



# The Voice Box

*Seeking to Establish Knowledge and Understanding*

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## **Loss of a Son**

***This lady came to us with some trepidation but with an open mind. Still harbouring grief from the death of a child soon after birth, she came seeking both comfort and evidence that her son was both alive and happy in the next life. Although naturally nervous to begin with, she warmed to the kind words and comforting sentiments of the guide and became reassured that her 'lost' child was still very much in evidence around her.***

**White Feather (WF):** "Are you happy?"

**Sitter:** "Reasonably..."

**WF:** "Well let us hope that by the end of the evening we can ensure that your happiness has increased. For that is our purpose. To bring happiness, to bring light, to bring information. I know that there are a few questions that you have for me and that is something that I always delight in, as do those who stand at my side. So Sunflower, perhaps you will start the proceedings in your customary fashion."

**Amander (Sunflower):** "Do you have a question that you would like to ask?"

**Sitter:** "I would like to know if he is alright?"

**WF:** "You are referring to the one to whom you are closely attached?"

**Sitter:** "Yes"

**WF:** "The one in my world is in the brightest of health and radiance. There is no sickness, there is no disease, there is no suffering, there is no regret. All is well and let me say that the one to whom you refer, who WAS and IS and EVER SHALL BE a part of you, is happy and content and making progress in the realms of light as it was intended that he should. The sadness remains in your heart, but in his heart there is no sadness. The only sadness is that you are sad. When you place flowers on the spot and when you speak to the grave you are speaking to an empty place, for he is not there. He is with those in my world, with whom he shares an affinity and he is within you, in your heart and around you. This you must understand. Sadness is so often prevalent where there is a passing, where there is distress but we must not hold that sadness forever. There is a time to be sad, there is a time to cry. There is

a time also to rejoice that the soul no longer has to encounter the harshness of the material world and the physical 'reality' but is set free in the realms of its true nature which is its home. As I have said so often; where there is love, there is no separation. To you at times, there is a vast chasm between you and yet it is but a hair's breadth."

**Sitter:**            ***"Do you know who he is with?"***

**WF:** "There are many with whom he has an affinity. Members of family but also those with whom there is a friendship link. You recognise that we have in my world what I refer to as 'realms of the children' where children play with children. Where young souls are with young souls. Where there is much laughter, gaiety, happiness and rejoicing. Not for them the tears of sadness. Not for them the thoughts of despair and pain, but for them the joy of being with other souls, other children. Of being cared for, loved, looked after, educated – not in the ways of the earth with its trappings of ignorance, spite, hatred and darkness, but in the ways of the spirit. Oh, what joy it is to be a child growing up in the spirit world. For here one is not fed the doctrines of religion, one is not accustomed, as is the case in your world everyday of the taunting of other children, the spitefulness, the vindictiveness and the materialistic aspects and concepts of your world. Here the soul is unfettered and can experience truth and joy. This you must understand. Do not despair, do not cry for me, for I do not cry for you."

***At this point our sitter was a little overcome with emotion and was unable to ask further questions of the guide. Acknowledging this, the guide went on to talk further about the children's realms in the spirit world.***

**WF:** "Well let me continue for a while because I think it might be helpful to those present here in your world to say a little bit about the children's realms in my world. First of all I want to point out that there are many souls gathered here in my world listening to this conversation and my love and my thoughts reach out to them as it does to you. To visit the realm of the children is a wondrous experience in itself. Children you know, are such bright souls and sparks of light. They are great teachers. They provide great inspiration. One can learn a great deal from a child. I personally have learned as much from a child as I have from a great teacher, a great soul and who is to say that a child is not also a great teacher and a great soul? The realm of the children is filled with laughter and joy. They spend their activity or time in a mixture of learning and playfulness, often a combination of the two. They attend what you would come to regard as a 'School' because their mind, their soul, still has to learn as it would have done upon the earth because that particular facet that is expressing itself through that form still has many things to understand, to grasp. But you must recognise that the mind, in my world, can grasp things much more quickly than it can when having to operate through the physical brain of matter. This is why children in my world pick up things and grow intellectually as well as spiritually far more rapidly than is often the case in your world. We have great teachers who help them and love and care for each and everyone of them. Each child is afforded the same time and effort, love and attention as the next. We do not have favorites. One is not neglected to the exclusion of another. One is not placed on a higher pedestal and serviced more than another. Each is afforded its own time because it is recognised that each is a special soul in its own right. So there is opportunity to explore the realms of music and linking with animals. It is

