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## MESSAGE FROM THE PRESIDENT

We have two full months of programs ahead of us, but this is our last newsletter of the academic year. So while it may seem a bit premature, it's my last chance to highlight end-of-year activities and to thank several of our volunteers for their hard behind-the-scenes work.

Pat Parkinson is stepping down after finishing her second year as chair of our Curriculum Committee. She and her committee do such a great job sending notes of condolence or encouragement to those in need, and they sent out welcome packets and name tags to more than 80 new members so far this year. They also made arrangements for our Winter luncheon, for refreshments at both General Membership meetings, and are now finalizing plans for our May 18th Spring potluck at First Christian Church. After considerable discussion of whether it's better to have live or recorded background music, the committee opted this time to have a musical presentation after lunch. I hope you'll remain and settle in to hear the wife and husband duo of Laurie Rose Griffith and Peter Mealy. Laurie is a compelling singer hailed for her interpretive range including blues, country rock and jazz, and is also a versatile guitarist. Peter is a skilled composer, music teacher and instrumentalist on guitar, mandolin, string bass, and harmonica.

The dynamic duo of Chuck Johnson and Joe Alfred do such a great job of pulling together all the moving parts to put together our curriculum, and Alan Zirkle has added several user friendly enhancements to how the academic schedule is portrayed on the [www.ElderStudy.com](http://www.ElderStudy.com) website. Special words of thanks to our tireless Newsletter Editor Dottie Meyers, and to Board Secretary Randy Fennemore we don't pay you enough!

We're in need of capable replacements for John Thompson, who serves so ably as both our Treasurer and chair of Administration Committee. If necessary, John's agreed to serve through the submission of our 2016 tax return, but it would be very helpful for these people to overshoulder with John for the annual update of our Policies and Procedures, and formulation of the budget.

Between ballots by mail and cast in person at our March 16th General Membership meeting, 101 members exercised their right to vote, and the Nominating Committee announced the election of Chuck Block, Jack Sulima, and Peggy Verdine to serve three year Board terms commencing on September 1st. We look forward to your even greater involvement in guiding the future course of this exceptional organization. Our academic year ends on June 1st with the Board of Directors adopting a new budget and electing new officers. As always, that meeting is open to the entire membership.

Best regards,  
Chuck Watkins. President

### **Administration Committee Report (April 2016)**

The Administration Committee is responsible for developing policies and procedures for operating the ElderStudy organization as well as for monitoring its financial situation (including development of the annual budget together with proposed annual fees). The Committee meets quarterly about one week in advance of the Board of Directors Meetings.

At its most recent Quarterly Committee Meeting (February 24), the Committee reviewed the financial reports for the first six months of the 2015-2016 Year and received a report that the Federal Tax Return for the 2014-2015 Year had been accepted by the IRS. Plans were made for the 2016-2017 Budget Call (submittals due 5/1/2016) and for the Annual Policy & Procedures Document Review (inputs requested by 5/15/2016). The Proposed 2016-2017 Budget will be compiled at the Committee's Quarterly Meeting scheduled for 5/24/2016; proposed membership fees will also be discussed as part of the budget planning efforts.

The Committee is seeking additional members to assist in the performance of its duties and responsibilities. Also needed is an ElderStudy member to become chairperson effective 9/1/2016 pending approval by the President and the Board of Directors. For additional information, please contact John Thompson (371-4827 or email address [johnsafet@cox.net](mailto:johnsafet@cox.net)).

### **Treasurer's Report (April 2016)**

The ElderStudy Quarterly Operations Report for the first six months of the current program year (September 1, 2015 to February 29, 2016) is included with this newsletter. A review of the mid-year financial information indicates that sufficient income from 2015-2016 membership fees has been received to cover the approved budget and to allow consideration of Year-End Grants to University Departments whose faculty presented curriculum programs during the year; a recommendation will be presented by the Administration Committee to the Board of Directors at the Board's June meeting.

The current Treasurer will be stepping down during the Fall semester after 8+ years of service. A search for a successor has been initiated but no member has expressed interest in this opportunity. For additional information regarding duties and responsibilities of the position, please contact Chuck Watkins ([watkic@gmail.com](mailto:watkic@gmail.com)), Mel wright ([fredpeds@cox.net](mailto:fredpeds@cox.net)), or John Thompson (371-4827 or [johnsafet@cox.net](mailto:johnsafet@cox.net)).

