



# THE VIZIONARY

## NEWSLETTER

August 2006

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# Editorial

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All glory, all honour, all ises unto the Most High, HIM Haile Selassie I Qedamawi. Berhane Alem (Light of the World).

Greetings InI brethrens and sistrens

It gives InI much pleasure and joy to provide the masses with another issue of The Vizionary.

Last month, all over the world ones ilabrated His Majesty's 114<sup>th</sup> Earthstrong, but yet still, it hurt InI heart and irits to know that dis-unity, segregation and separation caused others to not have ises or ilabratings for InI Father, on the day he came into this World and manifested himself in the flesh. I pray for InI Rastafari/African family to let go of all petty differences, egotistical thinking, and to stop sewing seeds of discord in order to come together and do HIM works and give ises to InI Irator. Serious times, mean serious thinking and as I always say, serious people will do serious things. So even the serious few can intie together and let iron sharpen iron.

*If spiders web unite, they can tie up an elephant (Ithiopian proverb)*

This month on August 17<sup>th</sup>, a prophet was born, the Honourable Marcus Mosiah Garvey (Black Nationalist, Pan-Africanist; The father of contemporary Black Nationalism) so InI included a little section livicated to his teachings. Garvey had a vision, determination and a goal to see African united as one. Where are the Garveyites of today, of this generation? In order to know where we are going, we have to know where we are from. Before we can physically repatriate, we have to make that trod iritically and mentally.

*A people without the knowledge of their past history, origin and culture, is like a tree without roots*

*(Words of Marcus Garvey)*

Last but not least, a heartical thanks goes out to all who provided a strength to InI and brought forward their contributions for this issue. Ras Iration I, Empress Lioness, Ras I-Jamal Lloyd, Rueben, Sista Isan and Sista Inisea.

*More joy, more love, more prosperity.....Blessed Love*



*Sistrens at the Trinity Trod Conference (St. Kitts – July 23<sup>rd</sup> 2006)*



*left – right: Kisha, Kim, Iyahkey & Sarai at the V.I. Rootz Dawtas food sale (July 14<sup>th</sup>, 2006)*

# HIM SPEAKS

## Resources



The ultimate resource of a nation is its people. Unless this resource is employed for the benefit of the nation, unless the latent good, which it represents, is exploited to the maximum for the common good, the nation will languish, poor in spirit, lacking in achievement. But no people can make their full contribution to the life of the nation to which they owe allegiance unless they possess and enjoy those few fundamental prerequisites indispensable to rendering their participation in the affairs of their country both possible and significant. The growth of a people is complex and interrelated. Man must be educated: he cannot come to grips with or cope with or understand the modern world unless he has been taught about it. He must be assured of a minimum economic security: he cannot concern himself with matters going beyond the day-to-day satisfaction of his physical needs unless he is fed and clothed and sheltered, nor can he acquire a

sufficient degree of social consciousness to be able to subordinate his own personal interests to the good of the nation and the development of its society. Freedom, Liberty, the rights of man - these mean little to the ignorant, the hungry, the ill-clothed, the badly housed. It is our desire to see a much larger number of our young people benefiting from the resources we have our own and have received as aid from abroad, and our young people graduating in the fields of technology and industrial relation. It is essential that, however great the sacrifice needed to curb economic stagnation may be, available resources be as judiciously used as possible on a carefully selected list of priorities.