not uncommon in my world to see a child riding upon the back of a tiger or standing upon a lion or sitting upon the back of a giraffe! In your world these things would be impossible. In my world animals and children play together as great playmates as if they were brothers and sisters. There is the opportunity to study the various sciences, to look at the history of life as it truly is, not as it is portrayed through your history books, which are a sham. There is the opportunity to view the stars and the galaxies and so often you will find that the true gifts of these children, which they have earned through past lives and which are spiritual gifts, come to the fore. And it is not an uncommon sight to see children in my world who, were they upon your world would appear around the age of, shall we say six or seven, playing together in a great orchestra, playing songs and symphonies of the masters. You look at this and you think 'how can these young children have grasped this complicated music and these instruments...they are so young? And yet you see that the spirit yearns and grasps these things so easily and swiftly in my world than it does in yours and so these things come more easily to the growing mind, the growing soul."

***White Feather went on to tackle the question of grief, a problem for those left behind on earth when a loved one passes on:***

**WF:** "Now, what about the ones who have been 'left behind' in your world? What about the parents who are often filled with despair, grief and in some cases guilt? There need be no guilt. There need be no grief beyond the initial shock that transpires. You must remember that every passing occurs because it is meant to be. Because of the laws governing that. There is no chance, fate or accident. Whenever anyone passes into my world it is because laws are called into operation that necessitate that passing at that time. When a child passes it is because in reality its time has come to do that. From the child's point of view the initial shock is brief, it passes swiftly and there soon comes a recognition of what has transpired. Very quickly a child is able to be reunited from my side of life with its parent even though they cannot sense it so often. They are not aware that the child is there with them, but from the child's point of view, they are there with them. They can see you, they can hear you, they can be in your midst, in your house, in their own room and their own space and that is perfectly natural. They are helped to understand what has happened, they are taught and they are helped to recognise that the ones left on the earth plane cannot always see them as they themselves can do and they are educated into the whys and wherefores of the spirit transition, the spirit world and all that is encompassed. Very quickly they are moved onto the realms of joy and happiness and there is no suffering. This you must understand.

So often, when you see a child passing into my world the last picture that you are left with is one of the child suffering. But that is only momentary. It is only a short time span and it is only in the physical world. Very often the physical body can suffer but the soul, the spirit, does not feel it. That you must recognise. Every child in my world, without exception, is met at the moment of death and helped over either by family and certainly by loved ones who have their care and their best interests at heart. What is buried in the grave or cremated is only a remnant, only the shell. It is not the real self. It is not the individual. The individuality of each child is retained as is every soul that passes into my world and that continues in an unbroken sequence at the moment of death.

**Amanda:** *“If the soul that passes is only upon the earth a very short time, from a soul perspective would it have a memory or an understanding that it was to pass quickly?”*

**WF:** “The soul would know before it came upon the earth that its earthly sojourn was to be short. But during that time it may have learned the lesson that it came to learn when it came to the earth.”

**Amanda:** *“Would it be HIS lesson, because it obviously leaves its mark upon the parents for such a long time afterwards....such a hard thing?”*

**WF:** “What lesson....what lesson is learned by an individual that does not also have its impact up[on those who surround that individual? Who is to say that the lesson that is learned by the individual is not also a lesson for those around it? What passing of a child does not affect the parent? Whose is the greater lesson, the child’s or the parent’s? Whose is the greater experience and who is to say that the child did not incarnate for that very reason, to help its parent learn that very lesson?”