## **Membership Committee Report**

The Membership Committee listens closely to event reviews and Peggy Gratz arranged the synchronized voices and instrumental music presented by Laurie Rose Griffin and Peter Mealy entertainment at our Ending Spring Potluck Luncheon May 18, 2016. MC submitted changes to the Section G - Policy and Procedures, is presently mailing the UMW Faculty Retirees Honorary Membership to our ElderStudy Organization and is seeking volunteers to support the ElderStudy table at 10<sup>th</sup> annual Art of Aging Expo in June. All new members are encouraged to pick up their lanyards and badges now located in the small conference room (#211) in the rear of the CLL.

There will be a flyer in the April newsletter detailing our End-of-Spring Luncheon to be held Thursday, May 18, from 11:30 am-2 pm, at the First Christian Church (1501 Washington Avenue) in Fredericksburg. We are looking for volunteers to help pre-set the luncheon decor on Wednesday, May 17, from 1-3 pm. The deadline for making luncheon reservations is Monday, May 5.

The last spring Membership Committee meeting is April 13, at 11 am. Of course, all members are welcome to come, share ideas, and see how your ideas can make ElderStudy work.

Pat Parkinson, Membership Chair

This Newsletter is prepared by me, Dot Meyers, with the help of many members of ElderStudy. If you have any questions or suggestions for the newsletter, please feel free to let me know. You can leave a message on the phone, 540-654-1769, or call me at 540-760-1533.

**Join Us For The Annual ElderStudy  
End-of-Year Potluck Luncheon  
Wednesday, May 18**

**Fellowship Hall of the First Christian Church  
1501 Washington Avenue, Fredericksburg (down the hill from Kenmore)**

**11:30 am to 1:30 pm – Lunch and Socializing**

**1:30 pm - Musical Program provided by Laurie Rose Griffin and Peter Mealy**

**If your last name begins with:**

**A – H            Bring a Meat or Vegetable Casserole**

**I – P            Bring Vegetable or Fruit Salad**

**Q - Z            Bring a Dessert**

**Beverages will be provided by the Membership Committee**

**If you have questions, please call:**

**Eugenia Jones – 786-8987 or  
Carolyn Sulima – 540-786-4648**

**To make your reservations:**

**Phone or email Carolyn Sulima ([cmsulima@yahoo.com](mailto:cmsulima@yahoo.com)) by Monday, May 2**

**If you email, use the subject “ElderStudy Luncheon”. Reservations made by email or left on voicemail will be confirmed.**

**Please provide:**

- **Your name(s)**  
**Contact info (phone and/or email)**  
**Number attending**

## **Highlights of the March 2016 Board and General Membership Meetings**

Election Results: New Board Members are Chuck Block, Jack Sulima and Peggy Verdine.

Budget Requests for 2016-2017 are due April 30, 2016

Recommendations for changes to the Policy and Procedures Manual are due May 15, 2016.

Volunteers are needed for Treasurer, Administration Committee Chair, ElderStudy Historian, various other positions.

A gift from late ElderStudy member John Massaro of a Bulent Atalay drawing of Kenmore was received and has been placed on the wall of the Life Long Learning Center.

A gift of a handmade box with lid by Steve Schwartz was received and will be a door prize awarded at the ElderStudy May luncheon.

Music for the May luncheon will be provided by Laurie Rosse Griffin and Pete Mealy.

Submitted by Randy Fennemore, Board Secretary.

## **Upcoming Trip to Goddard Space Center**

Travel with us (by chartered bus) to NASA's Goddard Space Flight Center in Greenbelt, Maryland, for an inspiring and captivating educational experience. We will see examples of the center's work in Earth science, astrophysics, heliophysics, planetary science, engineering, communication and technology development. We are limited to 45 members for this trip on Wednesday, October 12. The bus will be departing from the Warrenton Road (route 17) Target parking lot promptly at 7:45 am and return no later than 4 pm. Participants will need to pack their lunch. A bottle of water will be provided. We will eat outside at picnic tables if the weather cooperates. If not we will eat on the bus as there is no indoor facility. The cost for the tour will be \$26 per person. Contact Donna Lewis to confirm your reservation by no later than September 5. Checks may be mailed to Donna Lewis. Find her address and phone # on your membership list.

