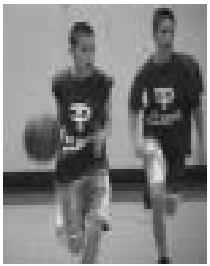


**FUTURE BALLERS SKILL ACADEMY**

@ MIDTOWN ATHLETIC CLUB

**FOR 1ST THROUGH 3RD GRADE, BOYS & GIRLS**

The class will focus on skill, game-play, and team development. The fundamentals of shooting, ball-handling and defensive positioning will be taught. This is an excellent opportunity for young athletes to develop game-play experience in a fun atmosphere while allowing players to build confidence and maximize their skills.

\*Players are reminded to please bring their own basketballs

**SESSION I:**

SUNDAYS, SEPTEMBER 9-OCTOBER 21

**SESSION II:**

SUNDAYS, OCTOBER 28-DECEMBER 9

**TIME:** 4:30-5:30 p.m.**FEE:** \$170 (7-Weeks per session)**BASKETBALL SKILL ACADEMY (4TH-6TH)**

@ MIDTOWN ATHLETIC CLUB

**FOR 4TH- THROUGH 6TH-GRADE PLAYERS, BOYS AND GIRLS**

This all-encompassing skill-development camp will teach players how to maximize their potential. Fundamentals and advanced skills will be covered. Class will include mechanical breakdown of shot, ball-handling, offensive moves, passing, game-play development, playing through contact, attacking the basket, defense, and rebounding.

*Players will be divided by age and gender.*

**SESSION I:**

SUNDAYS, SEPTEMBER 9-OCTOBER 21

**SESSION II:**

SUNDAYS, OCTOBER 28-DECEMBER 9

**TIME:** 5:30-6:30 p.m.**FEE:** \$170 (7-Weeks per session)**INSTRUCTIONAL PICK-UP BASKETBALL**

@ MIDTOWN ATHLETIC CLUB

**FOR 4TH- THROUGH 8TH-GRADERS, BOYS AND GIRLS**

The ultimate game-development class, where players learn how to compete at a high level against other players of comparable skill, gender and age. Learn how to properly play the game while playing the game. Development within team concepts will be stressed as players hone and develop their own game.

*Players will be divided by age and gender.*

**SESSION I:**

SUNDAYS, SEPTEMBER 9-OCTOBER 21

**SESSION II:**

SUNDAYS, OCTOBER 28-DECEMBER 9

**TIME:** 7:30-9:00 p.m.**FEE:** \$195 (7-Weeks per session)**SHOOTING AND OFFENSIVE SKILLS**

@ MIDTOWN ATHLETIC CLUB



This class is a necessity for players of all levels. The program will teach players how to maximize their offensive skills through NBA-style workouts. The class will help piece together a player's offensive game and build confidence in game situations. Skills that will be covered include jump shooting, shooting off the catch, shooting off the dribble, attacking the basket, dribble moves, playing through contact. **Program open to all players.**

**SESSION I:**

MONDAYS, SEPT. 10-OCTOBER 22

**SESSION II:**

MONDAYS, OCT. 29-DECEMBER 10

**TIME:** 6:00-7:30 p.m.**FEE:** \$195 (7-Weeks per session)**SHOOTING AND INSTRUCTIONAL PICKUP**

@ MIDTOWN ATHLETIC CLUB

**Program open to 4th-9th grade boys and girls.**

This program is broken into two segments. The shooting camp portion is guaranteed to improve a player's shot and will dissect each individual's mechanics. The program will feature competitive shooting drills and high level repetition. Skills that are taught include jump shooting, shooting off the catch, shooting off the dribble, getting into your shot quicker and dozens of take-home drills to work on.

