

ESSEX SWIMMING LEAGUE ROUND 2 RUNNYMEDE - 5th JANUARY 2008							
NO	EVENT	STROKE	DISTANCE	NAME	SPLIT	TIME	PLACING
1	Girls U11 Relay	Freestyle	50m	Nicole McKechnie	32.98	2.15.16	3rd
				Katie Knowles	34.72		
				Courtney Sanders	34.53		
				Eliza Duffy	32.50		
2	Boys U11 Relay	Freestyle	50m	Arran Rae	34.51	2.22.16	3rd
				Ian Woodcock	38.03		
				Liam Ford	34.72		
				Gus Veasey	33.84		
3	Girls Open	Butterfly	100m	Alex Fisher		1.15.87	3rd
4	Boys Open	Butterfly	100m	Jack Ashton		1.08.48	3rd
5	Girls U13	Backstroke	100m	Bethany Lodge		1.20.02	3rd
6	Boys U13	Backstroke	100m	Ben Ashton		1.09.40	1st
7	Girls U15	Breaststroke	100m	Rachael Knowles		1.27.39	3rd
8	Boys U15	Breaststroke	100m	Dean Woodcock		1.15.98	2nd
9	Girls U11 Relay	Freestyle	50m	Courtney Sanders		34.64	5th
10	Boys U11 Relay	Freestyle	50m	Arran Rae		34.90	3rd
11	Girls Open Medley Relay	Backstroke	50m	Alex Fisher	35.32	2.21.02	3rd
		Breaststroke	50m	Georgina Baxter	38.66		
		Butterfly	50m	Lucy Hall	35.47		
		Freestyle	50m	Emma Johnstone	31.61		
12	Boys Open Medley Relay	Backstroke	50m	Peter Hawkings	32.48	2.06.80	2nd
		Breaststroke	50m	Joe Phelps	36.34		
		Butterfly	50m	Jack Ashton	31.16		
		Freestyle	50m	Mark Gower	26.66		
13	Girls U13 Relay	Freestyle	50m	Evie Fisher		2.06.28	1st
		Freestyle	50m	Alana Jones			
		Freestyle	50m	Bethany Lodge			
		Freestyle	50m	Amy Byford			
14	Boys U13 Relay	Freestyle	50m	Ben Ashton	29.20	2.05.03	3rd
		Freestyle	50m	Sam Gower	30.34		
		Freestyle	50m	Arran Rae	34.84		
		Freestyle	50m	Ben Roots	30.41		
15	Girls U15	Freestyle	100m	Amy Briggs		1.09.69	3rd
16	Boys U15	Freestyle	100m	Tom Keenes		1.05.55	2nd
17	Girls U11	Butterfly	50m	Eliza Duffy		39.49	4th
18	Boys U11	Butterfly	50m	Gus Veasey		41.25	4th
19	Girls Open	Backstroke	100m	Emma Johnstone		1.18.42	4th
20	Boys Open	Backstroke	100m	Peter Hawkings		1.08.54	3rd
21	Girls U13	Breaststroke	100m	Evie Fisher		1.26.83	2nd
22	Boys U13	Breaststroke	100m	Sam Gower		1.28.90	3rd
23	Girls U15 Medley Relay	Backstroke	50m	Sophie Johnstone	36.36	2.27.94	3rd
		Breaststroke	50m	Rachael Knowles	38.77		
		Butterfly	50m	Victoria Adams	38.87		
		Freestyle	50m	Amy Briggs	31.68		
24	Boys U15 Medley Relay	Backstroke	50m	Tom Keenes	34.20	2.13.82	2nd
		Breaststroke	50m	Craig Woodcock	38.87		
		Butterfly	50m	Dean Woodcock	30.02		
		Freestyle	50m	Ben Roots	30.39		
25	Girls U11 Medley Relay	Backstroke	50m	Katie Knowles	38.86	2.39.18	4th
		Breaststroke	50m	Nicole McKechnie	44.00		
		Butterfly	50m	Eliza Duffy	41.36		
		Freestyle	50m	Courtney Sanders	34.91		
