



# The Voice Box

*Seeking to Establish Knowledge and Understanding*

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## *Philosophy from White Feather* *The Discerning Mind*

The power to discern right from wrong is one of the most important aspects of human behaviour. Here White Feather speaks of the need to venture beyond the five physical senses and to link with the higher self and its greater abilities:

“Now this aspect of discernment is a critical one and one about which I intend to speak to you briefly tonight. For it is an important lesson which every soul, particularly those engaged upon the spiritual undertaking of service, have to contend. For your earth is a plane of illusion. The life which you lead is, by and large, an illusion. It feeds the senses with information which is often distorted and incomplete and inferior. Those who have no knowledge of the inner dimensions of existence rely almost exclusively on what their five senses tell them. But you who have begun to awaken your higher states of being know that much which is presented to you is inaccurate and untrue. Nevertheless, all too often those in your world are unable to discern at critical moments and to sift out that which is true from that which is untrue. Sometimes this is useful to the soul because it can be utilised in such a way that it enables the soul to learn a lesson. For every mistake that you make, every time you stumble and fall, there is a lesson to be extracted, something to be learned. But there has to come a time when your higher critical faculties begin to “lock in” and begin to register upon your consciousness. What we are speaking of goes beyond the five senses. We are speaking of the gifts and the abilities of the soul to see, to understand, and to register that which is. There are those in my world – and I am sure that you in your world have encountered such souls – who, when you meet, look you in the eye and KNOW. It is as if, when they look at you, they see right into your being and know you for what you are. To them you are transparent. You can hide nothing. Whatever sham you may exhibit to others, whatever mask you wear, what ever face you adorn, you cannot in any way fool such individuals. This quality is one that I would urge you to develop and unfold. It is a quality of the soul. It is that which has to be earned, like all the gifts of the spirit, but one which once recognized and brought into play will enable you to see more clearly and to understand. And to base your decisions, your actions, and even your words and thoughts on a certainty, because you KNOW without doubt.

You may say ‘but White Feather, how do we obtain this state of being?’ Like all the gifts of the spirit and anything which is worthwhile, each must obtain in their own way and their own time, but always at the expense of attributes which we should say are akin to the physical level. In other words you must increase your sensitivity at the

expense of that which would deny your sensitivity. You must work, you have to unfold, and you can only do this through a careful process of sitting in meditation, of opening yourself up to the spirit, of sensitizing yourself to those subtle energies of the spirit. To do this requires discipline. It also requires patience and sacrifice. This is why I say it is at the expense of some of your things of the world of matter which you enjoy and which take up your time. But let me reassure you that every sacrifice that is made in this direction will reap a multitude of benefits. Because the increased sensitivity of your being, even though it may lead to some distress in the sense that you also are able to register the anguish and pain of your world is worthwhile, but that is a price you have to pay.

When you look at others, look into them. Put yourself into their heart, into their mind, into their soul, and see them. Not for what they say they are, or for what they are believed or perceived to be, but for what they truly are.

Discern their being. You can only do this, as I have said, through discipline, through practice, through sacrifice. But it is a most valuable gift. It is priceless, it cannot be measured. It is a true gift, a true quality of the soul.

On a separate occasion the guide spoke of the need for each mind to reach out beyond its earthly limitations and of the great beauty that awaits it:

The mind, despite its limitations, or those imposed upon it by the form through which it expresses itself, is capable of infinite beauty and grace. Its true greatness and magnitude cannot be comprehended by mortal man. But so often we find that, embodied through the human form, the mind is almost dormant, akin to that of almost a sleep state. Of course, it can never be still, but it does not truly reach out to explore that great ocean of infinite knowledge that surrounds it. Instead, it seems to spend a great deal of its time on things of a temporal nature. Like a child playing with toys it dabbles with understanding. It grasps at straws as it tries to evaluate the purpose of life and the reason for being.

Often it is only when it is touched by sorrow, by trauma, by difficulty, that its latent divinity begins to express itself and for the first time it begins to think and to explore deep within the chasm of its being, where, to its surprise it finds new depths of understanding. For it is within, that the great truth of life is cradled.

From the Book:

The Golden Thread – Chapter One, the Discerning Mind