*Pictured left, Pratt works with NBA guard and former Gonzaga star Dan Dickau during a training session.*

**SESSION I:**

MONDAYS, SEPT. 10-OCTOBER 22

**SESSION II:**

MONDAYS, OCT. 29-DECEMBER 10

**TIME:** 7:30-9:00 p.m.**FEE:** \$195 (7-Weeks per session)

**BASKETBALL CIRCUIT TRAINING CAMP****@ DEER PATH MIDDLE SCHOOL**

**FOR 4TH- THROUGH 12TH-GRADERS, BOYS AND GIRLS**  
This popular two-hour comprehensive camp will be broken into three parts:

- > **Shooting and Offensive Skills**
- > **Instructional Pickup and Game Development**
- > **Basketball-Specific Speed & Quickness Training**

Prepare for the upcoming season with FPA's diverse training program. The camp will be led by Matt Truding, FPA's Director of Girls Basketball Development.

**Players will be divided based on age and skill-level.**

**SESSION I:**

TUESDAYS, SEPT. 11-OCTOBER 23  
(7 WEEKS)

**TIME:** 6:30-8:30 p.m.

**FEE:** \$280 (Lake Forest residents receive 20% discount)

**SHOOTING CAMP****@ MIDTOWN ATHLETIC CLUB**

**Pratt works on NBA forward Darius Sogalia's form.**

**BOYS AND GIRLS, ALL AGES (PLAYERS WILL BE DIVIDED)**

This program, guaranteed to improve a player's shot, will dissect each individual's mechanics. The program will feature competitive shooting drills and high level repetition. Skills that are taught include jump shooting, shooting off the catch, shooting off the dribble, getting into your shot quicker and dozens of take-home drills to work on. This class will benefit players of all levels.

**SESSION I:**

WEDNESDAYS, SEPT. 19-OCTOBER 31

**SESSION II:**

WEDNESDAYS, NOV. 7-DECEMBER 19

**TIME:** 6:00-7:00 p.m.

**FEE:** \$170 (7-Weeks per session)

**BASKETBALL-SPECIFIC SPEED & EXPLOSIVENESS****@ MIDTOWN ATHLETIC CLUB**

**S-A-Q**

A modification of our renowned Speed, Agility, and Quickness Class, this class will focus on basketball-only drills that will help enhance quickness, explosiveness, core strength, agility, balance, lateral movement, quick-twitch, directional speed and more.

**Package this SAQ class with either  
Wedn. night basketball class and save \$30**

**SESSION I:**

WEDNESDAYS, SEPT. 19-OCTOBER 31

**SESSION II:**

WEDNESDAYS, NOV. 7-DECEMBER 19

**TIME:** 7:00-8:00 p.m.

**FEE:** \$170 (7-Weeks per session)

**ADVANCED SHOOTING CAMP****@ MIDTOWN ATHLETIC CLUB**

**NEW**

Program open to high-level boys and girls basketball players. For advanced players, this class will cover jump shooting, shooting off the catch, shooting off the dribble, shooting off of combination moves and shooting off screens. The program will also feature competitive shooting drills and high level repetition.

**SESSION I:**

WEDNESDAYS, SEPT. 19-OCTOBER 31

**SESSION II:**

WEDNESDAYS, NOV. 7-DECEMBER 19

**TIME:** 8:00-9:00 p.m.

**FEE:** \$170 (7-Weeks per session)

**3 ON 3 BASKETBALL LEAGUE****@ DEER PATH MIDDLE SCHOOL**

The league will feature boys and girls divisions and will be divided into the following groups: 5th-6th grade, 7th-8th grade and a high school division. The 3 on 3 league is a great opportunity to receive game repetitions in a competitive environment before the start of your middle school or high school season. The full court games will be 45 minutes in length and there will be playoffs, an All-Star game, and statistics kept. League leaders will be posted weekly. **(You may sign up individually or as a team)**

**SESSION I:**

THURSDAYS, SEPTEMBER 13-NOV. 1

**TIME:** 6:30-9:30 p.m.

(Games start on the hour)

**FEE:** \$250

\*Program open to 5th-12th grade boys and girls

\*Limit 5 players per team



## THE TRUTH HIGH SCHOOL BOYS EXPOSURE LEAGUE

SUNDAYS, SEPTEMBER 9-NOVEMBER 4

**Freshman-Sophomore League // Junior-Senior League**

**EXPOSURE:** The league is sponsored by THE TRUTH scouting service, which is subscribed to by 130 Division I colleges, including 13 of the past 14 national champions. Over the last four years, dozens of Division II and Division III college coaches have attended the league, which resulted in scholarship offers for players.

