rastatutes polluting the teachings of His Majesty. When trodding Rastafari, heart and hands should be clean in JAH sight. How is it that one can give praises to JAH and in the next moment come with some slackness, profanity, indecency and hatred? What is this teaching the youths? It only creates a whole set of mixup. The Bible says that fresh water and salt water cannot come from the same spring, so as Rastafari how is it that ones are behaving in ways contradictive to what they are supposedly following? As a Rasta, one should always try their best to live humble. It is a spiritual trod above all else.

Cultural symbols can be misused, robbed, and commercialized. Images with meaning and purpose often become no more than a fashion statement. Some men and women pose as Rasta for ulterior motives, enticing the flesh and leading people astray. A Rastaman or Rastawoman shall be known by their heartical vibes and their deeds. Nuff dreads out there are robbing and killing in the streets, nuff people wearing the ites, gold and green, but not knowing what it means. Nuff artists in the music business sending mixed messages. Pure ignorance. However, this phenomenon is nothing new, it has existed since ancientsy. What better way to set a trap for JAH children than to come as a wolf in sheeps clothing? The devil comes in disguise, but he is revealed to the wise. The wiseman also sees what the masses usually overlook, true righteousness and simplicity in the soul of a man. A man like the Savior, a man like

the Emperor, a man like the Prophet. The martyrs, teachers, and freedom fighters are often misunderstood by their own kinsmen and even their own followers. The people dem see and blind!

Besides the more obvious deceivers, those ones with the wicked intentions, the carnal minded and the hypocrites, people should also be wary of those who out of ignorance claim Rastafari, those who think it is all about smoking the ganja herb, listening to some Bob Marley songs, having a good time and shouting empty expressions of one love. Rastafari is a serious thing and it should be taken seriously. It is a faith and a lifestyle that should be respected. Although Rastafari is about love, peace, and unity, it is likewise founded in equal rights and justice, liberation, black upliftment, and African conciousness. It is about loving His Imperial Majesty, Haile Selassie I. And it is about fighting a spiritual war, there can be no peace without justice, a Rastafari is revolutionary not a sedated conformist. Without these components, there is no true identification with Rastafari taking place. People cannot just rewrite what defines Rasta in order to suit themselves. While certain people may be sympathetic to the Rasta way of life, they never bother to find some understanding or educate and check themselves, and they do a disservice to Rastafari by presenting a watered-down, diluted version.

What is strange to me is why somebody would half-heartedly livicate themself to Rastafari. Most people come to Rastafari through revelation, through a natural mystic. It is way of life, not a national religion with ones indoctrinated in it since birth. Even if youths grow up knowing Rasta life from their parents or family, it is ultimately something they must personally seek and know for themselves. A way of life... if you do not live that way, then how you fe say Rastafari is your way of life? Of course, like any movement on earth there is disagreement as to who is Rasta and who is not. Dreadlocks or baldhead? Vegetarian or some

meat? Black or brown and white too? These things are a personal matter really, between someone and JAH or someone and the next man. People will not always agree. Sometimes people avoid conflict and keep to themselves, but other times petty war and divisions come about. Yet some things are spiritual matters and can't be argued, indisputable universal messages like the Ten Commandments. No matter religion or creed, nobody has ever been able to argue with these laws written on the heart. And according to Yeshua Christ the two greatest commandments are to love JAH with all of your heart, mind and soul, and to love your neighbor... neighbor being any man or woman you may come across during the day. So why are there some Rasta imposters coming as dreadlocks and garbed in the liberation colors but breaking 9 out of 10 commandments and sitting on Babylon throne?

I am aware that because I do not look like a stereotypical Rasta bredren and because certain things of the culture were foreign to me during my upbringing, that certain ones could perceive me as a "false Rasta" or unauthentic as well. Perhaps some may even question my addressing this very issue. Some ones may ask I-man, "What makes you think you're a Rasta?" and similar things. But I say, "just ask my Father". I have nothing to fall back on, no images or symbols other than what I can wear, so if I am dealing with Rastafari, I am dealing with it straight from the heart. Yes bredrens and sistrens, live clean and let your works be seen. Stand firm and JAH will let you wear His crown, for no weakheart can enter Mount Zion. Selassie I!