### War Brewing Between Ethiopia and Somalia's Islamic Courts Union? By Daveed Gartenstein-Ross (July 27, 2006)

Since capturing Mogadishu last month, the Islamic Courts Union (ICU) in Somalia has moved in an increasingly radical direction. This is reflected both in their leadership choices and also their implementation of Taliban-like Islamic law. Beyond that, the ICU is aggressively expanding its power. It recently surrounded the southern Somali city of Baidoa, where the largely powerless interim Somali government is holed up. On Monday, *Time's* website reported Ethiopia's concerns over the ICU's stance toward Baidoa: "*The Islamic Courts Union says it will not attack the interim government, which is mostly secular in outlook, but the government's closest ally, Ethiopia, is worried enough to be massing troops to take on the Islamic forces itself. The Islamists and Somali journalists say that Ethiopia has already sent troops over the border, a claim Ethiopia denies. But there is no doubting Ethiopia's intentions. "We will use all means at our disposal to crush the Islamist group if they attempt to attack Baidoa," Ethiopian Information Minister Berhan Hailu told Reuters in Addis Ababa, Ethiopia's capital.*" Just as Ethiopia has threatened to use military force against the ICU, the ICU has vowed to attack the Ethiopian soldiers that it claims have crossed the border into Somalia. (Although Ethiopia denies this, eyewitness accounts makes it appear that the ICU is correct that there are Ethiopian soldiers in Somalia.) There is no fighting at present between the ICU and Ethiopian forces. Part of the reason for this may be that a number of politicians within Somalia's interim government are in the process of defecting to the ICU and bringing their militias with them. This is similar to the process that the Taliban used to gain power in Afghanistan, by getting individual warlords and their militias to align themselves with the radical Islamic movement. The ICU may want to gain as many allies as possible before taking on the more powerful Ethiopian military. Then the ICU may launch an attack on the Ethiopians, just as they promised. Both the Ethiopians *and* the ICU may prefer it if the ICU strikes the first blow. There are a variety of views on how fighting between the ICU and Ethiopians may go. Ethiopia clearly has the upper hand because their ground forces have better training and equipment, and they have the extra advantage of some air power. Moreover, while every major news outlet has bureaus in Jerusalem and Amman, there aren't any Mogadishu bureaus. The lack of press coverage may make the Ethiopian army feel less constrained in carrying out its military operations than Israel is in Lebanon. But one consideration on the other side is that it's unclear to what degree there is cross-pollination between the ICU and al-Qaeda's factions in Iraq. If the ICU has had much of this exposure that increases the chance that it could employ some of the insurgent tactics used by al-Qaeda in Iraq, such as improvised explosive devices. That could make things more difficult for the Ethiopian military than they anticipate. **SOURCE:** [http://counterterrorismblog.org/2006/07/war\\_brewing\\_between\\_ethiopia\\_a.php](http://counterterrorismblog.org/2006/07/war_brewing_between_ethiopia_a.php)

# Herbal Healing

## **Herbs that Build the Blood & Cure Infertility**

Herbal remedies that help build & clean the blood are:

Dandelion, Yellow Dock, Alfalfa, Burdock, Pau'dacro, Red Clover, & Chaparral.

Dandelion purifies & strengthens the blood. It provides the body with Vitamins A, B, C, & D. It also help supplies the body with iron, calcium magnesium, phosphorus, & potassium. Because of it's nutritious & blood strengthening actions it is used to promote fertility.

Yellow Dock is another blood purifier. It also works to strengthen & clean the liver, spleen, gallbladder, & colon. It provides the body with iron, manganese, & potassium.

Alfalfa is a popular herb & is mostly used as a vitamin & mineral supplement. It has blood building qualities & can be taken to cure infertility. It helps fight against infertility by detoxifying the body & blood; and by giving one a good source of essential vitamins & minerals. It is made up of Vitamins A, B-Complex, C, D, E, Calcium, Iron, & Protein.

Pau 'dacro is a general cure all that is mostly found in the rain forests of South America. It can also be found in the rain forests of Africa. It is a general cure all & has blood purifying qualities.

Red Clover is another blood purifier & is also nutritious (Vitamins A, B, C, Manganese, Magnesium. & Zinc). Sometimes infertility is a result of a lack of Zinc. Drinking this tea can help combat infertility.

Chaparral is a bitter herb that is known for cleansing the blood. When other herbs are to weak this herb usually does the job.

Some herbs that help promote good reproductive health are Don Quai (women), False Unicorn (tonic for the female reproductive system), Red Raspberry (women), Ginseng (men), Sarsaparilla (men), & Yohimbe (men).

One Perfect Love,  
Inisea

## *Marcus Garvey Teachings*

### **POWER**

Power is the only argument that satisfies man. Except the individual, the race or the nation has POWER that is exclusive, it means that that individual, race or nation will be bound by the will of the other who possesses this great qualification. It is the physical and pugilistic power of Harry Wills that makes white men afraid to fight him. It was the industrial and scientific power of the Teutonic race that kept it for years as dictator of the economic and scientific policies of Europe. It is the naval and political power of Great Britain that keeps her mistress of the seas.

It is the commercial and financial power of the United States of America that makes her the greatest banker in the world. Hence it is advisable for the Negro to get power of every kind. POWER in education, science, industry, politics and higher government. That kind of power that will stand out signally, so that other races and nations can see, and if they will not see, then FEEL. Man is not satisfied or moved by prayers or petitions, but every man is moved by that power of authority which forces him to do even against his will.



# Africa for Africans

BLACK STAR LINE STEAMSHIP CORPORATION



at Home & Abroad!



## Popular Quotes

- “CHANCE has never yet satisfied the hope of a suffering people.”
- “If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have won before you have started.”
- “There shall be no solution to this race problem until you, your selves, strike the blow for liberty.”
- “A reading man and woman is a ready man and woman, but a writing man and woman is exact.”
- “Look for me in the whirlwind or the storm.”
- “A people without the knowledge of their past history, origin and culture is like a tree without roots.”
- “We Negroes believe in the God of Ethiopia, the everlasting God - God the Son, God the Holy Ghost, the one God of all ages. That is the God in whom we believe, but we shall worship him though the spectacles of Ethiopia.”
- “Africa for the Africans...At Home and Abroad!”
- “One God! One Aim! One Destiny!”
- “Whatsoever things common to man, that man has done, man can do.”
- “Up You Mighty Race, Accomplish What You Will...”