**Amanda:** *“And would the parent know what that lesson would be or is that something which she would come into an awareness of as time goes by?”*

**WF:** “As time goes on one always comes into an awareness of a particular lesson, particularly if it is a Karmic lesson which carries greater import for the progress of the soul. At the moment that the event occurs and for a little while after one does not always recognise the lesson that is being learned through the experience that has been undertaken because the pain is great, the tears flow, the heart bleeds, the soul cries out ‘why has this happened, why me?’ The mind is in turmoil. So often you find, although not always the case, that individuals question themselves. Could they have done more? What did they do that they shouldn’t? What did they fail to do? Where does God come into the equation? It is only with the passage of time that one can reflect in a way that is...what shall I say...less involved, where one can take a step back and analyse. Then perhaps one can recognise that within that experience was a great, great lesson. It could not be seen at the time but nevertheless was a lesson which both the child and the parent agreed beforehand to undergo, to help each other. That is the great truth. If one can beyond despair, beyond bitterness, beyond grief one can see that within each experience there is a lesson to be learned that will equip the soul of each individual, as a means to quicken its vibration and enable it to move forward into the realm of light. You know, what is often a defeat for you is a victory for the spirit. What is despair for you is a rejoicing of the soul. I have stood at your gravesides, I have stood and watched your bodies being lowered into the ground in a coffin. I have stood at your burial chambers, I have seen the tears flow and the bitterness from your hearts but if you could look from my side you would see the rejoicing when we are welcoming back from the darkness of the earth to the light of the spirit realms. It is a great, great occasion for us. What is heartache for you is rejoicing for the spirit for we are welcoming home one of our own.

You have to look if you can, not with the eyes of matter but with the eyes of the spirit and you will see that these are not the acts of a vengful God who seeks to punish you, or hurt you, but a God who is all knowing and all loving and who has, ultimately, your best interests at heart.

The question of whether a parent will be able to locate and recognise their child in the spirit world when they themselves pass over is one which often gives rise for concern. Amanda picked up on this very point and asked the guide what would happen in this event:

**Amanda:** *“If the child goes into the spirit world, when the parents pass over, is the ‘baby’ still a ‘baby’? Obviously there is a recognition from a soul level but would that child appear as the baby it was when it passed so that the mother and father would understand?”*

**WF:** “Absolutely. The ‘child’ would always appear in such a form as to be recognised its parents. If that child passed as an infant then it would appear as an infant. It will be there waiting for you in your ‘home’ or whatever place of residence you take up when you come to my world. You will find that child will be waiting for you. It may be that in a very short time it could reappear as it has ‘grown’ to become if that is appropriate and that, ultimately of course could be a great shock to the soul of the parent to find one that had grown to adulthood and with whom it did not share that transition, so always you will find that the appearance of the individual is tempered to the needs of the parent and it is quite appropriate that the soul should appear as it had passed for a little while or as long as it is necessary for both parties.”

**Amanda:** *“Obviously there are a lot of emotions around at the time, but is it possible for a child to die because of something that somebody else didn’t do correctly? If that is the case how does that effect.....”*

**WF (interrupting):** “This is a particular bone of contention is it not?”

**Amanda and Sitter:** *“Yes.”*

**WF:** Try to understand that individuals do of course make mistakes. You will understand that they have to make decisions and no one is perfect. Not you, not they, not I. Sometimes people do things out of malice, other times because they are tired, or because they are incompetent or simply because they are for whatever reason. Try to understand that would not influence the knowledge of the soul of the child who came into the body because the soul would know beforehand that was to transpire. You must recognise that all things in your world are known. It does not mean to say that freewill is excluded and that life is like a play in a theatre, which you are acting out and that all things are predetermined, because that is not the case. The soul knows the landmarks of its journey upon the earth. It knows about certain events that are meant to transpire. That does not exclude freewill, but it knows what is to transpire and it would know that its time on the earth would be short. Nevertheless, that would not deter it from entering the body, to give that body the opportunity to learn the lesson, to quicken its own progress, not to mention its effects with the other members of the family in a Karmic sense as we have already mentioned. Do you understand that?