<b>Mary Washington ElderStudy</b>				Rept Date:	3/1/16
<b>2015-2016 Year-To-Date Operations Report #6</b>				BOD Approved:	3/2/16
Accounting Category/Subcategory		2015-2016 Approved Budget (6/3/2015)	YTD: 9/1/2015 thru 2/29/2016		% of Plan
<b>INCOME</b>					
Carry-over from Prior Year		TBD	YES		
Membership Fees [255]		\$13,118.00	\$15,234.00		116.1%
Name Tag Replacement Fees		\$0.00	\$40.00		
Interest from Certificates of Deposit		\$0.00			
Miscellaneous (excludes replacement Name Tags)		\$0.00			
Membership Special Events Fees		\$0.00	\$1,764.00		\$49.42 profit
Curriculum Off-Site Fees		\$0.00	\$1,530.00		\$6.93 profit
<b>Total ES Income/Revenue</b>		<b>\$13,118.00</b>	<b>\$18,568.00</b>		
<b>EXPENSES</b>					
<b>Board of Directors</b>					
Awards		\$0.00	\$0.00		
BLS Scholarships		\$1,000.00	\$1,000.00		100.0%
Election Expenses (copying, printing)		\$200.00	\$0.00		
Grants (from excess 2015-16 Funds)		TBD	\$0.00		
Classroom Contingency (in carry-over)		YES	YES		
<b>Subtotal BOD</b>		<b>\$1,200.00</b>	<b>\$1,000.00</b>		
<b>Curriculum Committee</b>					
Speakers/Programs (Aug-Jan )	(a)	\$7,500.00	\$4,137.61		55.2%
Postage/Mailing/Copying		\$125.00	\$0.00		0.0%
Off-site Location Programs		\$0.00	\$1,523.07	(see income)	
Gifts/Gratuities		\$25.00	\$0.00		0.0%
Stationery/Supplies		\$100.00	\$0.00		0.0%
Telephone Service [6 mos.]		\$150.00	\$66.00		44.0%
Special Activities (net)		\$0.00	\$0.00		
<b>Subtotal Curriculum Committee</b>		<b>\$7,900.00</b>	<b>\$5,726.68</b>		(#)
<b>Administration Committee/BOD</b>					
General Operating Funds		\$200.00	\$100.00		
Stationery/Supplies/Publications	[c]	\$325.00	\$305.76		
Postage/Mailing/Copying		\$100.00	\$19.19		
<b>Subtotal Administration Committee</b>		<b>\$625.00</b>	<b>\$424.95</b>		<b>68.0%</b>
<b>Membership Committee</b>					
Brochures		\$100.00	\$0.00		0.0%
Stationery/Supplies		\$200.00	\$59.46		
Gifts/Remembrances		\$100.00	\$0.00		0.0%
Name Tags		\$300.00	\$305.35	(see income)	
Newsletter(3)/Communications		\$1,000.00	\$331.03		33.1%
Postage/Mailing/Copying		\$200.00	\$172.16		86.1%
Web Site		\$180.00	\$116.43		64.7%
Telephone Services [6 mos.]		\$150.00	\$66.00		44.0%
Membership Meetings/Spec Events	(b)	\$1,190.00	\$1,816.29	(see income)	
<b>Subtotal Membership Committee</b>		<b>\$3,420.00</b>	<b>\$2,866.72</b>		(#)
<b>2015-2016 Totals</b>		<b>\$13,145.00</b>	<b>not totaled</b>		
(a) 12/2/15 BOD added \$500 to item budget			(#) Includes all expenses		
(b) Fall GMM expenses paid by Dr. S					
(c) Potential W-F reimbursement for new checks.					

## CURRICULUM COMMITTEE – APR 2016

Based on the feedback from various ElderStudy Members and the attendance at the various sessions, it is obvious that our programs for spring 2016 have been stimulating and educational. We still have a few weeks of terrific programs left, and I would encourage everyone to take advantage and attend as many of the programs as possible. Hopefully, our spring weather will cooperate and add to the enjoyment of a number of outside programs, i.e., a tour of the alpaca farm, a spring bird walk, a tour of Chatham Manor, and a campus tree tour. All the tours have rain dates as backup, so if the weather looks threatening, ensure you check your email, the ElderStudy web site and/or the ElderStudy telephone alert system (540654-1769, option 2) before heading out.

We are putting the finishing touches on our fall 2016 schedule, and we have approximately 40 programs, plus the usual compliment of book group sessions.

As always, we continually ask that members be alert for possible topics/speakers and hopefully be prepared to sponsor a future program.

Chuck Johnson

Curriculum Committee, Chairperson