# In The News

## **Urgent Help Needed on the Promise Land**

Several months ago, elder King Iya Negus (age 80) and his wife Queen Mother Earth (age 54) repatriated to Ethiopia, Shashamane. It was only then, that the sistren found out that she was expecting a youth. Since the elder and his queen were unprepared for this occurrence they are in time of need and assistance now.

Physical needs include what every expectant mother requires like natural toiletries, nursing pads, etc. The youth is due in September of this year and also needs clothes, blankets, cloth diapers etc.

There is a physical address for the family if ones want to forward a package. It is said that it is better to send packages at 5 pounds at a time, via registered mail with an invoice inside stating what was sent to insure that customs does not tamper with the package. There is also an account set up at the Commercial Bank of Ethiopia for the queen's monetary needs.

If ones are interested and willing in lending a hand, email Sis Irijah at Irijah2001@yahoo.com for the mailing and account information.

## **Calling BoBo Shanti and Twelve Tribe Sistren**

Blessed Love Daughters of Zion,

InI community in Panama are engaged in a trimonthly magazine currently entitled La Luz De Zion ( The Light of Zion). The purpose of the project is to educate both the Youth in the movement here and also the Panamanian people. It is a communal paper, which is open to contributions from Rasta people all over Panama and also abroad. I am currently writing a running article series focused on the Rasta woman and in this next edition I will be discussing sistren's expectations and experiences in trodding Bobo Shanti and also sistrens who are member s of the Twelve Tribe Organization. If any sistrens are interested in being interviewed for the periodico (paper) please contact I, Sister Jahmanna - via Email omegamanna@hotmail.com or the paper's email address La\_Luz\_de\_Zion@hotmail.com. Also for the I information, the paper is in Spanish only and will not be translated into English. This paper is not available online but can be mailed to ones who are interested, or who make a contribution. The reason for this is there is plenty of information in English about Rastafari and InI Spanish speaking bredrin and sistren here in Panama have limited resources.

May ones and ones find strength in each other to be Firm in the Trod and may HIM continue to guide InI and bring InI peace,

*Sis Jahmanna*

# The Barrel Project

GREETINGS ALL ROYAL SONS AND  
DAWTAS OF THE MOST HIGH GOD

H.I.M. EMPEROR HAILE SELASSIE I

THE TIME HAS COME TO PUT POWER  
BEHIND INI WORDSOUND.

THE TIME HAS COME TO COLLECTIVELY  
MANIFEST WORKS, AS INI DO KNOW  
THAT FAITH WITHOUT WORKS IS DEAD.

The time has come to aid the elders both here in  
the united snakes and abroad, and nourish the  
Shashamane school on the land.

InI and InI sistren, and elder Mother Loi, have  
come together and developed a project that will  
not only ensure that InI elder's needs are taken  
care of, but that some of that strength be used to  
empower Shashamane school as well.

InI are calling this endeavor...

"The Barrel Project"

InI hope to send the strength of a half barrel,  
filled with things that InI elders can use in their  
everyday livity at least every two months.

Things that can be forwarded to the sistrens  
mentioned at the end of this post are:

Truly anything the I's feel an elder can  
use...some suggestions are below, but not limited  
to them. All InI ask is that thought and care be  
taken when choosing items to forward for the  
project.

Seeds (vegetable, flowers, herbs), small hand  
held garden tools, natural body products, squirt  
bottles to dilute dr. bronners, lengths of material  
to make clothes, sheets, pillowcases, material for  
wrapping locks, thread, needles, hammers, nails,

packets of dried herbs and teas, soaps, towels,  
washclothes, socks, batteries, boxer shorts and  
undies in various sizes, flip flops in various  
sizes, lengths of clothesline, clothespins, yarn,  
crochet hooks, bibles, literature of the livity, hard  
candy, vitamins (wholefood vitamins), water  
bottles, pens, pencils, writing tablets, t shirts of  
various sizes and colors, crowns, etc.