## Short Biography (1887 – 1940)

Marcus Mosiah Garvey, one of the greatest leaders African people have produced, was born August 17, 1887 in St. Ann's Bay, Jamaica, and spent his entire life in the service of his people--African people. He was bold; he was uncompromising and he was one of the most powerful orators on record. He could literally bring his audiences to a state of mass hysteria. Garvey emphasized racial pride. His goal was nothing less than the total and complete redemption and liberation of African people around the planet. His dream was the galvanization of Black people into an unrelenting steamroller that could never be defeated. I consider myself, along with many others, as one of Garvey's children. As a young man of fourteen, Garvey left school and worked as a printer's apprentice. He participated in Jamaica's earliest nationalist organizations, traveled throughout Central America, and spent time in London, England, where he worked with the Sudanese-Egyptian nationalist Duse Mohamed Ali. In 1916 Garvey was invited by Booker T. Washington to come to the United States in the hopes of establishing an industrial training school, but arrived just after Washington died. In March 1916, shortly after landing in America, Garvey embarked upon an extended period of travel. When he finally settled down, he organized a chapter of the Universal Negro Improvement Association and African Communities League. The UNIA & ACL had been formed in Jamaica in 1914. Its motto was "One God, One Aim, One Destiny," and pledged itself to the redemption of Africa and the uplift of Black people everywhere. It aimed at race pride, self-reliance and economic independence. Within a few years Garvey had become the best-known and most dynamic African leader in the Western Hemisphere and perhaps the entire world. In 1919 Mr. Garvey created an international shipping company called the Black Star Line. By 1920 the UNIA had hundreds of divisions. It hosted elaborate international conventions and published a weekly newspaper entitled the Negro World. No other organization in modern times has had the prestige and the impact as the UNIA & ACL. During the 1920s UNIA divisions existed throughout North, South and Central America, the Caribbean, Africa, Europe and Australia

## Pan-African Colours

According to the Universal Negro Improvement Association and African Communities League (UNIA) constitution, the Pan-African colors are red, black and green, "red representing the noble blood that unites all people of African ancestry, the color black for black people whose dignity is upheld by the existence of the flag, green for the abundant natural wealth of the Motherland, Africa." The UNIA flag, which can be seen here, was designated the official colors of the African Race by the UNIA at its convention in Madison Square Garden on August 13, 1920 in New York City.



# A Virtuous Woman

By: Empress Lioness aka Sista Fyah

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## What does it mean to be a virtuous woman?

A woman isn't born virtuous. She can be taught virtue if her mother is a virtuous woman, but to apply it when she marries she needs: Wisdom! Wisdom begins when we honor, respect, esteem and admire the Lord.

## Rasta Empress or Imposter Empress?

A lot of sisters claim the title of "Empress" or Rasta Woman and they know not the first thing about His Majesty. Is it because everything they know about Rasta they learn from reggae music? Was there a nice Kingman who decided his woman should turn Rasta, but he never took the time to teach her His Majesty's teachings? While as *Virtuous Women* we look toward the Kingmen in our loves for guidance and protection, many do not have the blessing of a clean hearted, Jah fearing Rasta Kingman. In that case, we must sacrifice ourselves to the Most High Jah, study, and wait upon Jah to send a proper individual. We have to set free the mental chains that tell us we are not strong women unless we have a man. And any particular bredren with any particular frame of mind should never be enough for a Virtuous Woman. We need Kingmen because that's natural, but we also need to be in a spiritual state of mind and levity to receive the bountiful blessings of Jah, which is to have a Kingman who you love and respect and He loves and respects you too. And you don't mind being servants one to another. "Servant" but not *slave*. A slave is one that submits to the will of another even if it is not his own will. To serve is to offer help. Serve each other a smile every morning; a foot rub after a hard day out on the road, and some nice loving at night. Serve your Kingman willingly and Jah will bless you abundantly. Serve your Empress with gladness and you shall be greatly rewarded.



## DIVINE UNION

### WITH JAH

Union with the Most High is essential to survival. We have to first love ourselves as the Most High loves us. Connection with the Most High is being aware of HIS presence within us. To allow Jah to come in and dwell in your temple is a feeling like no other. It's as if you view life through different eyes, through Jah's eyes. You begin to see beauty and potential in everything. Even if you are used to being bitter and argumentative, once Jah Rastafari breathes new life into you, there is no room for negativity to abide.

