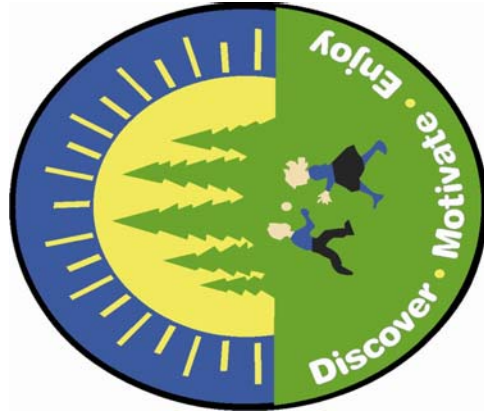


The Grindleford Gallop 2008

Saturday 8th March 2008



All proceeds from this event are in aid of Grindleford Primary School

www.grindlefordgallop.co.uk

Please come and join us for the eleventh Grindleford Gallop, an event open to both walkers and runners.

We hope you enjoy the 21 mile circular route through some of Derbyshire's finest countryside and we look forward to seeing you afterwards for filling home-made soup, cakes and drinks in the Bishops Pavilion, Grindleford.

The entry fee is **£10.00** per entrant . This will cover all drinks and snacks at checkpoints, hot food and drinks at the finish, electronic race tag for runners and a certificate of completion.

ALL PROCEEDS FROM THIS EVENT ARE IN AID OF GRINDLEFORD PRIMARY SCHOOL

Please enter early to avoid disappointment—this is a very popular event that does fill up quickly!

If numbers permit it may be possible to take entries on the day, but this cannot be guaranteed.

The last date for receipt of postal entries is
STRICTLY:
28th February 2008

SHOULD YOU REQUIRE FURTHER INFORMATION....

DO NOT CONTACT THE SCHOOL

PLEASE

VISIT OUR WEBSITE
WWW.GRINDLEFORDGALLOP.CO.UK

EMAIL US AT
INFO@GRINDLEFORDGALLOP.CO.UK

OR

RING US ON 01433 630598 BEFORE 8PM

ENTRY FEE: The entry fee for The Grindleford Gallop is **£10** per entrant.

T-SHIRTS: the cost of t-shirts is £5 each. Please ensure that you state the size you require below. T-shirts will be distributed at the end of the event.

- Small
- Medium
- Large
- Extra Large

DONATIONS: a number of individuals last year kindly made donations to the PTA, in addition to their entry fee. This money and the proceeds from this years event is going toward renovating our school garden and play areas.

Using Gift Aid means that for every pound you donate, we will receive an extra 28 pence from the Inland Revenue.

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I would like to Gift Aid a donation of £.....

I would like to Gift Aid all donations I have made to

The Parents & Friends of Grindleford School since April 2006 and all donations in the future until I notify you otherwise.

Signed:.....

Date:.....

Please make cheques payable to Parents & Friends of Grindleford School and forward your entry form, entry fee and donation (if applicable) to:

The Event Secretary
PO Box 4203
Sir William Hill Road
Grindleford
Hope Valley
S32 2HP

The Grindleford Gallop 2008 ENTRY FORM

Name: _____

Address: _____

Contact Telephone Number: _____ Post Code: _____

Emergency Contact Number (GallopDay): _____

Car Registration Number (GallopDay): _____

Email Address: _____

Please respond to my application and keep me informed via email in agreeing to this you help keep our costs down

I am entering as a: Walker

Runner

Runners Only: Male

Female

Running Club Name: _____ Under 40 Years Old

Over 40 Years Old

Over 50 Years Old

Over 60 Years Old

MEDICAL CONDITIONS: I have a known medical condition that you should be aware of in the event of an emergency. (Please state below)

.....

DISCLAIMER: In taking part in The Grindleford Gallop I understand and accept the hazards involved and acknowledge that I am entering this event at my own risk.

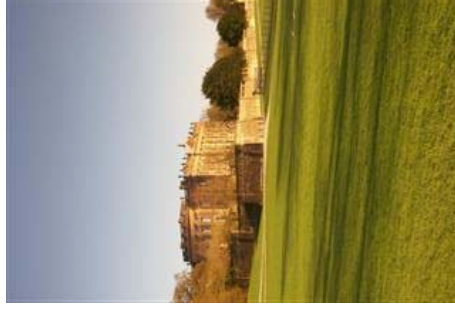
I understand that the organisers accept no responsibility to me for any loss or damage of any nature to myself or my property arising out of my participation in this event.

I understand that it is my responsibility to ensure that I am properly equipped to take part in this event with the appropriate route map, compass, contact mobile telephone, whistle, waterproof/windproof full body cover and emergency refreshments.

I agree to abide by the Country Code.

Signed:..... Date:.....

Please turn over to complete the entry form...



Photographs reproduced by kind permission of peakdistrictonline.co.uk

Grindleford Eyam Great Longstone Baslow Grindleford

21 miles of fine Derbyshire country-

Application Forms

On receipt of your application form you will be sent confirmation of your entry together with route details. If you prefer to receive these by e-mail, please complete your email address clearly on the application form.

Car Parking

The car park is likely to be located next to Grindleford Station. Car parking is at the owner's risk. We ask that you be considerate to villagers when you park in the village. Visit the website for a car park update.

Equipment

We do not propose to check equipment. However this is a late winter /early spring event and we do expect entrants to carry clothing and emergency equipment and rations suitable for the varying, and possibly extreme, weather conditions.

Dogs

As this event takes place during the lambing season we cannot allow any dogs on the course or at the pavilion. **Please do not bring your dogs to the event or The Pavilion.**

Age Limit

All entrants must be at least 16 years of age. All under 18s must be accompanied by an adult and must declare their age on the application form.

Dibbers

All runners will be provided with a Sport Ident e-card. **Failure to return your e-card at the end of the event will incur a charge of £18 to replace the e-card**

Food & Drink

Hot and cold drinks and snacks will be provided at certain checkpoints and after the event. This is included in your entry price. Please note that food & drink will not be served after 5pm

The Country Code

The route crosses private land and entrants are respectfully requested to keep to public footpaths and to honour The Country Code.

Start and End Times

Walkers may start at any time between 7.00am and 9.30am (registration will be open from 7.00am onwards). There will be a mass start for runners at 10.00am. **Runners starting before 10am will not be included in the race results.** Anyone anticipating finishing after 5pm must contact the coordinator on the day, using the telephone number provided on the day.

Entry Data

Details of personal information will be stored electronically for the purposes of race administration. This information is not disclosed to any other organisations.

Emergency Contact

Please provide an emergency (mobile phone) telephone number so that we can contact you during the event and you can contact us if you experience a problem. The emergency procedures and contact numbers will be clearly stated on your check point card.