InI will put out the call to the sistren that can  
crochet...InI would like one to two crocheted  
blankets to be included in each barrel for the  
elders, and instead of using paper waste to pack  
barrels firm, InI will include one to two pillows  
per barrel as well....making sure that InI elders  
sleep is comfortable.

Anything should again, be chosen with care and  
thoughtfulness.

For the barrel for the Shashamane School some  
suggestions are:

Pencils, primary writing tablets (the ones with  
the big lines with dotted ones between),  
notebook paper, nap mats, lightweight  
educational books, chalk, folders, things for the  
teachers to make bulletin boards with, things to  
decorate the classrooms with, sandals of all  
youth's sizes, khaki shirts, pants, long skirts of  
different sizes.

This is a large endeavor idren and sistren....very  
large.

There is a contingent in place to take care of the  
barrels for the United States elders and the barrel  
for the Shashamane School.

InI need a rasponsible idren or sistren to take on  
the rasponsibiltity for the barrels that will go to  
the elders in Jamaica and also the same for the  
barrels that will go to Shashamane elders.

This will entail nothing but being able to receive the items ones send to fill the barrels with, and when full, send them or ship them to proper elder. The funds to raise the money to send or ship the barrels will be that particular idren's or sistren's responsibility along with ones local communities. This can be easily done by having a few bake or yard sales.

Please meditate on this vibe and come to the table ready to forward these works that will make InI elders and youths livity just a tad bit easier.

Please feel free to contact Sis Irijah at [Irijah2001@yahoo.com](mailto:Irijah2001@yahoo.com), or Sis Jahiseek at [jahiseek@earthlink.net](mailto:jahiseek@earthlink.net) for mailing addresses to send barrel items too. Please feel free to I-mail

InI and InI sistren if interested in taking responsibility for the barrels for Jamaica and Shashamane.

Also, if ones know of an elder that a barrel should go to, please forward that info as well, so that elder can be added to the master list.

May HIM bless the i's coming in and going out in this time.

May InI itinually give thanks to him for breath as it is him that create InI and not InI self.

Selassie I

Sis Irijah, Sis Jahiseek, and Mama Loi

## *Herbal Healing*



### *Tamarind*

*Tamarind grows low, in warm areas and reaches a height of 10 to 15 meters. Long paired leaves with parallel small leaves, 15 to 20 to a pair. The fruit is an oblong pod, with a woody brown shell, about 10 centimeters long. The flesh of the fruit combined with an infusion of leaves of senna is an effective purgative of agreeable flavor, especially for children. It also has diuretic properties. Prepare fruit as for a drink, then mix in an equal part with an infusion of leaves of senna. Drink 2 to 3 cups daily of cold infusion. It is also used to treat cough, as a laxative, for sore throat, externally for chicken pox, measles, and as an eyewash for "red eyes."*

# Inspirational Imitations

By: **Empress Kishmet**

## ***A Wondering Mind***

People who cannot seem to concentrate think they are mentally deficient. Extreme fatigue can also affect concentration. I have found when I am excessively tired John Paul will try to attack my mind because he knows it is more difficult to resist him during these times. Often a lack of comprehension is the result of a lack of concentration. I know that for myself I can read a chapter in the book and read it over again and it all seems new to me because my mind was somewhere else. Often the real problem behind a lack of comprehension is a lack of attention caused by a wondering mind. The expression “keep your foot” means, “don’t lose your balance or get off track.” I had a wondering mind and had to train it by discipline. It was not easy and sometimes I still have a relapse. Remember in spiritual warfare the mind is a battlefield. That is where the enemy will make his attack. John Paul will give up when he sees that you are not going to give in. Remember John Paul wants you to think that you are mentally deficient – that something is wrong with you. But the truth is, you just need to begin disciplining your mind.

## ***A Doubtful and Unbelieving Mind***

Doubt is not something the Father puts in us. Doubt comes in the form of thoughts. This is why it is so important for us to know the word of the Power of the Trinity. If we know the word then we can recognize when the devil is lying to us.