**LEAGUE FORMAT:** Teams are guaranteed 8 games and potentially more depending on how they fare in the playoffs. All games on Sundays between 4 p.m.—8 p.m. (games start on the hour)

**Sept. 9 is PLAYER EVALUATIONS. Freshmen-Sophomore evaluations are from 4-6 p.m.; Junior-Seniors are from 6-8 p.m.**

❖ Teams will be divided evenly; no more than two players from the same high school can play together (IHSA rules). ❖ There will be playoffs, an All-Star game, and statistics kept. League leaders will be posted weekly. ❖ Awards will be given to MVP and team winners. ❖ Qualified IHSA officials and coaches.

**SITE:** Glenbrook North High School (2300 Shermer Rd, Northbrook, IL 60062). Directions: 94 (Edens) to Willow West to Shermer North OR 294 to Willow East to Shermer North

**FEE:** \$245 (includes jersey)

Call 847-281-9790 for league brochure

# CHICAGOLAND'S PREMIER HIGH SCHOOL GIRLS LEAGUE

SUNDAYS, AUGUST 26-OCTOBER 21

**Freshman-Sophomore League // Junior-Senior League**

**At Deer Path Middle School and Lake Forest Academy**

**COMPETITION:** For the last four years, the top players in the Chicagoland area have competed in the league. Prepare for the upcoming HS season by competing against the best players.

**LEAGUE FORMAT:** Teams are guaranteed 8 games and potentially more depending how they fare in the playoffs. All games on Sundays between 5:00p.m.—9:00 p.m.

**\*August 26th is player evaluations from 4:00-5:30 p.m. for 9th/10th graders and 5:30-7:00 p.m. for 11th/12th graders. Both evaluations will be held at Deer Path Middle School (95 W. Deer Path Rd, Lake Forest).**

❖ Teams will be divided evenly; no more than two players from the same high school can play together (IHSA rules).

❖ There will be playoffs, an All-Star game, and statistics kept. League leaders will be posted weekly. ❖ Awards will be given to MVP and team winners. ❖ Qualified IHSA officials and coaches.

**TIME:** Between 5 p.m.-9 p.m. (Games start on the hour)

**FEE:** \$245

**\*Call the Full Package office at 847-281-9790 or visit [www.fullpackagesports.com](http://www.fullpackagesports.com) to sign up today**



### BOYS 7TH & 8TH GRADE LEAGUE

SUNDAYS, SEPT. 9 - NOV. 4

AT GLENBROOK NORTH HS

TIME: 4 P.M. - 8 P.M. (GAMES ON THE HOUR)

FEE: \$250 (INCLUDES JERSEY)

**LEAGUE FORMAT:** The 9-week league will feature 8 games (potentially more depending on playoffs).

*\*The first week (September 9th) will be player evaluations (from 5:00-6:30 p.m.)*

*\*Each player receives a jersey and every player makes a team. Player evaluations are held in order for coaches to ensure teams are fair and players are divided evenly.*

League standings and statistical leaders will be posted on our website, [www.fullpackagesports.com](http://www.fullpackagesports.com). Players will receive jerseys and trophies for the winners, along with league awards. Prepare for the upcoming season by playing against top-level competition.

### GIRLS 6TH-8TH GRADE LEAGUE

SATURDAYS, SEPT. 8 - NOV. 3

AT DEER PATH MIDDLE SCHOOL

TIME: 1 P.M. - 5 P.M. (GAMES ON THE HOUR)

FEE: \$250 (INCLUDES JERSEY)

**LEAGUE FORMAT:** The 9-week league will feature 8 games (potentially more depending on playoffs).

*\*The first week (September 8th) will be player evaluations (from 1:00-3:00 p.m.)*

*\*Each player receives a jersey and every player makes a team. Player evaluations are held in order for coaches to ensure teams are fair and players are divided evenly.*

League standings and statistical leaders will be posted on our website, [www.fullpackagesports.com](http://www.fullpackagesports.com). Players will receive jerseys and trophies for the winners, along with league awards. Prepare for the upcoming season by playing against top-level competition.

