

**JOIN US FOR THE ANNUAL
ELDERSTUDY HOLIDAY LUNCHEON**

Lake of the Woods Clubhouse – 102 Lakeview Parkway, Locust Grove, VA

Thursday, December 3, 2015

11:30 AM to 3:00 PM (Cash bar at 11:30; Lunch at 12:00 noon)

\$21.00 per Person

Guests Welcome

Deadline for Reservations: Tuesday, November 24, 2015

MENU

TILAPIA ALMANDINE - Breaded and Baked Tilapia topped w/almandine sauce

OR

TUSCAN CHICKEN – Grilled Chicken topped w/sautéed artichoke hearts, sundried tomatoes and spinach. Finished with a lemon Chardonnay butter sauce

Served with Salad (French or Italian dressing), Vegetable Medley, Parsley Potatoes and Éclairs. Beverage Station.

Complete this form and check ONE entree per person:

Name: _____
Tilapia Almandine _____ Tuscan Chicken _____

Name: _____
Tilapia Almandine _____ Tuscan Chicken _____

Name: _____
Tilapia Almandine _____ Tuscan Chicken _____

Name: _____
Tilapia Almandine _____ Tuscan Chicken _____

Amount Enclosed: _____ Check Number: _____

Respond by Tuesday, November 24, 2015, with check, made payable to Mary Washington ElderStudy, for \$21.00 per person to:

**Carolyn Sulima
12603 Cannon Crest Drive
Fredericksburg, Va. 22407**