## ***A Judgmental, Critical and Suspicious Mind***

Much torment comes to people’s lives because of the judgmental attitude, criticism and suspicion; multitudes of relationships are destroyed by these enemies. Once again the mind is the battlefield. Thoughts – just “I think” – can be the tool the devil uses to keep a person lonely. People do not envy being around anyone who needs to voice an opinion about everything. Being judgmental, opinionated and critical are three sure ways to see relationships dissolve. John Paul of course, wants you and me to be lonely and rejected, so he attacks our minds in these areas

Criticism, opinions and judgment all seem to be relatives.

Judgment and criticism are fruits of a deeper problem – pride.

## ***Who Are We To Pass Judgment?***

Who are you to pass judgment on and consume another’s household servant? John Paul stays very busy assigning demons to place judgmental, critical thoughts in people’s minds.

## ***Sowing and Reaping Judgment***

Do not judge and criticize and condemn others, so that you may not be judged and criticized and condemn yourselves. For just as you judge and criticize and condemn others, you will be judged and criticized and condemned; and in accordance with the measure [used to] deal out to others it will be dealt out again to you. It plainly tells us that we will reap what we sow. Sowing and reaping do not apply only to the agriculture and financial realms. They also apply to the mental realm. We can sow and reap an attitude as well as a crop or an investment. “Are the people of today sowing or reaping?” Many times we are reaping in our lives what we have previously sown into the life of another.

## ***Physician, Heal Thyself***

John Paul loves to keep us busy, mentally judging the faults of others. That way, we never see or deal with what is wrong with us. We cannot change others, only Jah can. We cannot change ourselves either but we can co-operate with the Father and allow Him to do the work. When we have our thoughts and conversation on what is wrong with everyone else, we are usually being deceived about our own conduct. The Father commanded that we not concern ourselves with what is wrong with others when we have so much wrong with ourselves.

# Bless Ups

Greetings and blessings I&I bring unto all Sons and Dawtahs of the Most High Jah Rastafari. Iman trod to the U.S. about two years ago, trodding in the foot step of Iman God and King Emperor Haile Selassie I. Iman trod to the state of Massachuesettes and Iman don't know any Rasta especially Binghi's around Iman area. Iman was wondering if the I them trod up inna this region of Babylon or could reason with Iman inna this Gideon. It's tough on Iman up here inna babylon cause Iman family is Christian so Iman get nuff fight. Iman been trodding Nyabinghi from Iman was about 14 or 15 and everyday Iman faith get stronger and stronger. Iman is now 18 going on to 19 and Iman know Jah has blessed Iman abundantly. Give thanks Idren and Sistrens and may all who love Jah rastafari prosper cause the wicked and weak heart must feel it.

- *Nyabinghi Warrior*

Give thanks I-Sistren for the upful site! InI needed the strength and it is majestic to see the sistrens so firm in Jah works. I would love to forward to the V.I. soon.

Give thanks and praise unto H.I.M. EMPEROR HAILE SELASSIE THE 1ST, LIVETH!!!

- *Empress Sharima*

Eternal Blessings to all Jah Quennes, empresses and princess... Blessed Love to all ghetto youths! Thanks to all sistrens who work to actualize this homepage, with purpose of keep InI strong in Jah Rastafari, helping all sistrens in this road to Zion. Isses for the Life to the MOST HIGH JAH. Keep on going because a Rasta neva' eva' miss... We keep workin' and walkin until We reach BLACK NATION!

Don't be afraid... cuz Jah is spreading guidance; blessings for Babylon neva live to stop the rising of JAH SONS!

BELOVED! H.I.M EMPEROR HAILE SELASSIE I!! RASTAFARI is the key, the door and also the room!  
RASTA IS ALL GOOD JAH HAS TO OFFER!

- *Iya Josieh*

Blessed love.

Greetings in the name of the Most High JAH Rastafari. InI is writing to big up your publication the Vizionary, it was well written and uplifting. InI implore InI fe continue the good work and keep this magazine going.

The poem by QIDEMAWI was a blessing and very inspirational so keep up the good work Daughters of the most high until the perfect union.