### BOYS 5TH & 6TH GRADE LEAGUE

SUNDAYS, SEPT. 9 - NOV. 4

AT GLENBROOK NORTH HS

TIME: 3:00 P.M.

FEE: \$250 (INCLUDES JERSEY)

**LEAGUE FORMAT:** The 9-week league will feature 8 games (potentially more depending on playoffs).

*\*The first week (September 9th) will be player evaluations (from 3:00-4:30 p.m.)*

*\*Each player receives a jersey and every player makes a team. Player evaluations are held in order for coaches to ensure teams are fair and players are divided evenly.*

League standings and statistical leaders will be posted on our website, [www.fullpackagesports.com](http://www.fullpackagesports.com). Players will receive jerseys and trophies for the winners, along with league awards. Prepare for the upcoming season by playing against top-level competition.

### 3 ON 3 BASKETBALL LEAGUE

THURSDAYS, SEP. 13 - NOV. 1

AT DEER PATH MIDDLE SCHOOL

TIME: 6:30 P.M. - 9:30 P.M.

(Games start on the hour)

FEE: \$250

**LEAGUE FORMAT:** The league will feature boys and girls divisions and will be divided into the following groups: 5th-6th grade, 7th-8th grade and a high school division. The 3 on 3 league is a great opportunity to receive game repetitions in a competitive environment before the start of your middle school or high school season. The full court games will be 45 minutes in length and there will be playoffs, an All-Star game, and statistics kept. League leaders will be posted weekly.

*\*Program open to 5th-12th grade boys and girls*

*\*Limit 5 players per team*



# BACK TO SCHOOL BASKETBALL CAMP



**THIS CAMP FILLS UP FAST, SO SIGN UP TODAY!**

**WHEN:** August 20-24

**WHERE:** Highwood Recreation Center

**WHO:** 4th- through 8th-graders (players broken down by age and gender)

**TIME:** 10 a.m.—2 p.m.

**FEE:** \$320

Need to refine your game before school begins? Don't worry. Full Package Athletics' **BACK TO SCHOOL BASKETBALL** program will help you get reenergized and refocused for the upcoming season with its high-level and progressive training. This comprehensive 20-hour program will put players in a competitive basketball environment so they can maximize their skills. All skills will be covered: shooting, shooting off the catch, shooting off the dribble, ball-handling, playing through contact, defense, game-development, reading defenses, rebounding, and more.

## SPECIAL SKILL CLINICS

### GUARD CAMP

@ MIDTOWN ATHLETIC CLUB



**FOR 4th-THROUGH-10th GRADE BOYS AND GIRLS (Divided by age and gender).** This camp will cover all guard skills, including reading defenses, attacking the basket, a variety of dribble moves, shooting off the catch, shooting off the dribble, playing through contact, ball-handling, passing, runners and more.

**SESSION I:**

MONDAY, AUGUST 6 THROUGH

THURSDAY, AUGUST 9

**TIME:** 10 a.m.-Noon

**FEE:** \$180

### ADVANCED SKILLS AND SCRIMMAGE

@ MIDTOWN ATHLETIC CLUB



**FOR 4th-THROUGH-10th GRADE BOYS AND GIRLS (divided by age and gender).** This first half of this newly offered class will focus on advanced offensive skills, combination moves, playing through contact, and game-speed shooting. The second part of the class players will apply what they've learned in game situations through various scrimmage situations. A perfect program for game-play development.