**Amanda:** *“Yes. It is very difficult in a situation like this though where the question of negligence is on the minds of those involved....would you be able to tell us at all whether....because it is very difficult to let go of these feelings of bitterness.....are you able to say that this baby would not have survived in*

***spite of any medical intervention if it was meant to come and go as quickly as it did? Is that what you are saying?"***

**WF:** "If the spirit decides upon a course of action that is necessary for it, there is nothing and no one in your world that can prevent that from happening. Whatever measures are taken, whatever directives are employed, you cannot hold the spirit when its time is ready to be released from the body of matter. I know you would perhaps argue and say that well, we have 'life support machines' that we can use to keep the physical body alive, but I can only emphasise that spirit is master, matter is servant and when the time has been reached for the spirit to withdraw there is no machine, no doctor, no drug that can be applied that can prevent the passing. Now, I understand of course the implication that one can shorten one's life through inadequate procedures, through tampering or incompetence and of course these things upon a vulnerable child's body can have an impact. Of course, if the body is injured then the spirit can no longer operate through it and will withdraw, resulting in what you call 'death', but I can only emphasise again that the soul knows before it comes. At the soul level there is an awareness of that journey which it is undertaking and it chooses to touch your world for a few moments then perhaps it is learning a greater lesson and performing a greater service than if it were to reside there for eighty or ninety years. Who are you to say how to look from the soul perspective?"

***Amanda: "If that's the case then, as difficult as it may be, is it appropriate to forgive those people who are around and involved at the time?"***

**WF:** "Let me say something to you which you want to have an answer to. In the case in question there was no malice, no vindictiveness, no deliberate incompetence. Measures could have been taken that would have changed to a certain degree events that transpired but it is not right to hold those responsible for the passing of the child because there was no action or attempt or incompetence that was born out of malice that resulted in that conclusion. I can only look with the eyes of the spirit and say that there is a greater lesson to be learned and that *is* being learned from the events that transpired and continue to this day to unfold. The spiritual lesson encompasses a great deal more than the physical events. Let me say this to you; you have undergone a great deal of suffering in one form or another but if you look back sister, through your life, you will see that there is a common thread that keeps re-occurring, rather like the tread that resurfaces in a tapestry, rather like a current that keeps coming to the surface of a river in flow. There is a thread that keeps re-occurring and the individuals that are drawn to you and that will keep re-occurring in your life, are of a certain type of character and spirituality. Everything that comes to you, every experience, carries with it the opportunity to learn, to digest that spiritual lesson. This is not a criticism it is merely an observation. You have chosen this particular life and all that you encounter within it is to quicken your soul. Without doubt this is why at times you find individuals who present to you, difficulties, where you have to assess, weigh up, consider and discern. Through this your soul is being equipped and you are growing spiritually at a rate that you can not assess. It is the same with the passing of your beloved child which even as I speak, stands upon your shoulder. He came to help you with the same lessons which you are now learning. You have to learn to use your spiritual gifts. Let go of the bitterness, let go of the guilt. Let go of all these things and use the wondrous shower of light which even

now burns brightly within you. You are a soul which has the capacity and the ability to give light out to many who are in darkness. But how can you do that? How can you be a beacon unless you yourself have been in darkness? How can you be a healer unless you yourself have known pain? How can you help the suffering unless you have suffered? It may seem that this is a bitter pill to swallow but it is a medicine of the spirit that will equip you with all the necessary components to be a great soul.

You will help many souls in this lifetime. You will touch many souls, you will help many souls. You will even help souls that are passing into my world. You will be there when they pass. You will help their souls on its way. You will help the souls who are in grief. You will touch those mothers who have lost children. You will touch those whose tears run down their faces because they are so beset with grief and are beside themselves. You will help them because you have gone through that.