### WITH SELF

Be in touch with all the aspects of your own personality. The intellectual you, the warrior you, the sensual you, the healing you, the humorous you, and everything about you that makes you a woman. Be proud of your hair, your full lips, your broad hips, and every inch and curve that makes you desirable unto man (eternal fire for chi-chi and sodomite). Celebrate your womanhood by reclaiming Jah's promise to reward you as a daughter of Zion. Know your I-story, your roots, and what is expected of you as a Rasta Woman. Learn how you should speak, walk, and act as an Empress. Royal Rasta Women adorn ourselves in garments of righteousness to protect us from the snares of the enemy. Meaning, you should not dress yourself in attire unfit for a queen...tight, restrictive clothing does not allow the blood in your womb to flow freely which can cause serious health complications later. It is not our desire to attract the eyes of a man by enticing him with tight clothes, because then we would gain the affection of that man for the wrong reasons. We do not need diamonds and gold in order to shine, we shine through the light and levity of Rastafari. Adding on hair, hair-coloring, make-

up, and fake nails are the adornments of Babylon. We shun the use of anything unnatural to beautify ourselves, as it is disrespectful to Jah to try and "fix" what Jah has already deemed appropriate for your appearance.

#### WITH MAN

Man was created to serve Jah through serving his fellow man. As a woman who has taken the time to know herself, you already know what a Kingman expects from you. Get to know him, love him, support him, and do not be afraid or ashamed to respectfully point out when he has done something to hurt or offend you. When you engage in physical activity with a man, there is more happening than what the eye can see taking place. Your souls begin to intertwine and you become one, and the more you intertwine, the closer you get. When you lay together in union, you absorb his essence and you take on many of his characteristics. This is not by mistake, it is by design. That is why it is not wise for a virtuous woman to lie down with any man.

#### WITH NATURE

Herbs are the healing of the nation... We have to get back to the bush to heal ourselves and our families. The pharmaceutical industry is a multi-billion dollar industry that keeps robbing from poor people. Prescription drugs are not

designed to heal, only "hide" symptoms and provide a temporary fix. The rich keep getting richer. Become well learned in homeopathy and holistic healing through the use of herbs and tonics. It is the true Rastafarian way.

#### WITH CHILDREN

Children are the future. If we do not train them up in the way they should go, it is *us* who will face judgment. Teach your daughters how to be virtuous women, and your sons to be righteous warriors. InI should be blessed to have Rastafarian schools in every city but since we do not, charity begins at home. Give the children love and discipline and grow them by the principals of Jah Rastafari. Respect their feelings and encourage their ideas. Be both teacher and student. Children are much wiser in this time than in previous times as it is written in the scripture.

Love Jah and bless His name I-tinually.

Never stop trodding this righteous road to Zion, if you stumble along the way, InI is Idren and Jah will catch you when you fall. If you find yourself weary, look to Jah He will give you rest.

**LOOK UNTO ZION!**

# Word Sound Power

## Identifying the Problems Plaguing Ras Tafari houses at the Present Time

(Reasoning to the Trinity Trod gathering, St. Kitts, July 26<sup>th</sup>, 2006)

By: Ras Iration I

Glory to father, glory to mother and glory to children. Glory to past, glory to present and glory to future. Glory to solid, glory to liquid and gas. Glory to flesh, glory to blood and bones, Glory to thoughts, words and actions. Glory to Haile Selassie I, glory to Empress Manen and glory to InI.

It is joyful to be in the presence and company of my Ras Tafari family. I cherish this moment as a great honour, being privileged to share itations with InI. To Ras Touzah and the organizers of this togetherness, I ispectfully convey my thanks.

Identifying the problems plaguing Ras Tafari houses at the present time is an exercise which I think has been skillfully done by all Ras Tafari sons and daughters. I therefore offer only my perspective and iverstanding of the issue. My brothers and sisters, please iverstand my bluntness. I intend no offence to

**(continued on pg 14)**

# Inspirational Iditations

## Let Your Light Shine By: lyata Sarai Ikembe Divinity

Give thanks to the Most High. H.I.M. Haile Selassie I the First. Earth Rightful Ruler, Christ in His Kingly Character, the Conquering Lion of the Tribe of Judah.

Blessed Love to one and all

*Let your light so shine before men, that they may see your good works, and glorify your Father, which is in heaven. (Matthew 5 v 16)*

Jah say let your light shine amongst men. So why hide it? Why hide the glory of the Father? For Jah is my light and Salvation, in dark times; he leads and guides me along the straight and narrow road. HIM path is golden so InI must walk in His light. So only to HIM InI bow, hail and give ises to continually.

A friend of mine, quite recently said this to me, "You are the only sistren I ever came across with such energy, intentions, positiveness and so much more, believe me, keep it up, one thing I have learned is that you stick to your goals and I mean that from the bottom of my heart." He went on to say, "Think independently, Let your light shine, you are a light and I can see that."

My response to him which is also my advice for you today, a lot of people do not understand or even realize their purpose in life. I know I was placed on this Earth for a reason and a mission and I will fulfill that, not please mankind but to please myself because I love what I do and most importantly to please the Most High. I cannot live life, for living life sake, I am a lady on a mission, and there is no time to waste, skylark or play. Serious times, mean serious thinking. As children of the Most High, InI must occupy our time; keep our meditation and concentration. Remember, an idle mind is the devil's playground. It is so easy for us to get caught up in doing the wrong things and more harder for us to do the right things. Do you know your purpose for life?

