

Public Information Pack for Meetings

Dear CoDA Members,

We can help each of our meetings to flourish and support **Tradition Five: “Each group has but one primary purpose – to carry its message to other co-dependents who still suffer”** by communicating the presence of our CoDA meetings to the people in our local areas.

This can be done through such things as;

- **sending basic information about our meeting to local newspapers**

who will often place the information in the public notices section for free or for a small cost. Enclosed is a simple notice which can be sent to local newspapers. Just one volunteer is needed to ring local papers to find out if this is possible and where the notice should be sent to. A contact person and their phone number could be published at the bottom of the notice, if your meeting wishes to do this.

- **placing posters or flyers on public noticeboards in our local area.**

Some possible locations are: supermarkets, libraries, community centres, churches and other places of spiritual practice, hospitals, doctor’s offices, rehabilitation centres, anywhere you may find a community noticeboard. Enclosed are several coloured A3 posters and a bundle of coloured A4 flyers. There is just enough to get you inspired and started. Intergroup would like the meetings to be self-supporting in this, so there’s a white master copy enclosed which can be kept and photocopied as more posters and flyers are needed. One person could volunteer to photocopy a much bigger bundle of posters and flyers, and the local area could be divided up amongst as many volunteers as possible to put them up. Many hands make light work. There are two posters: one for the local meeting, which can be put up in the local area and a general CoDA one, with tear away tags on the bottom, which could be put up anywhere.

Tradition Eleven: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

We do not advertise our meetings in the usual sense of advertising – using techniques which attempt to convince people that they should come to CoDA (such as promising particular results, having celebrity sponsors or authors promote us, or by attempting to influence, manipulate or control people’s choices in any way).

We simply make available the basic information about what CoDA is and what meetings exist in the local area. We let people know we are here and then we respect each person’s right to decide for themselves if CoDA is right for them.

In the spirit of fellowship and service,
CoDA Intergroup Committee

Newspaper Announcement

Co-Dependents Anonymous (CoDA) Meeting Information

Co-Dependents Anonymous (CoDA) is a Twelve Step Fellowship of men and women whose common purpose is recovery from co-dependence and the development and maintenance of healthy relationships. CoDA is a non-profit organisation supported by the voluntary contributions of members.

The CoDA meeting in the _____ area is:

on _____ at _____ am/pm

At _____

Newspaper Announcement

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on _____ at _____ am/pm

At _____

Wanting Healthy Relationships?

with self—partner—family—friends—work

Co-dependents Anonymous (CoDA) is a worldwide network of groups of men and women who share the common purpose of learning how to develop and maintain healthy and fulfilling relationships.

CoDA is an anonymous Twelve Step group, so your privacy is protected. Its' program is based on an adapted version of the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. As such it is a spiritual not a religious program. It is a non-profit organisation, there are no fees for membership, each group is fully self supporting by voluntary donations from its members.



For information on CoDA meetings in Australia and New Zealand:

Recorded Meetings List on (02) 9281 3001

www.codependentsanonymous.org.au

The CoDA Central Service Office number is (02) 8230 3959

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Relationship Difficulties?

with self—partner—family—friends—work

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Local CoDA Meeting:

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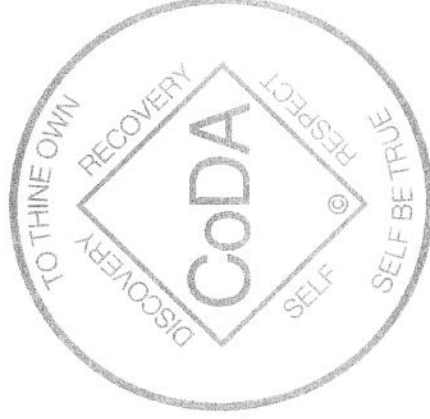
The Australian website is www.codependentsanonymous.org.au

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