Now let me tell you one further thing that no one upon the earth can know; your beloved child is guiding you. He is working through you. His voice speaks through your voice, his hands rest upon your hands, his heart beats with your heart. You are working together. You are never apart. Never, ever apart."

***Amanda (still asking on behalf of the emotional sitter): "How....when someone desperately wants to help someone else and you've got that within your heart.....and you sometimes have to say to somebody 'no that's it, draw a line under it, they have to go'....for your own self preservation, how do you spiritually come to terms with that because everything within you wants to help the person to the tenth degree, yet it's physically, emotionally and spiritually something just not possible....you can't give anymore. How do you reconcile that?"***

**WF:** "Because the motive is a good one. The motive is to help and to serve and it is filled with love and respect, then it is that which counts. Sometimes you know....let me borrow a term from your world.....'you have to be cruel to be kind'. I'm not advocating cruelty but what I'm saying is that sometimes you have to make provision to shut one door that another may open. You must recognise that spiritual development brings with it, responsibility. Sometimes you have to say things and do things which are not in agreement with others of a lesser understanding than you. Truth is like a knife, it can cut. Sometimes it wounds, but it can also heal. What is important is that you give the truth as you understand it. If that sometimes offends others reasoning minds then that is their responsibility, not yours. You have only given it as it is. The thing is, that you do that with love and kindness, never with malice. Never with wrong intent. Always with the desire and motive to help. Sometimes you know, if you have to take a bottle of poison from a man's hand to stop him from poisoning himself even though he thinks that he needs that poison to live, then it is better to do it. I know always that you strive to operate from the motive of the spirit, of the highest that is within you. You do not have an ounce of malice within your heart. I recognise that. We all have faults because we are all imperfect. Perhaps your greatest fault is that you trust too much. Perhaps it is better that through this you grow spiritually and if that means that you do not trust quite so easily it is not a bad thing.

You know, there are many kinds of trust. You can have a blind trust, just as one can have a blind faith and that is not a good thing. It is better to have a trust based upon experience and faith based upon fact and knowledge. It is not spiritual to have a blind trust, but if you can have a trust that is based upon a knowingness, upon a discernment, upon a spiritual understanding of people, places and events, borne out of a personal experience, isn't that a better kind of trust? For then you will know whether to go forward or to stay back. Whether to speak or to be silent. Whether to imbibe or whether to withhold. Then you will truly be growing spiritually."

**Amanda (to sitter):** "Anything else you want to ask?"

**Sitter (emotionally):** "I don't think so."

**WF:** "I hope I haven't upset you too much! That is never my intent. You know, tears are wonderful things. We can cry for many reasons. But you know, perhaps the greatest tears are tears of joy, tears of recognition, tears that come from deep within the self because we recognise that we are being touched deep within our heart. Let me say that you are never alone, never forgotten, overlooked or neglected and your most beloved of beloved is closer to you than you can ever realise. You only have to reach out your hand."

**It had been an evening charged with emotion, but one which the guide had reached out in love and compassion, not only to those present but to many whose hearts have been wounded by the pain of loss. There can perhaps be no greater pain than that incurred through the loss of a child and it is hoped that the words of this wise sage can bring comfort and hope to all who find themselves in the midst of grief. As the spirit messenger says; 'you are never alone'.**

*Postscript: After the sitting we sensed the presence of the sitters son in the room and were able to give evidence that he is indeed close to her and aware of events in her life. One of the messages he imparted demonstrated something of which we could not have known beforehand. He said to us "What is this about the lipsticks? I know what you have been doing with them!" This meant nothing to us, but when we mentioned it to the sitter she smiled, opened her handbag and took out a range of half used lipsticks whose tips had been worn away into various unusual shapes. Apparently, that very day she had been laughing with other with whom she worked about how the lipstick ends resembled various objects. We also discovered later, that upon her return home, she was greeted by a white feather which was laying on the floor as she opened her front door. Evidence indeed that we are never forgotten and that our loved ones are never very far from our side.*