I will and must let my light shine bright out of every pore. For men shall not only hear my words, but shall also see my works. We are the light of the world, the future generation. My light MUST shine, so that I am radiating and glowing with a positive energy and a righteous levity, inspiring and uplifting ones. Like the Nyahbinghi Chant....

*I have JAH light in I – Yes I a go make it shine, I have JAH light in I, I a go make it shine, I have JAH light in I, and I a go make it shine, Shine, shine, shine Ithiopian shine.*

Remember there are ones that seek our demise, our failure and dig a pit for us to fall. They do not want to see us rise, they do not want to see InI shine and be successful in life. So I say to you today, do not let people expectations for you, turn into self-fulfilling prophecy. For those of you that do not know what this means, a self-fulfilling prophecy is a prediction that, in being made, actually causes itself to become true. Do not let them get that pleasure of saying, "I told you so" or "I know that was going to happen."

Every man, woman and child was placed on this Earth for a reason. We all have Jah light in us, but we will only see that light in those who find it and use it wisely rather than those who are ashamed or afraid of letting their light shine. Is a candle brought to be put under a bushel, hidden under a bed or covered with a vessel? No!!...it is set on a candlestick, so its light can shine freely and light up the room so all can see. For it is no secret, I love Rastafari, not just the livity but the man Ras Tafari, Haile Selassie I the First (first and foremost). For I will shout it from the mountain tops and preach it throughout the city.....JAH RASTAFARI!!!

Face your aspirations.  
Rise above the adversities.  
Broaden your horizons  
Conquer your fears...  
But always remember "To Let Your Light Shine."

# Bless Ups

Blessed the name of our father is Upper Rey Haile Selassie I dear blessings sisters!

INI sister Maria of Peru, I speak neither I write very good English.... I hope you understand to me in this mail, sisters an honor to be able to write to them and to share with you all the love that INI takes in the heart.

Sisters very Irie to read its Web page, because it is fundamental for the growth of Omega, because we can know the truth ours to exist and the true sense of as Omega in its way of virtue must be guided. Sisters I hope to be able to contact with you, serious very rewarding to reason with you, because for Omega I believe that always it is good for meditating with sisters to fortify us and to grow, seeing the way of the other sisters is very good for being in connection. And to be able to work anywhere in the world for the development of Omega.

Thanks to Jah here in Peru this occurring very hard to the way and love of Jah RASTAFARI, because the sisters every day we grow in love and the virtue that we see in our Father and Mother King Alfa and Reyna Omega. that it is important for our development. Hermanas much respect and love for you, you continue working for Rastafari since they have done it. All the love and the kindness of our Eternal Father Rey Rastafari this always with you. Everything is to them Blessed like to all family INI by ajah.  
Empress Menen them of the virtue, to continue walking in R7

Much love  
Only and true Jah RASTAFARI

- **Sister Mariella**

Greetings in the Blessed Name of Emperor Haile Selassie I and Empress Menen I.

InI is aware of the existence of Rootz Dawtaz and grateful that the sistrens are coughing fire. InI have an organization here in South Africa (Free State Province) called New Race Consciousness (NPO) and a student society at Wits University called Rastafari Student Society (RAS). These two bodies currently do not have any active Sistrens doing the Omega Mission, so InI is collecting Vizionary Newsletters, and InI will make them available to the Sistrens who would show interest in carrying out such a mandate. Could the Sistrens please send InI more articles on the Utterings of the Mother to give to the Sistrens who are not quite clear on their Mission.  
InI Give Thanks and Ises Unto the Hola One of Iration King Alpha and Queen Omega JAH RASTAFARI  
ONE Perfect Love!  
N.R.C  
M.A Pule (Chief- Director and Founder)

- **Ras Moabi (Weep Not)**

Hail Sister Empress Sarai Ikembe

Might and Power are indeed the I possession. Let the King Alpha Queen Omega Irit I-tinually reside within the I and team to carry on the Mightful works.

Sistren I just seated up for an Iwa and checked out everything. The inspiration flows both ways and I an I an I know the Source. Wonderful works Sistren – no flattery only truth. Some of the photographs used are ones I am seeing for the first time and they add to the word sound that is already of high interest.

Let me share with the I one of the most inspirational moments of my trod as a Rastafari Sistren because it happened right there in the colony of the BVI – in Tortol while I an I an I were there in 2003.

It was at High School where Ras Iration I and I were filling in some time reasoning with the students because Brother Luciano was going to be late. He arrived just about 10 minutes before the lunch hour bell and then gave a great little concert for the student audience. The I may I-call that his planned night time performance was rained out.