**SESSION I:**

MONDAY, AUGUST 13 THROUGH

THURSDAY, AUGUST 16

**TIME:** 10 a.m.-Noon

**FEE:** \$180

# CALL 847-281-9790

# TO SCHEDULE INDIVIDUAL OR SMALL GROUP TRAINING SESSIONS

Please print clearly which camp(s) you will be attending

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_ Session: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_ Session: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_ Session: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_ Session: \_\_\_\_\_

\* 20 % discount to Midtown Athletic Club Members for Programs at Midtown ONLY

\* EACH ATHLETE IS TO BRING THEIR OWN BASKETBALL TO EACH DAY OF CAMP

Midtown Athletic Membership #: \_\_\_\_\_

CAMPER'S NAME \_\_\_\_\_ PARENT'S NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE #: \_\_\_\_\_

EMAIL : \_\_\_\_\_ HAVE YOU DONE A FPA PROGRAM IN THE PAST? YES NO

BIRTHDATE: \_\_\_\_\_ GRADE: \_\_\_\_\_ SCHOOL: \_\_\_\_\_

Allergies/Medications/Health Concerns, Etc.: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

I hereby authorize Full Package Athletics, Midtown Athletic Club, Real Deal Sports, Deer Path Middle School, Glenbrook North HS, and/or MVP Baseball Center to act for me in judgment in any emergency requiring medical attention. I hereby waive, release and indemnify Full Package Athletics, Midtown Athletic Club, Real Deal Sports, Glenbrook North HS, Deer Path Middle School, and/or MVP Baseball Center of all legal responsibilities in the event of injury to my child. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical charges in connection with his/her attendance of the camp, before, during or while leaving any program. Please list any health or medical problems of registrant.

\*WAIVER SIGNATURE (must be signed to participate) \_\_\_\_\_

&gt; Please make checks payable to Full Package Athletics, 28427 N. Ballard Dr., Unit A; Lake Forest, IL 60045

**CREDIT CARD**

PLEASE CIRCLE CREDIT CARD TYPE: VISA      MASTERCARD      AMERICAN EXPRESS      DISCOVER

NAME ON CARD: \_\_\_\_\_ CREDIT CARD # \_\_\_\_\_ EXPIRATION: \_\_\_\_\_

**PHONE NUMBER: 847.281.9790 // FAX: 847.281.9795****WWW.FULLPACKAGESPORTS.COM**M I D T O W N A T H L E T I C C L U B

2211 WAUKEGAN RD,

BANNOCKBURN 847.945.1818



# FALL/WINTER 5TH-8TH GRADE TRAVEL BASKETBALL TRYOUTS



## 5TH-8TH GRADE ~ BOYS AND GIRLS

### TRYOUT DATES & TIMES:

**5th & 6th Grade Boys and Girls**– Saturday, September 29th from 9:00am-10:30am

**7th & 8th Grade Boys and Girls**-Saturday, September 29th from 10:30am-12:00pm

❖Tryouts will be held at Oakton Community College (1600 E. Golf Rd., Des Plaines, IL 60016)

❖**Please call the Full Package office at (847) 281-9790 to pre-register or to receive a complete brochure**

❖There is \$25 tryout fee (\$25 fee can be applied to travel team cost if your child makes a team)

❖Please call the Full Package office for alternative tryout dates and times if you cannot attend Saturday, 9/30

Full Package Athletics' Travel Team Program is designed to give players the ultimate basketball experience. The backbone of the program is to give players maximum training, from fundamentals to game-play development. All training will be directed by Full Package's professional staff, led by Steve Pratt, Matt Truding and Billy Welcome.

Full Package Athletics has established itself as one of the top travel programs in the state of Illinois. Last year alone, FPA had five teams qualify for the National AAU Championships in their respective divisions. Our athletes have continued their basketball careers at such schools as Purdue, Minnesota, Syracuse, Northwestern, Brown and Dartmouth. Last summer, our 17U and 16U boys' teams and 13U, 16U, and 17U girls' teams finished in the top 20 in the nation.

**Please call (847) 281-9790 or visit [www.fullpackagesports.com](http://www.fullpackagesports.com) for a complete brochure or to pre-register today.**



FULL PACKAGE ATHLETICS  
28427 N. BALLARD DRIVE  
UNIT A  
LAKE FOREST, IL 60045

**PHONE NUMBER: 847.281.9790 // FAX: 847.281.9795**

**VISIT [WWW.FULLPACKAGESPORTS.COM](http://WWW.FULLPACKAGESPORTS.COM)**