One love

- *Lej ye berhane*

# Poetic Heights



## WE ARE THE ONES

**By: Akoma**

Reminiscing about ancient times,  
Times when my fore parents sat next to the river Nile, pure  
and clean, loving from the heart, greeting each other with a  
humble, welcoming smile,  
Loved and respected the woman and the child, the days where  
wisdom and knowledge was as honey to the soul so it was  
always of interest to the young and old, and when found it was  
cherished more than diamonds and gold, rubies and pearls,  
Days when we used to be our brothers keeper, knew that love was always the answer and  
through the grace of God we always had the answer, healed one another through the study of  
herbs that was created for the service of man, lived up naturally according to the creator's  
plan,  
Living near perfection with a clean, strong body and a clear mind,  
Sitting in my silence meditating on what was left behind for what I don't understand,  
The children of the earth, naturally from the soil,  
Now in this western world all we find is vanity, pollution of our hearts, minds and souls,  
Corruption, breaking the bond that was once most valuable,  
Living in the west, we have forgotten to be humble and embrace our heritage which was so  
glorious from the east as the morning sun,  
Black people, we are the same ones who wrote the books, passed on the knowledge and  
wisdom to the ones who's minds were entrapped in a cave, we were not the ones who gave up  
such,  
We were the ones from whom such was taken away,  
After we were shackled and chained as slaves,  
But deep down within us is that very seed from which life will spring forth but only through our  
attention to it,  
through nurture and care, that seed will grow and fruits of wisdom and understanding it will  
bear,  
we are the ones that always was and always will be there,  
African children, we are the ones that always was and always will be there.

# The Exploitation of Rastafari's Name

By: lyata Sarai Ikembe Divinity

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What is exploitation? Exploitation means to take unfair advantage of a person, group or something for ones own gain and advantage, for selfish purposes; whether it is economic, social, sexual etc. Every now and again, there is always a product that exploits Rastafarians. You see the reason I bring this up is not just because I am a Rastafarian but nobody likes to be used and abused or taken advantage of, and worse given a image or depiction that is false.

A lot of these producers are ignorant. Meaning they do not know the first thing about the Rastafari way of living, Rasta is just a marketing scheme for them. It absolutely disgusts me, when I see a product that do not reflect the lifestyle of Rastafari with the word Rasta in front of it and a picture of a Rastaman dancing, drumming, smoking ect. For those of you who don't know what I am talking about, or never seen this or realized this matter. Take the following examples for instance.

There is a CD called Rasta Jamz. First of all, when you look on the cover there is a half naked woman, a symbol of the Lion of Judah and a picture of Peter Tosh. I dont know how they managed to get those three things combined, but what is more shocking to me, there is only ONE song on that CD is sung by a Rastafarian. Do you think that is fair? I mean the whole album is entitled RASTA Jamz. The description of the CD states, "Rasta Jamz gives you 18 jammin tracks from the hottest dancehall / reggae acts." Hottest dancehall/reggae acts? There is one thing they forgot to mention. If you have a CD entitled Rasta Jamz, why not have a CD that feature Rastafarians artists? Or even put on conscious reggae songs that reflect Rastafarians beliefs?

Then we have Christian Dior. How many of you are familiar with the designer Christian Dior? Well he/she had a collection of clothing called, The Rasta Line. I am sure many of you have seen these clothes worn by different artists on television. I bet my life on it that if they had a collection called Muslim, Jewish or Christian, they would think twice or would never do it at all. Again, the clothes does not even come close to how Rastafarians dress, particularly Rastawomen. The only thing close to Rasta in that line is the colours red, gold and green.

They are many Rastafarians and Rastafari Organizations protesting against this kind of behaviour. They have gone so far as to take companies to court and demand compensation. A typical example is Nestle Jamaica Limited who had this product called Rasta Ice, which is a Popsicle. They too, were using the likeness and imagine of Rastafarian culture to promote their product. Again, I see no connection. Perhaps, Christian Ice would be more popular? There are also recipes that have the name Rasta in it that is contrary to our diet. Quite recently I was on the Internet and saw a Rasta Pig on Ebay, which may seem as nothing to you but as one brethren also stated, I am sure if that pig had a turban and called Muslim Pig they would not hear the end of it. I can go on and on forever and name a whole bunch of products to make my point.

It is from my firm belief that symbols and language of Rastas should be protected through copyright laws. If Rastafarians owned copyright on the names and symbols of the faith, then people would have to ask permission to use them.