Anyway, during the session at the school, there was the opportunity for photo moment with Brother Luciano which I wanted to take advantage of so I could show off with my sons but that was not to be. I was surrounded by 8 or 9 young student sistren who were seriously seeking advice about how to exercise the right to have their dreadlocks and wear their turbans to school. Luci's manager came twice to invite I an I into the photograph and I wanted to go but those Sistren did not budge – so serious was their Mission, and of course, I could not budge either. Sistren, I was so humbled and so inspired by that incident that it remains with I to this day. Iron truly sharpeneth Iron.

In that I-wa I also knew with great certainty that no matter what the ills of that colonial spot on the map, the future of Rastafari in the BVI is assured. It is not an experience I would have had or even now am I likely to have here in this LOC (Land of Captivity), Anguilla.

Peace, Love and Power  
- **Sister Ijahnya**

# Striving To Live Upright

Princess Ruth Auyhmann Gabriel

## *Inity & Strength within the Family*



What's the best solution to fill the gap within the Rastafari family? The answer is simple, Haile Selassie the First. [an] as Rasta know that His Majesty isire, to love thy neighbour as thyself. The Rastafari family is a special family because [an] know that the Rastafari family is the truth. And because [an] know that the Rastafari family is the truth, [an] must do all we can to preserve, empower, strengthen and spread the truth. Sistrens, we often sit and reason about the things we would love to see the Lions doing within the inity, but more times [an] must evaluate [an] self as princesses and empresses. I separate these two because life progresses in stages. Sistrens, [an] must examine Proverbs 31 carefully and compare it with [an] levity as wombman to see if [an] are virtuous in truth. Just being Rasta, turban up, covered up from head to toe, smoking ganja, attending [yabinghi] and trodding with a Rastafari man is not enough! Nuff coming under lioness clothes in these times.

[an] got to love [an] self and know the [self before [an] can love another. And most importantly, [an] must love His Majesty above all things. Above yourself, above your Kingman, above the youths and above material progress. Humbleness is a trait that an empress must posses. That quiet fire, an assassin. Babylon cannot touch you because they do not know what to expect. Be mysterious like [an] Father.

As a couple trodding [an] have to have unconditional love (loving your spouse as yourself), tolerance, overstanding, patience, compassion, forgiveness, wisemind, determination, cooperation, good communication and a personal relationship with Haile Selassie | the First.

# In The News

## Reflections of the 2nd Edition Trinity Trod

Greetings in the divine name of His Imperial Majesty Jah Rastafari Haile Selassie the first, Hail the Mother of Creation.

I am here to give you a review of the 2<sup>nd</sup> Edition Trinity trod, hosted by the brethren and sistrens out of the Rastafari Solidarity Churchical Order in St. Kitts & Nyahbinghi Theocracy Melchizedek reign house of David. InI was blessed to be there for 3 days, it was a blessed gathering, and INI give thanks for being able to be there.

First and foremost praises were given to our Creator. The enchanting sounds of the Nyahbinghi were sound through every hill and valley, riding the place of all wicked vibrations.... Selassie I!!!

There was a panel consisting of brethren from various countries in the Caribbean, such as Tortola, St. Kitts and St. Martin. Elder Ras George Irons out of Jamaica Royal House of Nyahbinghi blessed the gathering. This was held from July 20 to July 27, 2006 in St. Kitts and Nevis.

For the panel discussion on Friday 21<sup>st</sup>, July 2006, some of the topics were based upon empowering and educating the youths of tomorrow. Topics such as Creating Employment for the Youths was discussed. Ras I-midiean (Tortola) commenced this topic, and some suggestions were creating workshops where a one can teach a one a trade as well as opening vegan restaurants and establish links within the Caribbean, because we know that it is very difficult to find Ital restaurants in the Caribbean. The youths were encouraged to look within themselves and build upon their talents, whatever it takes to build Rastafari nation and to become more self-reliant.

Ras Zedekiah (St. Kitts) spoke about Youths encounter with the law and discrimination that Rastafari face within Society. Legalization of Marijuana was another topic that was brought up. The legalization of the hola herbs. Some brethren suggested that we teach ones and ones in our community about the wonders and benefits of the herb (Marijuana)

because its use is not only to smoke and hold a meditation. Brethren and sistren should educate their youth so they can know of it, not just seeing mama and papa using it, so the knowledge could be passed on from generation to generation...seen.

Ras Sankofa (St. Kitts) reasoned about Youth Education within the Rastafari Family. InI also reasoned about various obstacles that were faced in the system like with InI youths that prevented them from entering school with dreadlocks. Most youths were home schooled by their parents. This is not the case anymore, we exercised our RIGHT as human beings, and this

folly law was lifted, with all obstacles faced in this levity we must stand firm on that decision and don't let Babylon scare you. He also stressed the need for having our own day care center and schools. These milestones only happen with time and determination, strength and most of all UNITY. Within the community Rasta is seen a STYLE. The dreadlocks and the colors are seen on ones who don't know a thing of



*Elder George Irons (Jamaica)*

the levity, but the stereotypic images of man wearing dread with a spliff in his hand and wearing red, gold and green...and everything is IRIE!!! and FIRE BURN!!! This is images portrayed in Babylon. We have to stare clear of this image, watch how we move in the system and how we are seen. Educate the people about this levity so that InI can rid some of the images. We have to educate the next generation so that some of these chains can be broken. Teach the people of the goodness of Rastafari.