26	Boys U11 Medley Relay	Backstroke	50m	Liam Ford	41.17	2.53.08	3rd
		Breaststroke	50m	Arran Rae	47.75		
		Butterfly	50m	Gus Veasey	42.42		
		Freestyle	50m	Ian Woodcock	41.53		
27	Girls Open	Breaststroke	100m	Georgina Baxter		1.24.81	3rd
28	Boys Open	Breaststroke	100m	Jack Ashton		1.18.58	4th
29	Girls U13	Freestyle	100m	Amy Byford		1.05.53	1st
30	Boys U13	Freestyle	100m	Sam Gower		1.06.77	4th
31	Girls U15	Butterfly	100m	Lucy Hall		1.20.49	5th
32	Boys U15	Butterfly	100m	Dean Woodcock		1.05.54	2nd
33	Girls U11	Backstroke	50m	Katie Knowles		38.87	2nd

34	Boys U11	Backstroke	50m	Liam Ford		41.48	3rd
35	Girls U13 Medley Relay	Backstroke	50m	Bethany Lodge	38.30		
		Breaststroke	50m	Evie Fisher	40.36		
		Butterfly	50m	Amy Byford	34.82		
		Freestyle	50m	Alana Jones	30.94	2.24.48	2nd
36	Boys U13 Medley Relay	Backstroke	50m	Ben Ashton	32.48		
		Breaststroke	50m	Arran Rae	47.32		
		Butterfly	50m	Sam Gower	36.33		
		Freestyle	50m	Ben Roots	30.96	2.27.22	2nd
37	Girls U15 Relay	Freestyle	50m	Rachael Knowles	33.20		
		Freestyle	50m	Victoria Adams	33.44		
		Freestyle	50m	Sophie Johnstone	31.81		
		Freestyle	50m	Amy Briggs	31.63	2.10.29	2nd
38	Boys U15 Relay	Freestyle	50m	Tom Keenes	30.54		
		Freestyle	50m	Ben Roots	31.72		
		Freestyle	50m	Craig Woodcock	31.35		
		Freestyle	50m	Dean Woodcock	26.90	2.00.61	3rd
39	Girls Open	Freestyle	100m	Lucy Hall		1.07.24	2nd
40	Boys Open	Freestyle	100m	Mark Gower		1.01.10	4th
41	Girls U11	Breaststroke	50m	Nicole McKechnie		44.71	4th
42	Boys U11	Breaststroke	50m	Gus Veasey		42.54	2nd
43	Girls U13	Butterfly	100m	Amy Byford		1.22.03	3rd
44	Boys U13	Butterfly	100m	Ben Ashton		1.19.77	3rd
45	Girls U15	Backstroke	100m	Sophie Johnstone		1.16.88	4th
46	Boys U15	Backstroke	100m	Tom Keenes		1.12.09	3rd
47	Girls Open	Freestyle	50m	Emma Johnstone	31.52		
		Freestyle	50m	Amy Briggs	32.75		
		Freestyle	50m	Alex Fisher	30.22		
		Freestyle	50m	Georgina Baxter	32.26	2.06.82	4th
48	Boys Open	Freestyle	50m	Peter Hawkings	27.22		
		Freestyle	50m	Joe Phelps	27.85		
		Freestyle	50m	Mark Gower	27.32		
		Freestyle	50m	Jack Ashton	27.22	1.49.82	2nd
49	Squad Relay	Freestyle	25m	Eliza Duffy	16.42		
		Freestyle	25m	Liam Ford	16.80		
		Freestyle	25m	Alana Jones	14.67		
		Freestyle	25m	Ben Roots	14.78		
		Freestyle	25m	Victoria Adams	14.68		
		Freestyle	25m	Tom Keenes	14.73		
		Freestyle	25m	Emma Johnstone			
		Freestyle	25m	Joe Phelps		1.59.56	3rd
	Essex Time 2008						
	<b>TOTAL POINTS</b>						
1st	Romford		195				
2nd	Runnymede		170				
3rd	<b>Chelmsford</b>		<b>152</b>				
4th	Phoenix		111				
5th	Rochford		98				