So you see, this is total disrespecting, insulting and ridiculing to Rastafarians, not to mention the masses of people that are being mislead with wrong images and information. I think Rastafari is the most exploited faith because other groups in society, whether it be Muslim or Christian would not have either themselves or the name to which they associate with endorsing items contrary to their beliefs. Even if they used the symbols, they would not use the name.

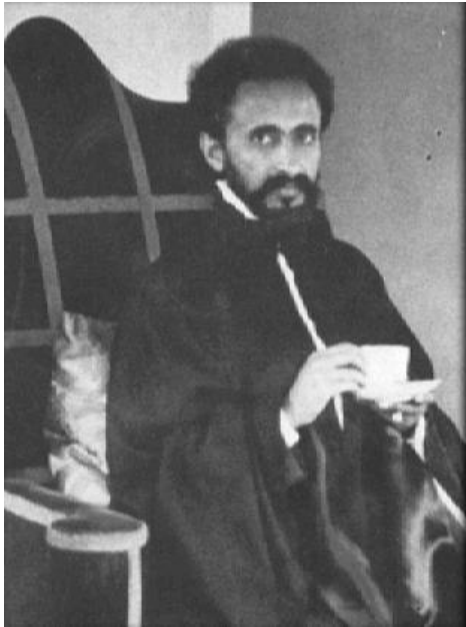
People in society have no problem exploiting, ridiculing and persecuting Rastafarians. They love to make money from Rastas, they love the music, the dread talk, the locks but many still don't love Rastas and continue to despise and discriminate against those who practice what they profit from. Does anyone ask us for permission first? Does anyone who profits give back a little bit? Does any one care? I doubt it. As one writer put it, rapists don't respect their victims.



# Striving To Live Upright

Princess Ruth Auyhahn Gabriel

## HIM Grace is Sufficient.



There are times in my life when I feel that my problems are too big, too complicated to be solved. I feel down within the irates and discouraged in the mind. Satan often bring IanI to this state of weakness and try to poison IanI minds with his malicious thoughts and works. But H.I.M. has promised us in 11 Corinthians 12:9 that “My grace is sufficient for thee: for my strength is made perfect in weakness”. That’s right! When IanI are living our life, going through the daily ups and downs and IanI feel as if there is no hope of salvation from certain vibes, Jah whispers that His grace is enough. When the I is continually striving to live upright, Jah grace is sufficient. When the I is on the mountain top, Jah grace is sufficient, and down in the valley, H.I.M. grace is ever sufficient. The verse goes

on to say that IanI should rather glory in the I infirmities, meaning that when IanI face our everyday tribulations IanI should give thanks instead to frowning and testing the Father’s patience. Give thanks for the strength that the Father is trying to bestow on the I. Jah will never let his chosen flock fall into the hands of the wolf pack. Proverbs 3: 25 instructs IanI to “Be not afraid of sudden fear, neither of the desolation of the wicked when it cometh.”

And HIM never promised that doing all the above would be easy. Sometimes you feel like just giving up and settle for what Babylon has dished IanI because of fear. But HIM has promised that no harm shall come upon his anointed ones. In order to live upright or to strive to live upright requires IanI to trust the Father, to give up the controls and let HIM pilot the vessel of IanI minds and yod away straight to Mount Zion in deep meditation.

I decided to do this column because everyone have their everyday experience that help IanI to grow in the spirit of RasTafari and trod the livity of Haile Selassie the first. The I is on a mission everyday, which is to make the present day better than the day before, by learning from the mistakes of yesterday. So when the I is face with a mountain of stress, the I must know and be confident that Haile Selassie the first’s strength is sufficient, especially when the mind has become weak.

Selah

# *W. I. Roots Dawtas*

critically presents

## "Unity & Strength within the Family"



in celebrations for  
His Majesty's 114th Earthday  
on Sunday, July 23rd, 2006  
at Josiahs Bay Beach  
9:00 am sharp - until

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Come out and bring your family  
to enjoy the day with fun games,  
sports, arts & crafts projects for both  
youth and adults.

There will also be issues  
and reasonment on various  
topics that will strengthen the  
family unity.