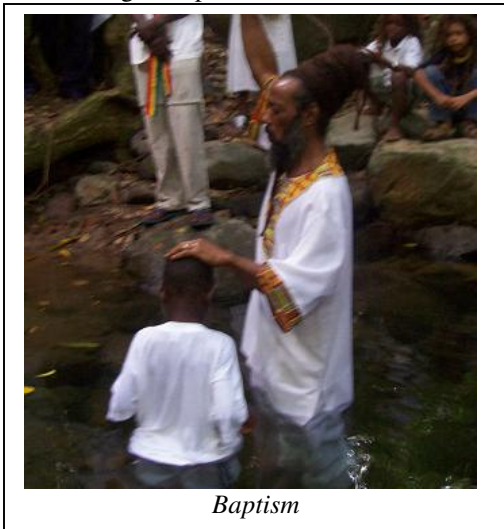
Ras Sankofa (St. Kitts) read H.I.M. Speech on Creating a New Africa we reflected on that and focused our energies by trying to apply H.I.M. Principles for INI nation building. Characteristics which could be manifested in the CHRIST levity, these are Discipline, Devotion and Commitment to that cause.

For the afternoon panel discussion Ras Phillip gave an update of Ethiopia,

Shashamane Reparation & Repatriation. He stated that The Prime Minister of St. Vincent along with delegates of the Rastafari

House of St. Vincent visited Ethiopia in Oct. 20, 2005. An arrangement was made for person from St. Vincent or any said Caribbean island can travel to Ethiopian without a visa whether or not you wish to reside there or not. This means that Rastas will be granted the same status as citizen/Ethiopians. A head quarter will be set up in Ethiopia to handle these cases, linking the Caribbean and African Diaspora, another chain broken, so persons wishing to repatriate must go through that organization.

Reparation was discussed by Ras Negus, who said that France acknowledges the slave trade was a crime against humanity. A question was posed, "should we forgive and forget slavery and expect no form of compensation from the oppressors?" The reality is financial compensation would be difficult to generate for all African descendants, but reparation can come in other forms such as the education and all the knowledge we lost during the slave trade as a result us living in the west. We just have to keep the fire burning on reparation and some more doors will be opened.



Another issue was, should repatriation be seen as physical things? Yes, repatriation must be seen as a physical thing but first InI must repatriate within us first. There must be a spiritual repatriation. We cannot go to Ethiopia, unprepared, and dependent on the system because they are not going to help us. Therefore more structure needs to be established within Rastafari. Special training has to take place to educate and prepare ones and ones for the journey to Ethiopian.

On Saturday July 22<sup>nd</sup> there was a Sabbath gathering where ones were reading scriptures, unveiling prophesies and answering questions and iritical reasoning. Ones trodded to Tabernacle at Ras Philip Botanicals Gardens and had ible study and ises. When we reached forward at the Community Center where we were staying at Old Road, Ises went straight into the morning for His Majesty Earthday.

On Sunday July 23<sup>rd</sup>, 2006 several people got baptized in the morning, then in the afternoon there were Sanctification of the Youths (Christ Giving). Later on in the

night ones got to unwind and listen to some sweet reggae music. There were even some performances by the Rases who were there. House of Royalty (St. Kitts), Ras Idren (St. Kitts), Ras Simeon (Tortola), Ras I-midiean (Tortola) and some other brethrens out of St. Kitts (the names I can't remember) but I give that performed big props to all the artists because they were real good.

Give thanks to the brethrens and sistrens of St. Kitts for the Hospitality and Much Love....RasTafari, Haile Selassie the first lives and reigns.



# Poetic Heights



## Dear Jah: My Letter To Jah

**By: Ras I-Jamal Lloyd Simulumbu**

Dear Jah my heart cries eternally  
Though my tears never show  
Been taught that men show no emotion but my heart yearns for more  
They label me this or that I am a man

they are women why they got to call we pimps and ho's  
they sitting on a time bomb that's almost ready to blow  
We at the point of no return like cowboys ready to draw  
Cocaine, guns, war, police killing us slow  
honestly how do they expect our seeds to grow  
Bring my righteous people up, let them not bury our spirits down low  
We take it back to yesteryears when it was all ruff rugged and raw  
Lets get ready to run this capitalistic slave ship aground  
Lose all negativity broken chains around  
I am no silent lamb waiting to be slaughtered I'm gonna elaborate  
Rain my wiseness on them ,I'll precipitate  
Rasta like me ,brains like me ,I'll set a precedent  
Rebels fighting for a worthy cause ,lets get more dissident  
Your blueprint plan ,send all blacks to jails make them resident  
300 plus years of slavery do they think we resistant  
Reparations are due, lets get more persistent



blacks though sometimes are their own deterrent  
Ride on the system lets forget our inner strife  
As downtrodden people we all equally strive  
Why would you greet your brother with the full wrath of a 9mm or the sharp edge of a knife  
Reverse that psychology or the streets will get more dire  
Body and soul Malcolm X was not one to tire  
Black empowerment that's the system we need to hire  
Solve our beef through dialogue not to the sound of gunfire  
All our heroes assassinated we need another strong black pillar  
Each passing day these souls get more bitter tears in our hearts start to show the pain  
Keeps getting more realer

## Africa

**By: Rueben**

Let them be, the black boys and girls are part of God's family.

Africa needs to be free to stand in society.  
No more oppression, no colonialism and separations.

Africa must stand as a nation.

Marcus Mosiah is spark of fire  
He say "rise o ye sons and daughters  
Stand firm and know your creator  
Shine your glory and lift Africa".  
Every hour, minute and second is counted  
There is still time, but it's limited  
Lift up ye head, for the trumpet has sounded  
Rise to the top, Christ has already conquered the dead  
There is no mission or task that cannot be eliminated  
If Africans heart, body, mind and soul are united.

**(continued from pg 7)**

anyone.

As plentiful as they seem, the problems plaguing Ras Tafari houses at present time are summed up in one word; ignorance – lack of knowledge. It is written in the Bible that the Lord said; “my people perishes because of lack of knowledge.” To my eyes, it is an obvious truth.

Sisters and brothers, I invite InI reflections on and observation of some of the manifestations of ignorance, which constitutes InI problems. I assert that all of InI problems began with InI elders. Succeeding generations have only galvanized and complicated the problems.

### **Problems**

- (1) **Selfish misinterpretation of Bible passages:** Example: In my Father’s house are many mansions. Instead of cooperating with the central authority of Leonard Howell, Brother Nathaniel Hibbert and other early leaders formed their own mansions.
- (2) **Church versus State:** Disregarding the biblical declaration that the government shall be upon His shoulders, hereby making it evident that the government is the highest institution of any collective community, early churchical priests like Reverend Claudius Henry, Prince Emanuel Edwards, Ras Boanerges and others formed their own congregations while despising the governmental system and authority of Brother Leonard Howell.
- (3) **Saturday versus other named days as Sabbath:** Because most of InI early leaders were of a Judeo-Christian upbringing, they perpetuated the Sabbath day confusion while ignoring Jesus’ clarification that man was not made for the day.
- (4) **Man Versus Woman:** Again, because of Judeo-Christian indoctrinations, InI elders embraced and perpetuated the mad concept of man superior and woman inferior. Also that a man locks is his crown and that woman locks is her tail to be hidden.
- (5) **Elders versus Youths:** Ignoring life’s reality that generations come and generations go. Ones are conceived, born, live, grow old and die. InI elders have created a confrontational situation with their youths; being arrogant in their assumption that the elders are the exclusive authority of the family. In not submitting to the relay cycle of life. InI elders are reluctant to enthusiastically pass on the baton to their youths and cheer them on.
- (6) **Organize and Centralize versus Mansionism:** Because centralization entails obedience to a common law and cooperation with central authority, brethren being jealous of their autonomy have been practicing isolation of mansions rather than integrating for collective betterment.
- (7) **Repatriation versus Liberation:** Repatriation now has long been a slogan among InI as if its utterance will make it happen miraculously. InI have been ignoring the liberation aspect of repatriation, which involves mental, cultural, technical and economic preparation.
- (8) **The teachings of His Majesty versus personal sentiments and opinions:** His Imperial Majesty Emperor Haile Selassie I has given clear instructions on every issue that confronts InI. Instead of applying InI selves to the teachings of His Majesty, InI have preferred to pursue personal beliefs and opinions to InI detriment.

Ras Tafari sons and daughters, it is good to identify the problems confronting InI but it is much better to be able to solve them. I suggest that it is the responsibility of evolving generation and its leaders to resolutely rectify the existing problems. To do so effectively, demands a new attitude towards each other and InI prevailing situation. InI have begun to recognize the need for appropriate leaders and strategies. Let us identify InI competent leaders with vision and empower and cooperate with them. Train those with potential. InI must demonstrate InI awareness that to organize and centralize is InI only assurance to collective security and prosperity. InI must employ new ideas and strategies to InI organizational and developmental challenges. All of the problems plaguing Ras Tafari houses at the present time are relatively simple and minor. InI only need to decide to solve them and work accordingly.

I give thanks for ingels attention. I hope InI cooperation will make InI plausible servants of InI family and cause.

Ras Tafari Love